

# Lil' Starts 2018 Veggie CSA

## What to Expect

*Every week is different and will include an alternating mix of:*

**May** Peas, lettuce, kale, chard, mustard greens, arugula, spinach, beets, radish, broccoli, cabbage, kale, strawberries, scallions, chives

**June** Carrots, onions, peas, artichoke, beets, radish, lettuce, kale, chard, cauliflower, broccoli, strawberries, raspberries, zucchini, cucumbers, basil, and the very first tomatoes

**July** Green Beans, ground cherries, raspberries, tomatillos, cilantro, dill, basil, tomatoes, summer squash, cucumbers, peppers, carrots, beets, kale, lettuce, arugula, broccoli, cabbage, onions, cherries, cherry plums

**August** Melons, garlic, peppers, green beans, ground cherries, tomatillos, cilantro, dill, basil, tomatoes, summer squash, cucumbers, eggplant, peppers, carrots, beets, kale, lettuce, arugula, broccoli, cabbage, onions, grapes, plums, apples

**September** Plums, apples, pears, melon, hot peppers, sweet peppers, zucchini, tomatoes, eggplant, ground cherries, cilantro, dill, broccoli, cabbage, collards, carrots, radish, beets, kale, lettuce, mustard greens, garlic, potatoes, onions

**October** Delicata Squash, butternut squash, spaghetti squash, pumpkins, potatoes, rutabaga, parsnip, celeriac, turnips, parsnip, carrots, celery, onion, garlic, broccoli, cabbage, kale, collards, arugula, bok choy, lettuce

### Sample weeks:

#### Full Share May 15

1/2 lb. spinach  
1/2 lb. arugula  
2 heads Lettuce  
1 bunch carrot (4-5 roots)  
1 bunch radish (5-6 roots)  
1 pint Peas  
1 pint Strawberries  
1 head cabbage (4-5lb.)  
1 bunch dill

#### Half Share May 15

1/4 lb. spinach  
1/4 lb. arugula  
1 head Lettuce  
1/2 bunch carrots (2-3 roots)  
1/2 bunch radish (2-3 roots)  
1/2 pint peas  
1/2 pint Strawberries  
1 small head cabbage (2-3lb.)  
1 bunch dill

#### Full Share Aug 15

1/2 lb. salad mix  
1/2 lb. baby chard greens  
1 Bunch Kale (1/2 lb.)  
1 bunch beets (4 roots)  
2 Sweet Peppers  
1 lb Tomatoes  
1 pint Green Beans  
2 Cucumbers  
2 Melons  
1/2 lb. Basil

#### Half Share Aug 15

1/4 lb salad mix  
1/4 lb baby chard  
1/2 bunch kale (1/4 lb)  
1/2 bunch beets (2 roots)  
1 Sweet Pepper  
1/2 lb. Tomatoes  
1/2 pint Green Beans  
1 Cucumber  
1 Melon  
1/4 lb. Basil