

How you can help

We can't provide diapers for low-income families and raise awareness about diaper need without your help!



DONATE MONEY

The Diaper Bank can purchase diapers and wipes at a fraction of retail cost. Every dollar you donate to the Diaper Bank can buy more diapers than you could purchase with that dollar at the store. Donate today!



DONATE DIAPERS

You can drop off new or opened packages of diapers at one of our drop-off locations. See website for locations and to set up a drop-off.



HOST A DIAPER DRIVE

Do you know other people who would want to provide diapers to families in need? Organize a diaper drive to collect diapers and financial donations.



START A COLLECTION SITE

Do you have a child in day care? Visit a local business frequently? Ask them if they would keep a collection bin and set up a schedule to pick up those diapers.



VOLUNTEER

We can always use help! All ages are welcome! It's a great way to engage a scout group, school group or volunteer committee, as well. There are opportunities for groups and for individuals.



The Central New York Diaper Bank is a nonprofit that was created to assist social service organizations in the Syracuse area distribute diapers to families in need. Our mission is to ensure all Central New York families have access to an adequate supply of diapers, and to build awareness of diaper need in our community.



GO TO [CNYDIAPERBANK.ORG/VOLUNTEER](https://www.cnydiaperbank.org/volunteer) TO SIGN UP FOR A VOLUNTEER SESSION.

FOR MORE INFORMATION ON THE CNY DIAPER BANK VISIT [CNYDIAPERBANK.ORG](https://www.cnydiaperbank.org) OR [LIKE US ON FACEBOOK!](#)



Diaper need facts and impacts



OF SYRACUSE CHILDREN UNDER 5 **LIVE IN POVERTY.**



1 IN 4 LIVES IN **EXTREME POVERTY.**

LOW-INCOME FAMILIES WILL SPEND



AS MUCH AS FAMILIES WHO HAVE ACCESS TO BULK-BUYING OPTIONS FOR DIAPERS.

AN ADEQUATE SUPPLY CAN COST



AND THEY AREN'T COVERED BY SNAP OR WIC.



WITHOUT DIAPERS, PARENTS **CAN'T LEAVE THEIR CHILDREN WITH A CHILDCARE PROVIDER.** THIS IS A BARRIER TO WORK.



THERE'S LONGER TIME BETWEEN CHANGES, LEADING TO **SEVERE DIAPER RASH AND OTHER HEALTH RISKS...**



THERE'S AN **INCREASE IN STRESS AND ANXIETY FOR PARENTS** STRUGGLING TO MAKE ENDS MEET AND **INCREASING RISKS FOR PHYSICAL ABUSE...**



ADVERSELY AFFECTS A MOTHER'S FEELING OF SELF-WORTH AND CONTRIBUTES TO INCREASED INCIDENCE OF DEPRESSION IN MOMS.

Diapers make a difference

Diapers allow moms and dads to:

75% Reduce stress

50% Make their child happier

50% Buy non-food items like detergent and soap

50% Pay a bill

36% Buy food

"Saves money for transportation and other necessities."

"This is a great help for my family."

"I appreciate the Diaper Bank because at the exact time I need diapers, the Diaper Bank always provides for me. I am forever grateful."

Client Outcome Surveys 11/2016-01/2017

Partner agencies

These agencies work with the CNY Diaper Bank to distribute diapers.



HOLY FAMILY OUTREACH ♥ **UPSTATE PEDIATRIC CLINIC**
UNIVERSITY UNITED METHODIST OUTREACH