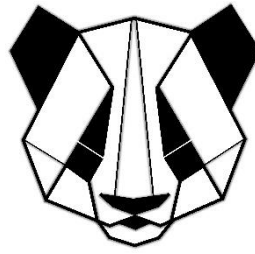


TUES & WED
10.30 TIL 6
THURS & FRI
10.30 TIL 8
SATURDAY
11 TIL 6



SIT IN
-OR-
TAKE OUT!

COFFEE BAR & VEGAN DINER

LOW GLUTEN MENU

MAINS

BREAKFAST – GRIDDLED HASH, TOMATOES, MUSHROOMS, BEANS, SCRAMBLED EGGZ & TOAST – 6

VEG TACOS – GRILLED ONIONS, PEPPERS & MUSHROOMS & IN CORN TACOS. W/ TORTILLA CHIPS & SLAW – 6

CHILLI CHEEZ NACHOS – LOADED TORTILLA CHIPS WITH CHILLI, CHEEZ SAUCE, GRIDDLED VEG, RANCH DRESSING & JALAPEÑOS – 5

GRILLED CHUNA SANDWICH – CHICKPEA ‘TUNA’, CHEEZ & ONIONS IN TOASTED BREAD. W/ TORTILLA CHIPS & SLAW – 5

TACO SALAD – FRESH SALAD TOPPED WITH TORTILLA CHIPS, CHILLI, JALAPEÑOS & CHEEZ SAUCE – 4

SCRAMBLE ON TOAST – SCRAMBLED EGGZ ON TOAST. ADD BUFFALO SAUCE & JALAPEÑOS FOR AN EXTRA KICK (+.50) – 4

SIDES

CHILLI POT – 3

HOUSE FRIES – W/ PANDA SEASONING – 2

CHEEZ FRIES – W/ CHEEZ SAUCE – 3

DIRTY FRIES – W/ CHILLI & CHEEZ SAUCE – 4

POTATO HASH – 3

SLAW – 1

SWEET STUFF

**BANANA SPLIT MILKSHAKE*
W/ WHIPPED CREAM**

3.5

***PLEASE BE SURE TO ASK FOR
THIS GLUTEN FREE!**

PLEASE NOTE

WHILE EVERY ATTEMPT IS MADE TO ENSURE ITEMS ARE GLUTEN FREE, THEY ARE MADE IN OUR KITCHEN WHICH HANDLES PURE GLUTEN SO MAY CONTAIN TRACES.
IF YOU HAVE A SEVERE ALLERGY PLEASE TALK TO US