



2017 Summer Gymnastics/Cheer

Registration Dates: May 1-May 29
Summer Session: June 5-July 28
NO CLASS: July 3-July 6

Class Descriptions:

- Tumblebunnies:** familiarize with all equipment. Beginning skills.
- Tumbleweeds 1&2:** Fundamental skills on all equipment.
- Twisters:** Intermediate skills on all equipment.
- Team:** Gymnastics team routines and skills pertaining to levels.
- Tumbling 2:** Back walkover/Back handspring. Flexibility and strength training.
- Tumbling 3:** back handspring and up. Flexibility and strength training.
- Cheer Tumbling (5-14):** floor work, basic cheer beginning skills.
- Cheer Tumbling 14-18):** intermediate cheer skills and floor skills.

Registration is a first come, first serve, and fill up fast!
We have a strict no parent/spectator policy in our gym during practices. Please send your child with hair pulled back, athletic wear, and a water bottle.

Monday	Tuesday	Wednesday
8:00am-9:00am Marceline H.S Facility Members \$65 Program Participants \$80 7 classes		
9:00am-10:00am Tumbling 2 Facility Members \$147 Program Participants \$187 14 classes	9:00am-10:00am Tumblebunnies 2-3years Facility Members \$78 Program Participants \$108 7 classes	9:00am-10:00am Tumbling 2 Facility Members \$147 Program Participants \$187 14 classes
10:00am-11:00am Cheer Tumbling Ages 14-18 Facility Members \$78 Program Participants \$108 7 classes	10:00am-11:00am Tumbleweeds 1 Facility Members \$78 Program Participants \$108 7 classes	10:00am-11:00am Cheer Tumbling Ages 5-14 Facility Members \$147 Program Participants \$187 7 classes
11:00am-12:00pm Team Facility Members \$147 Program Participants \$187 14 classes	11:00am-12:00pm Twisters Facility Members \$78 Program Participants \$108 7 classes	11:00am-12:00pm Team Facility Members \$147 Program Participants \$187 14 classes
4:00pm-5:00pm Tumbling 3 Facility Members \$147 Program Participants \$187 14 classes	4:00pm-4:45pm Adaptive Gym Facility Members \$68 Program Participants \$108 7 classes	4:00pm-5:00pm Tumbling 3 Facility Members \$147 Program Participants \$187 14 classes
5:00pm-6:00pm Stunting Facility Members \$78 Program Participants \$108 7 classes	4:45pm-5:30pm Tumblebunnies 4-5years Facility Members \$78 Program Participants \$108 7 classes	5:00pm-6:00pm Tumbleweeds 2 Facility Members \$78 Program Participants \$108 7 classes

Our Gymnastics Building is located at 445 East Helm Street, Brookfield MO, 64628.
 Questions? Contact the YMCA at 258-2388.

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