Workshop for Pre-School Children (aged 3-5 years)

Aim
- to get them to think a little about their life and compare it to some children in another parts of the world
- to introduce them to something of Africa (food/culture/scenery)
- to teach them that some children are less fortunate/poor and need help to make their lives better
- to introduce child sponsorship

Helpful to have: inflatable globe (can be bought online for a few pounds), photos of scenery etc and Dwelling Places*, African puppet or doll, African drum, colouring sheets (see below)

You could also leave the leaders with: DP & DP UK leaflets, Child Sponsorship leaflets

*please see the word document ‘Resources for use with pre-school children’ for photos

Intro
Name game: Ask the children to think about the colour of their bedspread. When they get the ball they should tell us their name and colour. Check that everyone has a colour ‘in their head’. Roll the globe to a child to start, have them say their name and colour, then pass the ball to the next child.

Morning routine: Ask the children what they did once they got up out of their bed. Pick out things such as, where they got their water for brushing their teeth, that they had a choice of clean clothes to wear etc.

Globe: Ask them if they know what the globe is. Explain that if they got in a spaceship, flew up high in the sky and looked out the window they would see something like this — the world, with lots of countries. Ask if they know what country we live in. Ask if any of them have been on holiday to other countries, then fly your finger from Scotland to that country (it’s really far away!) Tell them that today we’re thinking about a place called Africa and fly your finger from Scotland to Africa.

Drama
Pack & travel to Africa: Staying in the circle open your case and start packing. Ask for ideas of what to put in. Close your case and stand up. Put your airplane arms out and fly round in your own wee circle to Africa (take off, look out the window, land etc) (There’s different ways of doing this. Depending on the room and numbers, they can fly around the room, or do a more controlled version; stand up and turn round so you can put your hand on the shoulders of the person next to you, start walking in the big circle, choo choo…hold on, we can’t go by train to Africa, we need to fly…put your airplane arms out instead, staying in the same big circle fly.)

Travel to DP: It’s hot in Africa, put your suncream on. Ask what else you wear when it’s hot and get dressed. Explain that we’re going to visit your friends at Dwelling Places. We’ll go by bus. The roads are sometimes very bumpy. Get the children to either gather behind you or get into a line behind you. You’re the driver, seatbelts on etc. Lead the children round the room, telling them to look out the window and tell them what you’re seeing. STOP! Stop at the bits of paper you’ve previously laid out, face down, on the floor. Ask a child who’s standing nicely to pick it up/pick it up yourself. Show it and ask what it is. Say a little about it. Carry on driving, STOP! Etc, till you reach the photo of DP.

Hello / Oli otya: When you arrive at DP, get off the bus and go through the door into the big hall, sit in a circle and explain that we’re now in the DP nursery class. Ask if they would like to meet a friend of yours. Ask them to shout
‘Hello Jenny’ but then explain she’s too shy to come out. Repeat this, but she’s still too shy. Explain that in different parts of the world people use different words to speak – languages. Ask them to say hello to Jenny in her language. Ask them to say ‘olly’ ‘ott-e-a’, repeat, then say it altogether ‘olly-ott-e-a’, ‘olly-ott-e-a Jenny’...now shout that! Jenny the puppet/doll comes out and says hello children, ‘mow-le-moat-e-a abaana’.

**Personal Story & Child Sponsorship**

Jenny’s story: Ask them if they would like to hear a story about Jenny. Either get Jenny to speak or have her speak to you because she’s shy, and you tell the story.

Jenny used to be very poor. Do you remember seeing the photo of the little girl beside the van? Show them the photo again. Remind them that she had no shoes, her dress was torn and she was dirty. She is poor. Jenny used to be like that. Jenny didn’t have a nice bed or bedcover like you do. She didn’t have lots of nice clothes, or a tap with lovely water coming out of it. In fact, Jenny didn’t even have a house. At nights Jenny would climb a tree and sleep in it. One day, a lady from Dwelling Places came along and saw Jenny up the tree. She asked if Jenny would like help. She asked if Jenny would like to go to Dwelling Places and be with the other boys and girls. Jenny said yes. At Dwelling Places Jenny was given these lovely clothes. She was given a nice bed and cover. Her cover is purple. She was given a toothbrush too, tasty food and clean water. Jenny also got to join a nursery class. Show them two photos of children who’re nursery age playing.

Sponsorship: Show them a photo of the child they could sponsor. Explain that he/she used to be poor like Jenny and the little girl in the photo. Explain that DP are now helping her. What’s she wearing? Etc. Explain that all round the world, and even in their town, children raise money to help children like her. Explain that if they would like to help her they could raise money too, to send her to school etc. Tell them how much it costs to send her to school etc. Ask how much it costs to buy a new DVD/go to the cinema etc and explain the link.

**Close**

Song: Sing this, a line at a time, to the tune of ‘Frere Jacques’, play an African drum if possible

Dwelling Places, Dwelling Places
Helps children, helps children
Gives them beds and house, gives them beds and houses
In Africa, in Africa

**Colouring Sheets**

If there’s time, hand out the colouring sheets and talk to the children as you colour. Ask if any of them have questions. If there’s no time leave the sheets with the group leader.
Jenny is back with her family. She has a nice bed and a house.

Welcome to Africa!

Dwelling Places work with children who live on the streets.

Sometimes the children are hungry and don’t have anywhere to stay.

Jenny is back with her family. She has a nice bed and a house.
These are some of the animals that you can find in Uganda:

- Zebra
- Elephant
- Lion