

2016-2017 OAHPERD President's Welcome



As OAHPERD celebrates its 90th birthday this year, we should reflect on the outstanding accomplishments and positive impact OAHPERD has had on our profession. From the beginning in 1927 with President J.B. Miller leading the way, continuing through the present, OAHPERD has led the way in making health, physical education, recreation and dance careers relevant in this new global community. What a reward to look back over 90 years of work knowing that OAHPERD will be a leader into the future.

Our theme this year is “**Expand Forward.**” Reflecting on our past, while looking to the future in our profession, we should work together so we can continue to expand our digital footprint throughout this great state of Oklahoma. We can also work collaboratively to share ideas in order to be both efficient and effective in the way we impact current students and future professionals.

I want to thank the University of Central Oklahoma for once again, opening their doors to OAHPERD. Also, we are fortunate to have our presenters, vendors, and guests sharing their expertise with us at the Convention. I especially want to thank the OAHPERD Board & Council for their dedication and service during the past year. Lastly, I want to thank **You** for “**Expanding Forward**” as we continue our journey to advocate for our profession. Together, we make it all happen.

Terry Shannon

2016-2017 OAHPERD President

OAHPERD General Session

October 17, 2017

9AM – 10:20AM

Introduction	Terry Shannon 2017 OAHPERD President
Parade of Past Presidents	Terry Shannon
Greetings from Southern District Association of SHAPE America	Brian Devore Southern District President-elect
Executive Director's Report	Donna Cobb OAHPERD Executive Director
President's Report	Terry Shannon Bill Cash Brett Mercer Christina Gould Dawn Chernicky Suzanne Cyrus
Necrology Report	Nicki Keele OAHPERD Necrologist
North Dance Company Performance	Jennifer Conaughty Putnam City North
Jump/Hoops for Heart Recognition	Suzanne Cyrus OAHPERD J/HFH Coordinator Brandy Miller American Heart Association
Presidential Hand-Off	Terry Shannon
2017 – 2018 OAHPERD Welcome	Debra Traywick 2017-2018 OAHPERD President
Introduction of the 2017 – 2018 Board & Council	Debra Traywick
Closing Remarks	Terry Shannon

2017 OAHPERD “EXPAND FORWARD” CONVENTION PROGRAM

October 16-17, 2017

Nigh University Conference Center

University of Central Oklahoma

Monday, October 16th, 2017

Registration opens at 8AM in Nigh University Center (NUC) Heritage Room (326)

Exhibits Hall opens at 9AM in NUC 3rd Floor Hallway

9AM – 950AM

OPENing the Potential for Elementary PE Students and Teachers!

Join me for an activity-based test drive of the OPENPhysEd.org website and free K-2/3-5 learning modules. OPEN is aligned with national standards and learning outcomes.

Presenter/Facilitator: Brian Devore, Fulton County, Georgia Public Schools

Room: NUC Ballroom A

9AM – 950AM

Maximizing Play & MVPA through Small-Sided Games: Ultimate "Coneball" Series

Join this National Teacher of the Year to learn how implementing a standards-based approach to small-sided game play can maximize participation and skill acquisition, promote tactical awareness and strategy application, support an inclusive environment, enhance student fitness and provide valuable assessment opportunities. A progression of ultimate-style small-sided game play from warm-up activities and beyond will be shared. These best practices provide a quality experience for students and help teachers advance the 50 Million Strong Commitment.

Presenter/Facilitator: Jessica Shawley, Gopher Sport Consultant

Room: NUC Ballroom B

9AM – 1020AM

Fruits, Nuts, & Veggies, Oh My! Series

This workshop will focus on fruits and vegetables. Participants will participate in a variety of games and activities that encourage fruit and vegetable consumption and healthy food choices. Everyone will receive lessons, materials, and a brand-new resource to use in their classrooms and schools.

Presenter/Facilitator: Cheri Long, Oklahoma Department of Agriculture

Room: NUC Ballroom C

9AM – 12PM

A How-to Session for Exercise Programming: A Case Study Approach

This presentation will discuss the entire process of developing an exercise program to include: the pre-participation screening & risk stratification process, the development, execution, & evaluation of a fitness testing battery, and the 7-steps of program design.

Presenter/Facilitator: Jason West, University of Tulsa

Room: NUC 300

9AM – 12PM

Pre-Conference: *Oklahoma Health Equity Network: Creating Health Literate Schools & Communities to Advance Health Equity*

Participants will hear updates from Richard Marshall, the Chair of the Oklahoma Health Equity Campaign; discover the importance of creating a culture of health literacy with Susan Gay, Southern Plains Tribal Health Board; and participate in the development of handouts for parents, students, and community members that meet *Plain Language* guidelines with Leslie Gelders. Finally, Chad Call with the Tulsa Health Department will discuss the use of shared spaces beyond school hours and how access to schools can help advance health literacy and equity. This active session has been created with school teachers and community members in mind.

Room: NUC 301

9AM – 1050AM

Acing Your Interview in the Fields of KHS

The panel presentation will include professionals in health, recreation, and fitness discussing with students how to prepare and interview for a job in the field.

Presenter/Facilitator: Kevin Fink, University of Central Oklahoma, & Panelists, KHS fields

Room: NUC 304

10AM – 1050AM

Move 2 Learn P.L.A.Y. Activities to Enhance Literacy and Math

Fun interactive session designed to provide teachers with Move2Learn activities and strategies to facilitate P.L.A.Y (Physical Literacy and You) using Simon Sinek's Golden Circle. This session supports the vast body of research linking physical activity with positive outcomes in cognition, concentration, behavior, and executive function. Teachers will learn how to infuse the Why, How, and What lesson format while reinforcing math and literacy standards.

Presenter/Facilitator: Susan Flynn, College of Charleston

Room: NUC Ballroom A

10AM – 1050AM

Classroom Set-Up “Prep” Talk: Routines, Warm-Ups, Pedometers, & Technology

Developing and implementing quality routines is an essential part of any standards-based physical education program. This National Teacher of the Year shares her Classroom Set-Up “Prep” Talk for organizing and energizing your daily operations. This activity session includes: opening and closing practices, easy attendance using pedometers, and warm-ups using music timers. You’ll leave with new ideas and FREE templates you can begin using immediately. Don’t miss out and be ready to share your ideas!

Presenter/Facilitator: Jessica Shawley, Gopher Sport Consultant

Room: NUC Ballroom B

1030AM – 1150AM

Gaining the Most Competitive Edge in Sports and Life

Overview of how BOOST helps athletes with Mental Toughness and Leadership skills so that they can identify and overcome adversity on and off the field

Presenter/Facilitator: Seth Hickerson, Boost, Mental Toughness and Leadership

Room: NUC Ballroom C

11AM – 1150AM

Champions of Change: 50 Million Strong by 2029

Gain strategies and activities to advocate and create change agents in your school. Learn innovative ways to bring physical activity into the classroom while utilizing technology, brain blasts and brain challenges. Leave this session with fun classroom movement activities to share with your colleagues. Movement in the classroom is a win-win for classroom teachers, the PE profession, and most importantly, students who reap the rewards. Gain positive exposure and instant credibility for your program by incorporating movement blasts!

Presenter/Facilitator: Susan Flynn, College of Charleston

Room: NUC Ballroom A

11AM – 1150AM

JOIN the Future of TENNIS... NET GENERATION

Teachers are always looking for new ways to bring subjects to life for their students. With Net Generation, the USTA is committed to helping teachers introduce tennis in PE classes and after school programs. Net Generation encourages kids to become engaged and challenge themselves with a new standard of play. More importantly, it uses tennis as a pathway to personal development beyond the court. Net Generation commitment includes the following resources: Training, Curriculum, Equipment, Staff Support, and Coach Recognition.

(Presentation will have some audience participation)

Presenter/Facilitator: Laura Puryear, USTA Oklahoma

Room: NUC Ballroom B

11AM – 1150AM

Cooking for Kids: A Statewide Partnership

See how interdisciplinary partnerships of nutrition and culinary arts aim to change the landscape of school nutrition through chef-led culinary training for school nutrition professionals.

Presenter/Facilitator: Cass Ring, Oklahoma State University

Room: NUC 304

11AM – 1150AM

Superstar Challenge

To encourage University identity with students representing and participating in team games together representing their school.

Presenter/Facilitator: Rodney Cox, Annie McKay, & Lauren Loucks, University of Central Oklahoma

Room: Wantland Hall Gymnasium

12PM – 1250PM
Student Mixer Lunch (post Superstar Challenge)
Hosted by Rodney Cox & Annie McKay, University of Central Oklahoma
Wantland Hall Gymnasium

12PM – 1250PM
Lunch on Your Own
Food Court and Restaurants are located 2nd Floor NUC

1PM – 150PM

Move 2 Learn P.L.A.Y. Activities to Enhance Literacy and Math

Fun interactive session designed to provide teachers with Move2Learn activities and strategies to facilitate P.L.A.Y (Physical Literacy and You) using Simon Sinek's Golden Circle. This session supports the vast body of research linking physical activity with positive outcomes in cognition, concentration, behavior, and executive function. Teachers will learn how to infuse the Why, How, and What lesson format while reinforcing math and literacy standards.

Presenter/Facilitator: Susan Flynn, College of Charleston

Room: NUC Ballroom A

1PM – 250PM

The Amazing Race

Following the theme of the popular TV show participants will work in pairs to solve clues, utilize technology and race to the finish. PRIZES!

Presenter/Facilitator: Kate Waring & Erin Frizzell, Putnam City School District

Room: NUC Ballroom B

1PM – 150PM

Technology-Infused Lesson from Start to Finish!

This active session will have attendees move through a technology-infused effective lesson. Please bring your mobile device and learn strategies to keep students activity engaged.

Presenter/Facilitator: Taralyn Garner, Sportime featuring SPARK

Room: NUC Ballroom C

1PM – 220PM

Grit & Growth: Lifelong Learning Strategies for College Students

This discussion will focus on the research regarding grit and growth mindset with students.

Presenter/Facilitator: Sunshine Cowan & Jerel Cowan, University of Central Oklahoma

Room: NUC 300

1PM – 150PM

Certified Healthy Schools and TSET Healthy Schools Incentive Program

Learn about the Certified Healthy Program and how your school can be a Certified Healthy School and how your District &/or Schools can be eligible for TSET Healthy Schools grants.

Presenter/Facilitator: Sharon Howard, Tobacco Settlement Endowment Trust (TSET)

Room: NUC 301

2PM – 250PM

Champions of Change: 50 Million Strong by 2029

Gain strategies and activities to advocate and create change agents in your school. Learn innovative ways to bring physical activity into the classroom while utilizing technology, brain blasts and brain challenges. Leave this session with fun classroom movement activities to share with your colleagues. Movement in the classroom is a win-win for classroom teachers, the PE profession, and most importantly, students who reap the rewards. Gain positive exposure and instant credibility for your program by incorporating movement blasts!

Presenter/Facilitator: Susan Flynn, College of Charleston

Room: NUC Ballroom A

2PM – 350PM

PYFP

This session will provide participants with an overview of the PYFP program and highlight tips and strategies for fitness testing.

Presenter/Facilitator: Jason Hasty, Putnam City School District, & Dana Chambers, Healthy Schools OK

Room: NUC Ballroom C

230PM – 320PM

Higher Education Session

This session will provide participants a forum to hear from university and college administrators and discuss the current state and future of the field.

Presenter/Facilitator: Tim Baghurst, Oklahoma State University & University and College Administrators

Room: NUC 300

3PM – 350PM

OPENing the Potential for Secondary PE Students and Teachers!

Join me for an activity-based test drive of the OPENPhysEd.org website and free MS/HS learning modules. OPEN is aligned with national standards and outcomes.

Presenter/Facilitator: Brian Devore, Fulton County, Georgia Public Schools

Room: NUC Ballroom A

3PM – 350PM

Jump Rope for Heart/Hoops for Heart Activity Session

Come learn ideas on how to set up your event and practice various centers that our skilled coordinators have perfected at their events. Please be ready to share/show ideas from your Jump or Hoops for Heart Event.

Presenter/Facilitator: Brandy Miller, Aaron Harbin, Suzanne Cyrus & Sarah Dill

Room: NUC Ballroom B

4PM – 5PM

Celebrate OAHPERD's 90th Birthday

Room: Heritage Room (NUC 326)

5PM – 630PM
OAHPERD Honors and Awards Reception
Hosted by Terry Shannon, OAHPERD President
Heritage Room (NUC 326)

Join us as we celebrate those members and students being recognized for their extraordinary contributions to the field and OAHPERD. The OAHPERD Honors and Awards Reception will be held on Monday, October 16th, from 5PM – 6:0PM in the Heritage Room (NUC 326).

OAHPERD 2017 Award Winners include:

Jump Rope / Hoops for Heart	Suzanne Cyrus, JRFH/HFH Coordinator
Elementary Physical Educator	Chris Ridgeway, Putnam City Schools
Health Educator – School (K – 12)	Shana Classen, Edmond Public Schools
Health Educator – University	Tiffany Wise, University of Central Oklahoma
Virginia Peters Higher Education Professional of the Year	Todd Farmer, Langston University
Betty Abercrombie Scholar Award Honor Award	Norris Russell, Oklahoma Baptist University Jerel Cowan, University of Central Oklahoma Samantha Beams, The University of Tulsa
OAHPERD President’s Award	Susan McLemore, 2016 OAHPERD President
Presidential Citations	Sharon Howard, Tobacco Settlement Endowment Trust Brett Mercer, Sapulpa Public Schools
Helen Corrubia Scholarship Recipient	Announced at the Awards Banquet
Emma Plunkett Scholarship Recipient	Announced at the Awards Banquet
Karen J. Dowd Scholarship Recipient	Announced at the Awards Banquet
Valerie Colvin Scholarship Recipient	Announced at the Awards Banquet

Congratulations to all of the 2017 OAHPERD Award Recipients!

Tuesday, October 17th, 2017

Registration opens at 7AM in Nigh University Center (NUC) Room 326

Exhibits Hall opens at 8AM in NUC 3rd Floor Hallway

8AM – 850AM

Inclusive PE: Strategies for Including ALL Students

Learn how PE Teachers can adapt skill-building activities and games to include students with disabilities. Receive resources on how to create an inclusive PE environment.

Presenter/Facilitator: Taralyn Garner, Sportime featuring SPARK

Room: NUC Ballroom A

8AM – 850AM

Hobby Horsing for Fundamental Motor Skills

This new hobby developed in Finland combines motor skills development and craft. This session will introduce this new activity for all ages.

Presenter/Facilitator: Vanessa Fiaud & Trisha Brown, West Texas A&M University

Room: NUC Ballroom B

8AM – 850AM

Super Heroes for Health: Health Lessons for the Classroom and Beyond

UCO's Super Heroes for Health will present health lessons that may be used in the classroom or other settings, based on Oklahoma's Health Standards. A variety of teaching strategies will be presented and participants will be encouraged to join the fun!

Presenter/Facilitator: Rachelle Franz & Students, University of Central Oklahoma

Room: NUC Ballroom C

8AM – 850AM

Exercise Modifications for Special Populations

For the personal trainer, there is an art and a science behind every exercise prescription. This workshop will explain how to modify many of the exercises our clients perform.

Presenter/Facilitator: Amber Sturgeon, Southwest Oklahoma State University, & Stephanie Boss, Cameron University

Room: NUC 300

8AM – 850AM

Bringing the Standards to Life: Ways to Implement the P.E. Standards in Your Gym

This session offers curriculum examples and resources to assist physical education teachers in implementing their subject matter standards.

Presenter/Facilitator: Savannah Owen, Oklahoma State Department of Education

Room: NUC 301

8AM – 850AM

Diamonds from the Digital Mines

Using the same digital resources and looking for new, free resources? Come on this whirlwind journey of tools to help you “work smarter, not harder”!

Presenter/Facilitator: Brian Devore, Fulton County, Georgia Public Schools

Room: NUC 304

8AM – 850AM

Outdoor Adventures - Changing Student's Lives Through the Outdoors

Outdoor Adventures curriculum is taught in hundreds of schools. \$1000 free Matching Equipment funds for all new schools.

Presenter/Facilitator: Scot McClure, Outdoors Tomorrow Foundation

Room: NUC 314

8AM – 850AM

Clean or Dirty? No! We're Not Talking about your Laundry

This presentation will discuss the implications of eating a clean diet. It is really possible in today's over-processed, fast food world?

Presenter/Facilitator: Kim Davison, University of Central Oklahoma

Room: NUC 320B

9AM – 1020AM

“Expand Forward – Celebrating 90 Years of Excellence” General Session

Hosted by Terry Shannon, OAHPERD President

Constitution Hall (NUC 200)

1030AM – 1120AM

MVA to the Max!

Vigorous physical activity for all. Not for the faint of heart or body.

Presenter/Facilitator: Trish Hughes, Marcus Keyes, Ryan Weather, & Steven Staroscik, Oklahoma State University

Room: NUC Ballroom A

1030AM – 1120AM

Coaching Support with the Use of Technology

As athletes become more technology savvy, the integration of biomechanics through technology use may boost progress in performance development and provide coaches with additional tools.

Presenter/Facilitator: Vanessa Fiaud, West Texas A&M University

Room: NUC Ballroom B

1030AM – 1120AM

Elementary Dance and Rhythmic Activities

Come learn fun, easy dances and rhythmic activities (aerobic tinkling cords and exercise ball rhythm dance) for elementary aged students.

Presenter/Facilitator: Shana Classen & Kelly Dunagan, Washington-Irving Edmond

Room: NUC Ballroom C

1030AM – 1120AM

Wired for Wellness: Building a Brain for Health and Vitality

This informative, humorous, and introspective presentation will outline how to create brain patterns that promote long-lasting health and wellness.

Presenter/Facilitator: Kevin Morford, Oklahoma State University-OKC

Room: NUC 300

1030AM – 1120AM

Integrating Community Partnerships into Physical Education and Health Classrooms

Resources of how to build relationships with local businesses that relate to health and physical education and the importance of community partnerships.

Presenter/Facilitator: Savannah Owen, Oklahoma State Department of Education

Room: NUC 301

1030PM – 1120AM

What You Want to Know about WSCC and School Health

The Whole School, Whole Community, Whole Child (WSCC) approach to learning compliments and expands on the Coordinated School Health Model. WSCC addresses the relationship between health and learning. This session will provide 1) An overview of the WSCC framework, and 2) Resources needed to implement and sustain this model in schools and communities.

Presenter/Facilitator: Rachelle Franz, University of Central Oklahoma

Room: NUC 304

1030AM – 1120AM

Technology Quick Assessment

Learn how to use technology to assess a large number of students in your classroom.

Presenter/Facilitator: Katie Barton, Coolidge Elementary

Room: NUC 421

1030AM – 1120AM

Professional Baseball and Soccer Organizations

Learn about the inner workings of sports organizations and how to work in a professional sports organization.

Presenter/Facilitator: Wesley Leander, Tulsa Drillers/Tulsa Roughnecks

Room: NUC 314

1030AM – 1120AM

Sub-Concussive Impacts in College Football Players

We describe ongoing research investigating the cumulative effect of sub-concussive impacts on collegiate football players and discuss the potential clinical implications of the findings.

Presenter/Facilitator: Rachel Hildebrand & Laura Wilson, The University of Tulsa

Room: NUC 320B

1030AM – 1120AM

OAHPERD Poster Presentations

Learn about research projects and/or best practices conducted by OAHPERD members. The posters are in front of the NUC Ballrooms on the 3rd floor.

Presenter/Facilitator: Kevin Fink & Rachel Hildebrand, OAHPERD Research & Research-elect

Room: NUC Ballrooms Hallway

1030AM – 1220PM

ODWC Outdoor Education Programs in Schools

To introduce your Educators to our programs that are in over 500 schools in Oklahoma.

NASP, Explore Bowhunting, Explore Bowfishing, Fishing Education, OKSSSP and Hunter Education.

Presenter/Facilitator: Shawn Gee & Jay Rouk, Oklahoma Department of Wildlife Conservation

Room: Wantland Hall Gymnasium

1130AM – 1220PM

Exciting Large Group Games

Come to this session to participate and learn four exciting large group games that you can implement with your 5th-12th grade students.

Presenter/Facilitator: Todd Farmer & Desmond Delk, Langston University

Room: NUC Ballroom A

1130AM – 1220PM

Integrating Core Curriculum into your Physical Education Program

Research shows that when students are active their brain is ready to process information. This workshop will show you how to incorporate fun, interactive games into your core curriculum.

Be prepared to test your own skills and have fun during this presentation.

Presenter/Facilitator: Michelle Todd & Ashley Barnett, Tulsa Health Department

Room: NUC Ballroom B

1130AM – 1220PM

Incorporating Physical Activity into the Classroom

Participants will be able to: (a) Incorporate physical activity into their classrooms using a variety of games that require little-no equipment and short brain breaks. (b) Participants will recognize the importance of agile brain pattern development in relationships to learning process. (c) Participants will identify various strategies for movement and brain pattern development. (d) Access a variety of resources that encourage increase physical activity in the classroom.

Presenter/Facilitator: Diana Irick & Kim Rampey, Thomas Jefferson Elementary

Room: NUC Ballroom C

1130AM – 1220PM

ABL in Oklahoma

A discussion of how Action-Based Learning is implemented in Oklahoma schools.

Presenter/Facilitator: Dana Chambers, Healthy Schools OK, & Jason Hasty, Putnam City School District

Room: NUC 300

1130AM – 1220PM

Able Athletes – Small Steps Move Mountains

Able Athletes, an Adapted Physical Education Program for students with multiple disabilities that has raised over \$3,000 for new adapted gross motor equipment. Learn how this program started and ways that you could implement this program or ideas into your own elementary school.

Presenter/Facilitator: Rob Kaiser & Kathy Shreve, Tulsa Public Schools

Room: NUC 301

1130AM – 1220PM

No COST Online Resources for your Health and PE Classes

Come learn about standards-aligned online learning resources available to ALL 1st-12th grade Oklahoma Educators AT NO COST. Bring Your Own Device!

Presenter/Facilitator: Wyjuana Montgomery, EVERFI, Inc

Room: NUC 304

1130AM – 1220PM

Adaptive Dance for Special Education

Creating Adaptive Dance Classes that can be utilized during PE or other activities to aid students of special populations with abstract concepts, dexterity, physical health, socialization, OT, and Speech therapy.

Presenter/Facilitator: Robyn Pasternack, University of Central Oklahoma

Room: NUC 421

1130AM – 1220PM

Athletics and Physical Education in Tulsa PSD

How the athletic director supervises 20 secondary school athletics programs, 67 schools Physical Education programs, 400 coaching staff members, 20 athletics directors and a central office staff of four.

Presenter/Facilitator: Gil Cloud, Tulsa Public Schools

Room: NUC 314

1130AM – 1220PM

The Road from Undergraduate to Doctorate: The Importance of PD

The purpose of this presentation is to highlight professional development opportunities and experiences for students and practitioners interested in graduate studies in kinesiology.

Presenter/Facilitator: Darrien Watson, Desmond Delk, & Todd Farmer, Langston University

Room: NUC 320B

1200PM – 120PM

OASPERD Past-Presidents' Luncheon (Invitation Only)

Facilitator: Susan McLemore, OASPERD Past-President

NUC Room 423

1230PM – 120PM

JRFH/HFH Luncheon (Invitation Only)

If you hosted a JRFH or HFH event and registered for the luncheon on the registration form, join us for lunch and celebration. We will recognize top award winners, share ideas, eat, and give door prizes! This is our opportunity to thank you for your help in saving lives!

Facilitator: Suzanne Cyrus

Heritage Room (NUC 326)

1230PM – 120PM

Spinning with Spin Jammers

This session is intended to highlight skills, tricks, and games that can be performed with spin jammers. A variety of individual, duel, and small group skills will be shown.

Presenter/Facilitator: Lauren Loucks & Students, University of Central Oklahoma, & UCO Students

Room: NUC Ballroom A

1230PM – 120PM

Individualizing Instruction for All Learners

Participants will learn how to implement an alternative approach to teaching activity and assessing performance using the ecological task analysis method. This method is designed to provide strategies for individualizing instruction, to provide students with choices, to enhance decision making, to increase teacher observation, and to foster student discovery in physical education.

Presenter/Facilitator: Amy Townsend, University of Central Oklahoma

Room: NUC Ballroom B

1230PM – 120PM

Comprehensive School Physical Activity Program (CSPAP)

In this training, we will be introducing the Comprehensive School Physical Activity Program (CSPAP). A CSPAP is a multi-component approach by which school districts and schools use all opportunities for students to be physically active, meet the nationally-recommended 60 minutes of physical activity each day, and develop the knowledge, skills, and confidence to be physically active for a lifetime. A CSPAP reflects strong coordination and synergy across all the components: physical education as the foundation; physical activity before, during, and after school; staff involvement; and family and community engagement.

Presenter/Facilitator: Bill Cash & Julie Dearing, Oklahoma State Health Department

Room: NUC 300

1230PM – 120PM

Food, Fitness, and Fun

This session shares ways to incorporate nutrition and physical activity into the classroom. It includes handouts and fun games along with nutrition education.

Presenter/Facilitator: Libby Anderson & Lauren Bradley, Union Public Schools

Room: NUC 301

1230PM – 120PM

The Art of Coaching: Science and Application

This course will take a deep dive into the science of coaching, dissecting how coaches use practice design, feedback, and instruction to better connect to our athletes.

Presenter/Facilitator: Steve Yahns, EXOS

Room: NUC 304

1230PM – 120PM

What Parks and Recreation can do for You

We will explore anything and everything that has to do with Municipal Parks and Recreation and why this would be a great career option for you!

Presenter/Facilitator: Jason Olsen & Matt Hendren, Norman Parks and Recreation

Room: NUC 421

1230PM – 120PM

NBA in Oklahoma

Learn how the NBA's OKC Thunder helps the state of Oklahoma from a professional sport perspective.

Presenter/Facilitator: Mac Maddox, Oklahoma City Thunder

Room: NUC 314

1230PM – 120PM

Grad School 101: Guidance to a Successful Graduate Program Application

The purpose of this presentation is to provide guidance for completing a successful graduate program application in the field of Kinesiology.

Presenter/Facilitator: Desmond Delk & Todd Farmer, Langston University

Room: NUC 320B

130PM – 220PM

Turbotouch: Inclusive, Easy, and Exciting

From New Zealand, Turbotouch is guaranteed to be your new favorite game!

Presenter/Facilitator: Patricia Hughes, Cameron Bastarache, Trevor Bryant, & Connor Ellington, Oklahoma State University

Room: NUC Ballroom A

130PM – 220PM

PhysEd Faves

Activities, technology, and management strategies will be shared through active participation. Early arrivals encouraged for any interested in a heart monitor to wear and display.

Presenter/Facilitator: Chris Ridgeway, Kate Waring, Erin Frizzell, Putnam City School District

Room: NUC Ballroom B

130PM – 220PM

50 Million Strong

An introduction and discussion of the SHAPE America initiative, “50 Million Strong.”

Presenter/Facilitator: Monioluwa Otubaga, Langston University, Suzanne Cyrus, Jenks Public Schools & Todd Farmer, Langston University

Room: NUC Ballroom C

130PM – 220PM

Maximizing MVPA in your PE Class

Learn strategies to increase MVPA during PE classes. Strategies will be presented through four themes and represent a compilation of lessons learned from benchmark studies.

Presenter/Facilitator: Taralyn Garner, Sportime featuring SPARK

Room: NUC 300

130PM – 220PM

How the Fitbit can be Used in the PE Classroom

Technology in the PE world has continued to grow and using it with today’s students is a requirement to motivate some students to participate. The presentation will show how Oral Roberts University has implemented the Fitbit into all their HPE classes and use them as a grading tool.

Presenter/Facilitator: Terry Shannon and Tony Domeck, Oral Roberts University

Room: NUC 301

130PM – 220PM

Exercise Considerations for Students with Autism

This presentation will cover characteristics of autism as a spectrum disorder and special considerations regarding exercise programming for autistic students.

Presenter/Facilitator: William Hale, The University of Tulsa Oxley College of Health Sciences, & Heather Hale, Tulsa Public School District

Room: NUC 304

130PM – 220PM

Physical Education Teacher Education Faculty Round Table

Discuss the latest issues in Physical Education Teacher Education and Educator Preparation Programs from new SPA standards and CAEP to PPAT.

Bring questions and solutions to this interactive session.

Presenter/Facilitator: Bryan Duke, University of Central Oklahoma

Room: NUC 421

130PM – 220PM

OAHPERD Grant Sessions

Three session presenters will be discussing how their OAHPERD grant monies were used in various classroom settings.

Presenter/Facilitator: Katie Barton, Oklahoma City Public Schools, Amy Cox, Carl Albert High School, & Dani Wood, Cimarron Schools

Room: NUC 314

130PM – 220PM

Ways to Use Your Knowledge and Expertise for Profit

This presentation explains practical ways that those with qualifications and experience can use their expertise as an alternative income.

Presenter/Facilitator: Tim Baghurst, Oklahoma State University

Room: NUC 320B

230PM – 320PM

Increasing Physical Activity with CATCH PE

Learn strategies and activities from the CATCH PE Program that increase MVPA, promote cooperation and inclusion, and nurture lifelong healthy habits for K-8 students.

Presenter/Facilitator: Ianthi De Alwis-Shields, Morgan Laughlin, & Dawn Chernicky, Oklahoma City Public Schools

Room: NUC Ballroom A

230PM – 320PM

Games, Tips, and Tricks: A 101 for Facilitating Games and Activities

This session will focus on teaching participants basics of sequencing, facilitating, and debriefing games and activities. Participants will take part in many games and activities. These games can be adapted for outdoor use, a classroom, a workshop, and more.

Presenter/Facilitator: Kevin Fink, University of Central Oklahoma

Room: NUC Ballroom B

230PM – 320PM

Oklahoma Advocacy and SHAPE America SPEAK-OUT Day!

The latest information from OAHPERD on Advocacy! Participants will learn how to be a backyard advocate here in Oklahoma to attending the SHAPE America SPEAK-OUT Day and advocating on the Hill in DC.

Presenter/Facilitator: Stephanie Canada-Phillips, Rodney Cox, University of Central Oklahoma & Sarah Dill, Edmond Public Schools

Room: NUC Ballroom C

230PM – 320PM

How to Get Elementary Students Involved in Running

Learn some ways to get students excited and involved in your school's fun run, your 5K team or your running club.

Presenter/Facilitator: Cassie Celestain, Totally for Me Books

Room: NUC 300

230PM – 320PM

Medically-Based Fitness Center

An overview of how a fitness center can become MFA certified, the benefits behind it, and how it is different to a traditional gym

Presenter/Facilitator: Matt Green & Wesley King, Mercy Fitness Center

Room: NUC 301

230PM – 320PM

FitnessGram Software - More than an Assessment

We can't manage what we don't measure! The Cooper Institute's FitnessGram provides students, teachers, and administrators information and awareness of fitness needed for good health.

Presenter/Facilitator: Katelin Anderson & Georgina Vint, The Cooper Institute

Room: NUC 304

230PM – 320PM

Jump Rope for Heart

Come learn about the new Scare Squad as well as curriculum, academic connections and skills to make your JRFH/HFH the best ever! Meet your American Heart Association Reps and learn how they are available to help YOU put on this worthwhile community service event in your school.

Presenter/Facilitator: Brandy Miller, Aaron Harbin, Suzanne Cyrus & Sarah Dill

Room: NUC 421

230PM – 320PM

Specialized Sports Youth Training

A detailed explanation of how to properly train youth from elementary to high school.

Presenter/Facilitator: Corey Hilliard, Game Time Performance

Room: NUC 314

230PM – 320PM

Instructional Strategies to Enhance Students' Basic Psychological Needs

This presentation will provide physical education teachers or PETE students with instructional strategies to enhance students' motivation during PE classes

Presenter/Facilitator: MooSong Kim, Northeastern State University

Room: NUC 320B

2016-2017 OAHPERD Board and Council

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Northwest Area: Vacant

Individual Positions

Archivist/Necrologist: Nicki Keele
Jump Rope/Hoops for Heart: Suzanne Cyrus & Sarah Dill
Journal Editor: Kay Daigle
Exhibits Manager: Stephanie McCrary & Christina Gould
Convention Manager: Kevin Fink
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Necrology Report

Robert Wayne Foster

Robert Wayne Foster, 77, passed away Monday, Dec. 26, 2016 in Tulsa, surrounded by his family. He was born May 1, 1939 in Shreveport, LA. He graduated from Fair Park High School in 1957 and attended McNeese State University in Lake Charles, LA on a football and baseball scholarship. He competed in weight-lifting and bodybuilding, and worked as a lifeguard during his college years. He graduated from Northwestern University in Natchitoches, LA in 1962. Wayne's first teaching position was in Bartlesville at Madison Junior High School. While in Bartlesville, he worked with the Boy's Club and made a great contribution in the lives of many young men. He later taught and coached at West Monroe, LA and completed a master's degree and Doctorate in Athletic Administration from Northwestern State University. Throughout his career he taught and coached at Rogers and Central high schools and then Hale High School where he was a coach and Dean of Students. He was the Assistant High School Principal at Miami High School and then returned to Tulsa Public as Director of Athletics and Activities. Some noted accomplishments during his career are: he was the Coordinator of Youth for the Tulsa Run, Organizer for Tulsa Public Schools participation in the Veteran's Day Parade, Organizer of the Tulsa Gymnastrada, Adjunct professor at Tulsa Community College, and Host for Elementary Physical Education demonstrations for the Tulsa State Fair. Wayne was a member of OAHPERD.

Jill Ella Renick

Jill Ella Renick was born April 1, 1969 and passed away the week of September 4, 2017 in the Houston, TX in the Harvey Hurricane Flood. She was a 1987 graduate of Memorial High School in Tulsa, OK. Jill attended University of Central Oklahoma in Edmond, OK where she received her undergraduate degree. While at UCO she was a member of the softball team. Jill also obtained a Master's degree. At the time of her death she was the director of Spa Services at the Omni Hotel in Houston, TX. Jill was a member of OAHPERD as a student and as a professional.

2017 OAHPERD Convention

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A special **thank you** to both the **Tobacco Settlement Endowment Trust (TSET)** and the **University of Central Oklahoma** for sponsoring the 2017 OAHPERD Convention.



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