



Annual Report

FY 2017

Message from the CEO

Along with cooler weather, the fall season brings with it new starts such as a new school year, a new start for our programs and a new fiscal year for ADACCV. During our busy 2017 Fiscal Year (FY), the ADACCV team was extremely busy and performed extraordinarily well delivering prevention and treatment programs and services to our community. As we now enter FY 2018, we are very excited and more than ready to continue our full array of services for our community, the Concho Valley.



Eric Sanchez, CEO

As we look back at FY 17, we see that our organizational guiding principles which start with our mission to save lives and create healthier communities lead the way for our staff and volunteers to accomplish a successful year of service. Our staff and volunteers are also guided by our ADACCV organizational core values. At ADACCV, we believe in providing hope and service to those in need. We believe in providing services with an emphasis on maintaining a high standard of professionalism and approaching all our customers, clients and co-workers from a strength-based perspective. We commit ourselves to being professional, knowledgeable, respectful, courteous, encouraging and compassionate. We strive for excellence in all that we do and most importantly we recognize the importance of being good stewards of the lives and resources we are entrusted with.

As our fiscal year aligns itself with the autumn season, we remember that fall is not only a season of changing colors and cooler weather, it's also a season that surrounds us all with a deep sense of gratitude. Along with new hope and new chances, this fall and this new fiscal year also bring the realization of a dream and a goal that for so long seemed out of reach, **The Journey Recovery Center**. All of us at ADACCV are very grateful for the on-going, crucial support from our community, individuals and partners that have been instrumental in making the **Journey Recovery Center** possible. Without their help, partnership, support and prayers we could not have started this crucial project.

Although our capital campaign and endowment fundraising efforts continue, we are very grateful that we will finally see the beginning of construction of our much anticipated **Journey Recovery Center**. This new facility will bring back a life-saving, 12 bed detox program and a much needed expansion of ADACCV's residential treatment capacity for adult males and females. Our new facility will accommodate 30 residential beds for men and 18 female residential beds for women and up to 12 children residing with their mothers. We look forward to the opportunity to serve everyone in need with our current programs and once completed, providing detox and treatment services at our new facility, the **Journey Recovery Center**.

We strongly encourage anyone who needs help with a substance use disorder to contact us immediately. No one should have to live captive to this destructive disease and disorder. No one should have to suffer through this misery alone. There is hope and help for everyone who needs it. ADACCV can provide crucial help with our prevention and treatment programs. ADACCV professionals can be contacted 24 hours per day by calling the ADACCV Crisis Hotline, **1-800-880-9641** or on our website at www.adaccv.org.

A handwritten signature in black ink, appearing to be 'Eric Sanchez', written over a horizontal line.



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Mission

The mission of the Alcohol & Drug Abuse Council for the Concho Valley is to save lives and create healthier communities.

Vision

The vision of the Alcohol & Drug Abuse Council for the Concho Valley (ADACCV) is to be an effective and dynamic force in the prevention of human degradation, the loss of human dignity and the ultimate loss of life caused by substance abuse and addiction in our community.

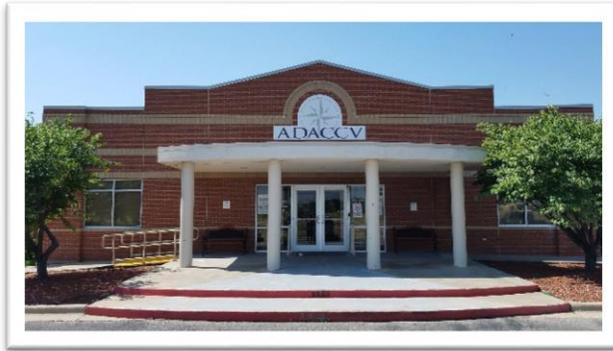
About Us

ADACCV is a 501 (c) 3 non-profit agency in San Angelo, Texas. ADACCV has been promoting wellness and recovery for over 50 years and has assisted countless individuals to live their lives free from the grip and dangers of alcohol and drugs.

We are licensed by the Health & Human Services Commission (HHSC) to provide outpatient and intensive residential substance abuse treatment for adult men and women, including pregnant women and women with children. Our target population includes homeless and indigent persons who may otherwise be unable to access alcohol and substance abuse treatment through private or personal means. We also provide dynamic prevention, education, intervention, outreach, screening, assessment and referral programs that provide information, support, and direct assistance to members of our community. Our programs are designed to minimize the prevalence and negative effects of drugs, alcohol, tobacco, substance abuse and addiction primarily in our 13 county Concho Valley "community". However, our treatment programs are available for any eligible resident of the State of Texas. We are committed to ensuring that our crucial programs and services are accessible to those in need and that they remain available for future generations. We encourage any person who is directly or indirectly suffering from the affects or problems associated with alcohol and drug abuse or addiction to contact our offices for a free and completely confidential assessment and assistance.

Our Prevention team can bring their expertise to your school, organization or business for FREE. We are funded through HHSC to provide alcohol, tobacco and drug education to our community.

ADACCV Facilities



The Cotton Lindsey Center

ADACCV's Cotton Lindsey Center is located at 3553 Houston Harte. It houses the administration team, prevention team, and outpatient treatment program. The outpatient treatment program can accommodate up to 16 clients per counselor. The program consists of a six-month outpatient curriculum involving relapse prevention and education with individual and group counseling sessions.

Individual treatment plans are developed, reviewed and adjusted on an individual basis. The program's goals include helping clients achieve successful recovery while maintaining their employment, family support and social participation and involvement in the client's treatment and recovery process.



Sara's House

The intensive residential treatment programs for indigent women, including pregnant women and women with children takes place at Sara's House, located at 401 W. Twohig. This program can accommodate up to 12 women and their children up to 5 ½ years of age. ADACCV's Sara's House is one of very few in Texas that allows mothers to bring their children.

An on-site children's program is provided to meet the special needs of the children while their mothers attend classes and counseling sessions. This program is designed to address specific women's issues on the path to recovery. Sara's House actively encourages family participation and involvement in the client's treatment and recovery process.



Williams House

ADACCV's intensive residential treatment program for adult males takes place at Williams House, located at 314 W. College St. This program can accommodate up to 16 clients.

The program includes individual and group counseling; a focus on personal and social adjustment skills; and includes Texas Christian University mapping, substance use treatment curriculum, relapse prevention training and life

skills education. Williams House actively encourages family participation and involvement in the client's treatment and recovery process.

ADACCV Facilities: The Journey Recovery Center



Coming Soon: The Journey Recovery Center

ADACCV is conducting a \$6 million Capital Campaign to add an urgently needed residential detox program and additional substance use disorder treatment beds, which will be available for the entire Concho Valley, called the Journey Recovery Center. Currently, there is no detox program available for the indigent population in the 14 county Concho Valley area. As a result, anyone needing detox has to travel to another city, the closest of which are in Odessa or Abilene. However, a lack of transportation and long wait lists create a major obstacle for people who need immediate access to detox. A local detox program will help persons at their most crucial point of need and it will also decrease the utilization of overlapping local resources such as jails, MHMR services and hospital emergency rooms. This need for detox services is also an issue that directly effects the quality and availability of a qualified and reliable local workforce.

Our comprehensive plan calls for an expansion of our Williams House and Sara's House treatment programs by multiplying our current residential treatment capacity from 16 to 30 male treatment beds and from 12 to 18 female treatment beds and adding a new 12 bed detox center. ADACCV treatment programs focus on indigent, uninsured persons who cannot afford the costs of private treatment, however, we will have to expand our current treatment capacity and secure private pay and third party payors in order to subsidize the indigent detox services. The estimated construction costs of this project exceeds \$5,000,000 and we are hopeful to raise a total of \$6,000,000 to cover the costs of construction and upstart operating costs. To date we have raised \$5,131,732.72 toward the goal. Construction of the Journey Recovery Center, which will be located at US HWY. 277 adjacent to the Roy K. Robb Center and new Tom Green County Jail, will take 12-14 months to complete. Construction is slated to begin at the end of 2017 for this 20,000+ square foot facility.

ADACCV'S JOURNEY RECOVERY CENTER BRICK PAVER FUNDRAISER



Join our Journey...and help us save lives

For more information about how you can make your mark on the Journey Recovery Center with a personalized brick paver, check out our website

www.adaccv.org



ADACCV
THE ADAM SMITH CENTER FOR
COMMUNITY RECOVERY

Treatment Programs

ADACCV is licensed by Texas Health and Human Services (HHSC) to provide intensive residential and outpatient substance abuse treatment for men and women, including pregnant women and women with children. ADACCV’s primary target population includes indigent persons who may otherwise be unable to access treatment for substance use disorders through private or personal means. ADACCV is San Angelo’s only long-term, non-criminal justice treatment facility for the indigent and uninsured. ADACCV treatment programs are available for any eligible resident of the State of Texas.

Counties served, along with the number of clients served from those counties are listed below. Counties in red are Concho Valley Counties.

Archer	1
Bailey	3
Bell	1
Bexar	3
Brazos	2
Brewster	8
Callahan	2
Coke	2
Coleman	2
Comanche	3
Crockett	3
Crosby	1
Dallas	1
Dawson	8
Deaf Smith	9

Eastland	1
Ector	9
Ellis	2
Gillespie	1
Harris	2
Henderson	1
Howard	6
Irion	1
Jasper	1
Jones	5
Kerr	1
Knox	1
Llano	2
Lubbock	11
McCulloch	5

Menard	2
Midland	3
Milam	2
Montague	1
Nolan	2
Oldham	1
Parmer	1
Schleicher	1
Scurry	7
Shackelford	6
Smith	1
Stephens	3
Sterling	1
Sutton	2
Swisher	1

Taylor	26
Tom Green	218
Travis	3
Tyler	1
Upton	1
Val Verde	1
Van Zandt	1
Wharton	1
Wichita	20
Williamson	1
Winkler	1
Wood	1

Treatment Terminology

Intensive Residential Treatment Programs:

When a client resides in a treatment facility 24 hours a day, 7 days a week. They do not go to work during this time. The treatment plan includes individual and group counseling, personal and social adjustment goals and includes relapse prevention training.

Intensive Residential Client: Adult male or female.

Intensive Residential; Specialized Female Client: Adult female that has children residing

with her during treatment, at the treatment facility.

Outpatient Treatment Program: Available when an individual does not require an intensive program. The client can receive treatment while remaining at home and retaining their job. The program includes 2-3 group counseling sessions and one individual counseling session per week.

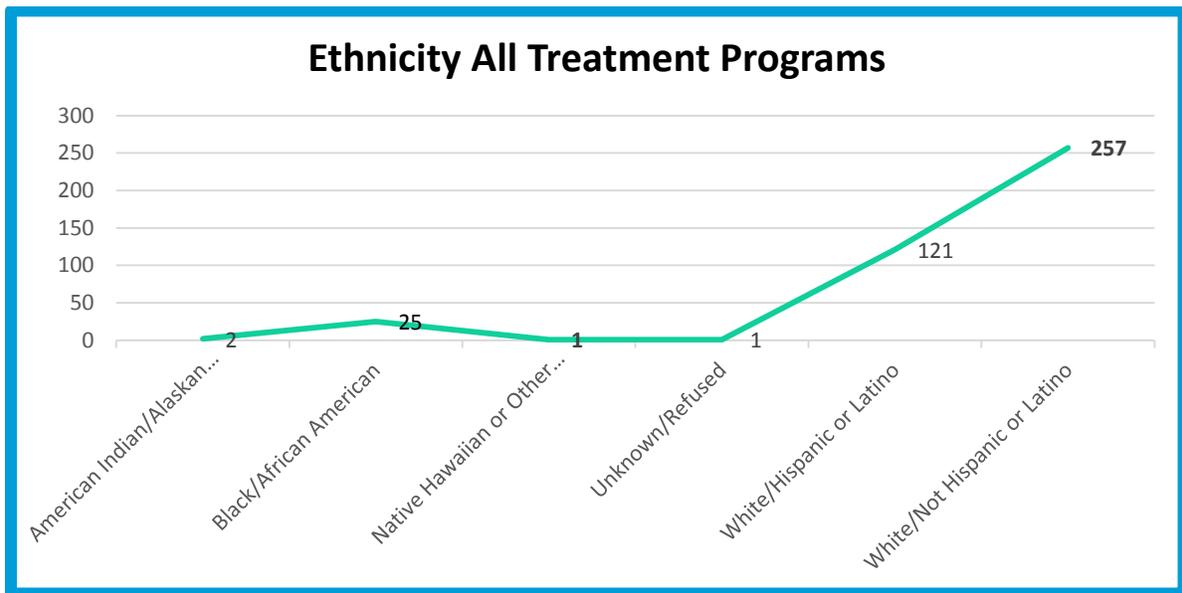
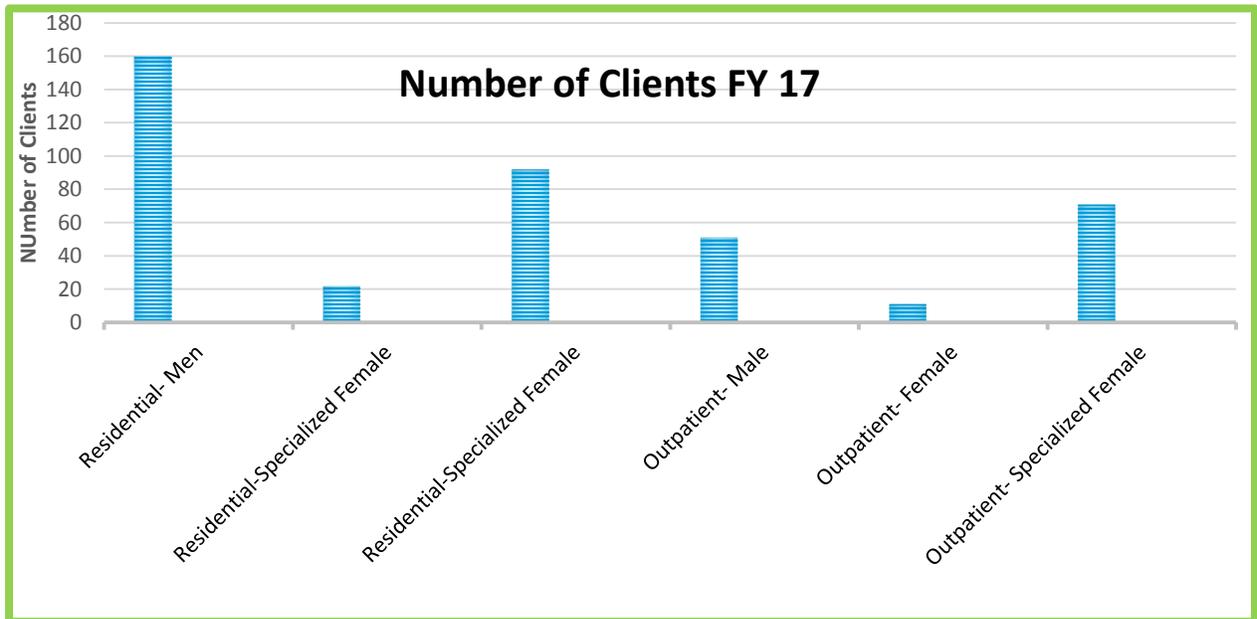
Outpatient Client: Adult male or female.

Outpatient, Specialized Female Client: Adult pregnant female or adult female that has children under the age of 18.

Treatment Programs

Client Demographics

ADACCV's primary service area, the Concho Valley, covers over 16,000 square miles in fourteen counties (Coke, Concho, Crockett, Irion, Kimble, Mason, McCulloch, Menard, Regan, Runnels, Schleicher, Sutton, Sterling, and Tom Green). San Angelo, located in Tom Green County, serve as the urban hub to the mostly rural region.



ADACCV's Impact: John's Story

John's drug of choice was methamphetamine. As a long term drug user, John found himself on probation, suffering from Hepatitis C and about to lose custody of his children. After testing positive for the meth during a routine screening with his probation officer, John was given just a couple of options- one of them was to go to Williams House. John had been to court mandated programs in the past and was leery about going to another treatment program. When he found out that Williams House was not a "lockdown facility", and that he would be able to have regular contact with his family, the choice was obvious. John feared that if he did not make a significant change in his life he would not be able to raise his children and would wind up back in prison. "I had already lost a lot of jobs because of my drug problem, and my family and friends pretty much thought I was a lost cause" John shared.

"Two days after I called Rachel at ADACCV, I started treatment at Williams House. I got more out of my 45 days at Williams House than I ever did at the other places I had been sent to. The program (at Williams House) trains your brain to think differently about life. You leave knowing where to go if you need help with anything. You are not a stranger at the 12-step meetings because you have been going the whole time you were in treatment. I was comfortable in the meetings because I knew people there already." Since completing the Williams House and Outpatient Counseling programs, John has become a leader in the recovery community. He is active in ADACCV's Alumni Group, and the NA/AA community. Today John holds a stable, full time job with benefits and has been able to save \$5000 toward his dream of owning a home. John says, "At Williams House, I ate good, I got my mind straight and my mind right. I am able to keep up with my kids now. I have learned that I can't have long term recovery without help. I accept that, and I am grateful to ADACCV for showing me a new way. Today God is using me to make a difference."

* names have been changed



Treatment Programs

It is important to understand that substance use disorders are diseases that can be treated like other chronic diseases. According to the National Institute on Drug Abuse (NIDA), drug and alcohol addiction is a complex disease. Drugs and alcohol change the brain in ways that foster compulsive misuse. Addiction continues to have the stigma of being a “moral issue” when in reality, it is a serious disease. As with any other chronic disease, it is extremely important to address and manage it. Additional information about drugs that were reported as “drug of choice” are listed below.

Methamphetamine

Methamphetamine and amphetamine are highly addictive and according to the SATIT, admissions to treatment programs increased from 3 percent of all admissions in 1995 to 15 percent of admissions in 2014.

The National Institute on Drug Abuse (NIDA) explains, “Methamphetamine increases the amount of the neurotransmitter dopamine,

compulsive use and leads to addiction. 238 of ADACCV clients sought treatment for methamphetamine and amphetamine.

Methamphetamine was the number one drug of choice for all three treatment programs.

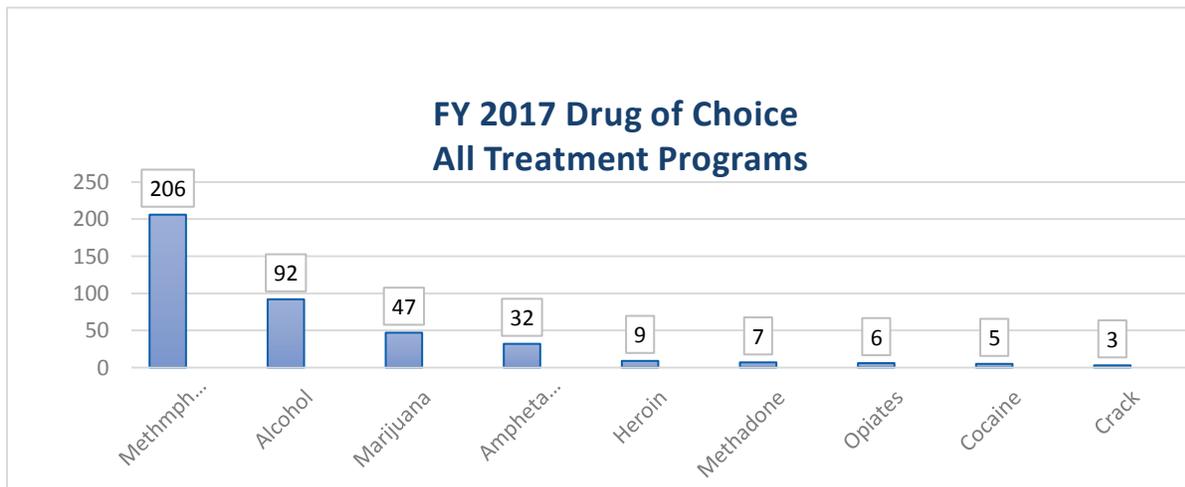
Alcohol

Alcohol remains the primary drug of misuse in Texas, according to the "Substance Abuse Trends In Texas: Aug 2016" (SATIT), a report

number two reason for all treatment program admissions.

Marijuana

The SATIT report finds that there is a decrease in marijuana coming into the US from Mexico due to gang activity, increased border security, and drought conditions. Due to the decrease of marijuana imported from Mexico, more has been grown within Texas and imported from Colorado. Locally, CV CARES and ASU CDI



leading to high levels of that chemical in the brain. Dopamine is involved in reward, motivation, the experience of pleasure, and motor function. Meth’s ability to release dopamine rapidly in reward regions of the brain produces the euphoric “rush” or “flash” that many users experience.” Seeking that rush creates

compiled by Jane Maxwell, PH.D., from the University of Texas Center for Social & Behavioral Research. This report also cites that in 2016, 25 percent of all clients admitted to publicly funded treatment programs had a primary problem with alcohol. ADACCV’s client data shows alcohol as the

find that 9% of 7th, 9th, and 12th graders report using marijuana in the last 30 days. 11% of Clients in ADACCV’s treatment programs were admitted for marijuana addictions. 47 Clients were admitted to ADACCV programs citing marijuana as the drug of choice.

Heroin

According to the SATIT, heroin use is growing among teenagers and young adults. Heroin is a serious concern and the primary types in Texas are Mexican black tar and powdered brown, which is black tar turned into a powder by combining it with diphenhydramine or other ingredients. In 2011, NIDA found the number of people using heroin for the first time is unacceptably high, with 156,000 people starting heroin use in 2012, nearly double the number of people in 2006 at 90,000. 3% of ADACCV clients listed heroin, opiates or methadone as their primary drug of choice. NIDA describes heroin as “an opioid drug that is synthesized from morphine, a naturally occurring substance extracted from the seed pod of the Asian opium poppy plant.” Similar to heroin, opiates also include opiate-based prescription pain reliever misuse such as Hydrocodone, Lortab, Oxycodone, Oxycontin and others. 2% of ADACCV clients admitted for substance use disorder report Heroin as their drug of choice.

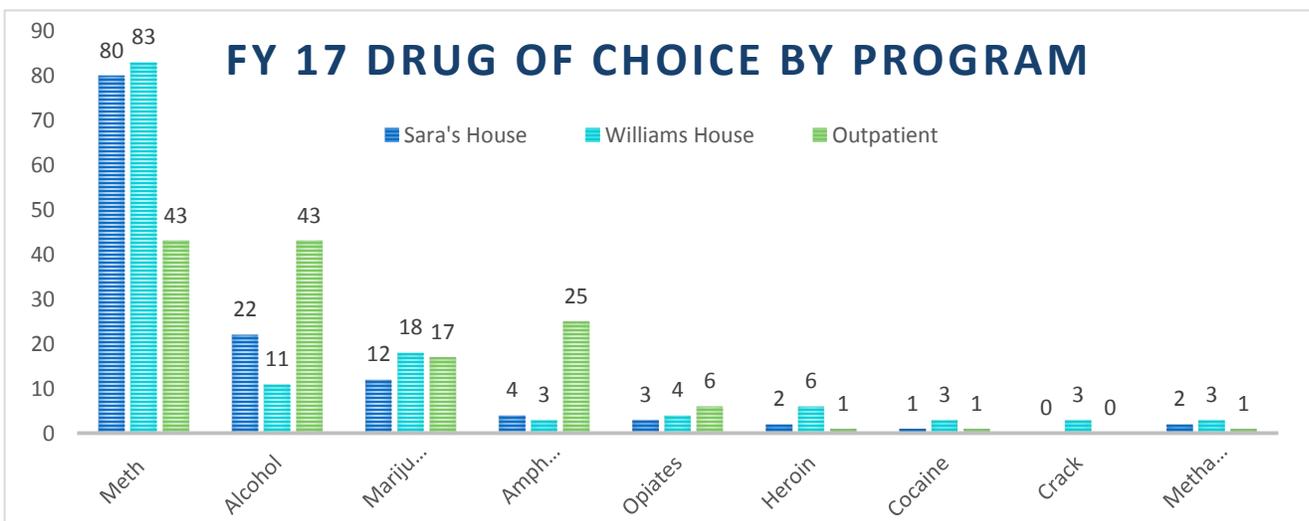
Opiates/Methadone

SATIT explains the following regarding opioids, “The “other opioids” group excludes heroin but includes drugs such as methadone; codeine; hydrocodone; oxycodone; buprenorphine; hydromorphone; morphine; and opium. The term “synthetic narcotic” refers to drugs such as fentanyl and dilaudid that are not made from natural materials but from chemicals.” The Centers for Disease Control and Prevention (CDC) shows that “In 2010, nearly 60 percent of the drug overdose deaths (22,134) involved pharmaceutical drugs. Opioid analgesics were involved in about 3 of every 4 pharmaceutical overdose deaths (16,651), confirming the predominant role opioid analgesics play in drug overdose deaths.” The SATIT report finds that nine percent of all clients who entered publicly funded treatment during 2014 had a primary problem with opioids other than heroin, compared with 1 percent in 1995. 13 ADACCV Clients reported

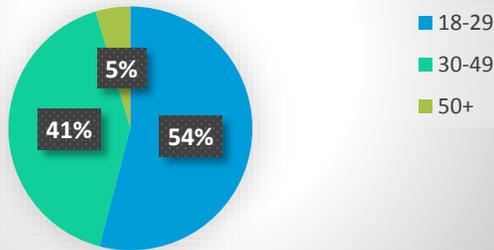
opiates and methadone as their drug of choice.

Crack/Cocaine

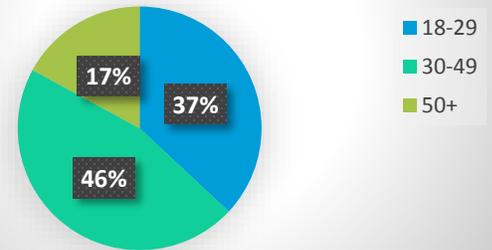
NIDA defines cocaine as “a powerfully addictive stimulant drug made from the leaves of the coca plant native to South America. It produces short-term euphoria, energy, and talkativeness in addition to potentially dangerous physical effects like raising heart rate and blood pressure.” Crack is also cocaine but they are prepared and used differently. Cocaine is known as the powdered form of the drug that is normally snorted through the nasal cavity or mixed with water and injected. Crack cocaine has been processed to make a rock crystal (also called “freebase cocaine”) that can be smoked. The crystal is heated to produce vapors that are absorbed into the blood-stream through the lungs. 8 ADACCV clients names cocaine or crack cocaine as their drug of choice in FY17.



Women in Treatment by Age All Treatment Programs



Men in Treatment by Age All Treatment Programs



Impact of Unaddressed Substance Use Disorders Crime

The Uniform Crime Reporting (UCR) Bureau provides biennial Texas crime rate data. The crime rate is defined as the number of crimes committed per 100,000 population. For the most recent reporting year, 2016, The Texas Crime Rate was 3,182.7 crimes per 100,000 population, which was a 1.6% decrease from the previous reporting period. In San Angelo, the only city in the Concho Valley with a population over 100,000, the San Angelo Police Department reported a 21% increase in crime over 2015. Categories that were included in this increase included murder, rape, robbery, aggravated assault, burglary, larceny, and vehicle theft. According to crime statistics data compiled by the Tom Green County Sheriff's Department, there were in excess of 1300 residential/building burglaries between January 1, 2016 and July 30, 2017. Although some of these crimes may not be drug related, there is a significant correlation between burglaries and drug activity. Between January 1, 2016 and July 30, 2017 there were 43 driving under the influence (DUI) charges for minors, 78 Driving While Intoxicated

**The graphic above depicts the process clients experience as they travel through treatment services*

(DWI) charges and 1,059 Narcotic Offenses, up from 608- just in Tom Green County alone. Research completed by the National Institute on Drug Abuse (NIDA) further explains, "It is estimated that for every dollar spent on addiction treatment programs, there is a \$4 to \$7 reduction in the cost of drug-related crimes." Drug treatment is an effective way to reduce crime and therefore, a worthwhile investment.

Economics

The Office of National Drug Control Policy (ONDCP) explains, "The economic cost of drug use in the United States was estimated at \$193 billion in 2007, the last available estimate." This estimate includes productivity, healthcare and criminal justice costs. More specifically, \$120 billion in lost productivity, mainly due to labor participation costs, participation in substance use disorder treatment programs, incarceration, and premature death; \$11 billion in healthcare costs – for drug treatment and drug-related medical consequences; and \$61 billion in criminal justice costs, primarily due to criminal investigation, prosecution and incarceration, and victim costs.

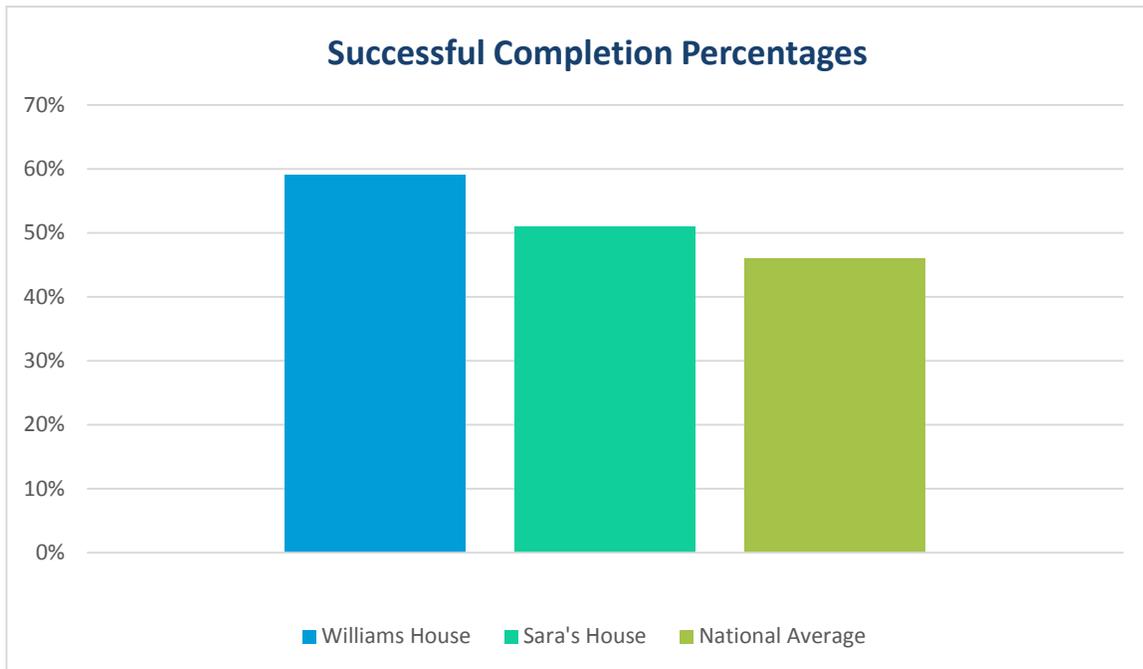
Treatment Programs

Health

Drugs and alcohol change the brain in ways that foster compulsive misuse. Addiction continues to have the stigma of being a “moral issue” when in reality, it is a serious disease. Quitting is difficult and when one is ready to seek treatment, there need to be as few roadblocks as possible. In 2015, San Angelo Community Medical Center estimated that the cost of alcohol and drug related medical visits topped \$667,000, with another \$435,966 in unpaid emergency room bills reported at Shannon Medical Center. According the Substance Abuse and Mental Health Services Administration (SAMHSA), the health and safety of a community is affected in immense ways by substance use disorders. The treatment of these disorders reduce emergency room visits and diseases such as cirrhosis of the liver, cardiovascular disease, HIV/Aids, Hepatitis B and C, psychological disorders and loss of life.

Successful Completions

To achieve a successful recovery program, clients must gain an effective understanding of the underlying causes of drug use specific to their individual lives, which may include traumatic experiences as well as being knowledgeable of their exposure to environmental includes and experiences. According to the Substance Abuse and Mental Health Services Administration’s (SAMHSA) Treatment Episode Data Set (TEDS) 2009 National Discharges from Substance Abuse Treatment Services report, 46% of long-term residential treatment clients successfully completed their program and 42% of outpatient treatment clients completed their program. The Alcohol & Drug Abuse Council for the Concho Valley aspires to have higher completion rates than national averages. ADACCV successful completion rates for the Outpatient program were 26%. Successful completions for the Sara’s House Program were 51%, and successful completions for the Williams House Program were 59%.



ADACCV's Impact: Alexa's Story

"In January 2014, I gave birth to my baby Lila and that is when CPS came into my life. My baby and I both tested positive for meth and my husband TJ was also using. CPS told me that if I didn't stop messing around with drugs, they would take her, and my other children, for good. I was given a choice to go to ADACCV Sara's House for treatment. I decided to try ADACCV. I got to Sara's House two days after giving birth. I was there for two months and was able to take my baby and my 10 month old daughter as well."

"At first, I was tired and moody all the time and was not happy to be there at all. I was so tired that it was hard to wake up with my baby in the middle of the night. Thankfully my roommate was able to help me when I was really low. I also talked a lot to my counselor. The staff at Sara's House was never far away and always encouraged me. Finally, one day, I "woke up" and realized that I had been given a second chance that I did not deserve. Everything started to change. I started listening in the classes and groups that ADACCV offered. I realized that the life that I was living really was not life at all. I knew that things had to change. I was not being a mother to my children. I was not being a wife to my husband. I started to believe that I was worth more than the life I had been living. Getting to graduation day was not easy, but I did it. I was excited and so happy. I was proud of myself- I had accomplished something! I stayed in San Angelo after graduation because this is where my recovery started."

"ADACCV helped me in so many ways, and they changed my life and lives of my family. I am active in the Recovery Community now. I go to regular NA meetings, and am active with the ADACCV Alumni group. I share my story with anyone that will listen. Because of ADACCV, my family does not suffer. Because of ADACCV I am alive!"

* names have been changed



Prevention Programs



HHSC Prevention Program FY2017 Annual Report

Annual Funding Level: \$359,582.00

Programs Funded:

- Youth Prevention Selective (YPS) – ages 6-12, Curriculum: Kids Connection
- Youth Prevention Selective (YPS) – ages 12-17, Curriculum: Youth Connection
- Youth Prevention Indicated (YPI) – ages 14-17, Curriculum: Project Toward No Drug Abuse

The Alcohol & Drug Abuse Council for the Concho Valley is funded to provide two types of prevention interventions, as defined by Substance Abuse and Mental Health Administration (SAMHSA):

Selective preventive interventions target “individuals or a population sub-group whose risk of developing substance abuse disorders is significantly higher than average”, prior to the diagnosis of a disorder (O'Connell, 2009). Selective interventions target biological, psychological, or social risk factors that are more prominent among high-risk groups than among the wider population.

Indicated preventive interventions target “high-risk individuals who are identified as having minimal but detectable signs or symptoms foreshadowing mental, emotional, or behavioral disorder” prior to the diagnosis of a disorder (IOM, 2009). Interventions focus on the immediate risk and protective factors present in the environments surrounding individuals.

Prevention Education – Curriculum Services

YPS –Kids & Youth Connection: series of 10 lessons taught in classroom 1-2 times per week in grades 1st – 12th

Annual Goal: 550 different students within our 13 county catchment

Actual number of youth reached with curriculum services: 506 students

Successful Completion: 96% of students who completed the program completed successfully

YPI – PTND: series of 12 lessons done in 4-6 weeks with selected high-risk youth ages 14-17

Annual Goal: 320 different youth within our 13 county catchment

Actual number of youth reached with curriculum services: 188 Students

Successful Completion: 91% of students who completed the program completed successfully.

Prevention Programs

Alternative Activities and Presentations

Activities here include pro-social activities with a hands-on learning element and health/community fairs. Some examples from FY16 are: Red Ribbon Week, Community Picnics and Back to School Fairs, Job Start, Children’s Fair, site-based programs for community centers, organizations, and schools, Fatal Vision Course and Workplace education programs. Prevention Specialists are also responsible for facilitating Tobacco Alternative Activities and presentations for each target population. Some tobacco specific projects include the Great American Smoke-out, Tobacco Free Kids Day, Pig Lung demonstrations, Drugs in the Workplace and other specified presentations.

Total Youth Served: 13,740 youth between the ages of 6 and 17 within our 13 county catchment participated in prevention services, including alternative activities or presentations on tobacco and/or other drugs, receiving information, or attending prevention education between September 1, 2016 – August 31, 2017.

Total Adults Served: 5655 adults (18 and over) within the 13 county catchment participated prevention services, including alternative activities or presentations on tobacco and/or other drugs, receiving information, or attending prevention education between September 1, 2016 – August 31, 2017.

YOUTH

Strategy	YPS-KC			YPI		
	Actual	Goal	%	Actual	Goal	%
Alternative Activities	2923	905	323%	278	435	64%
Tobacco Alternative Activities	964	565	171%	160	170	94%
Tobacco Presentations	2584	710	364%	241	205	118%

ADULTS

Strategy	YPS-KC			YPI		
	Actual	Goal	%	Actual	Goal	%
Alternative Activities	1419	410	346%	207	215	96%
Tobacco Alternative Activities	190	450	42%	135	185	73%
Tobacco Presentations		315	130%	327	170	192%

Prevention Programs

Total Number of Presentations: A total of 249 presentations for youth and/or adults were provided within the 13 county catchment between September 1, 2016 – August 31, 2017. Presentations focused on one of the following topics: Tobacco, Prescription Drugs, Alcohol, Marijuana, or other Drugs.

ADULT AND YOUTH PRESENTATIONS

Strategy	YPS-KC			YPI		
	Actual	Goal	%	Actual	Goal	%
Alcohol & Other Drugs	55	50	110%	69	75	96%
Minors & Tobacco	42	50	84%	83	80	104%

Indicated Services/Prevention Counseling (YPI only)

Individualized prevention counseling services and referrals are made for high-risk youth ages 14-17 referred to the prevention program through various outside agencies. Using a brief assessment tool the assigned Prevention Specialist determines whether prevention education and counseling will address needs discovered or whether a specialized referral needs to be made.

Youth in counseling: 106 received individualized counseling sessions (annual goal: 256)

Youth Referred: 20 were referred for additional or other services (annual goal: 45)



Prevention Programs



Drug Free Communities (DFC) FY2017 Annual Report

Funding Amount: \$125,000, Required In-kind Match: \$187,500

The Concho Valley Community Action & Resources for Empowerment & Success (C.A.R.E.S.) Coalition focuses on community collaboration to reduce the rates of substance abuse among youth. The coalition addresses the factors in the community that increase the risk of substance abuse and promote the factors that minimize the risk of substance abuse. C.A.R.E.S. utilizes environmental and evidence based strategies to effectively address local substance abuse problems and engage community members. Funding to support the activities of the C.A.R.E.S. Coalition comes from the Drug Free Communities (DFC) Grant, which come from The Office of National Drug Control Policy (ONDCP) and the Substance Abuse & Mental Health Services Administration (SAMHSA).

Mission Statement

The mission of Concho Valley C.A.R.E.S. Coalition is to reduce substance use through community effort, focusing on youth.

Vision Statement

The vision of Concho Valley C.A.R.E.S. Coalition is through God's guidance; we unite our community and create an environment that encourages the elimination of substance abuse, so our children and families can thrive in a spiritual, moral, healthy, drug free environment

CV C.A.R.E.S. Coalition

The C.A.R.E.S. Coalition is directed by local residents and sector representatives who have a genuine voice in determining the best strategies to address local problems. C.A.R.E.S. works hard to connect with community members at a grassroots level. Members attend

Coalition Involvement Meetings to create strategies to address local community concerns. The Concho Valley C.A.R.E.S. Coalition consists of the Steering Committee and General Membership. The Steering Committee is the deciding body that meets one time a month. This committee includes representatives from the following sectors: Parents, Youth, Business Community, Civic & Volunteer Groups, Healthcare Professionals, Law Enforcement Agencies, Media, State, Local, and/or Tribal Government Agencies, Religious/Fraternal Organizations, Schools, Youth-serving Organizations and Other Organizations with Expertise in Substance Abuse.

Youth Data

The Core Measure Survey

The C.A.R.E.S. Coalition collaborates with the Community Development Initiatives at Angelo

State University Center for Community Wellness, Engagement & Development. Eight Concho Valley school systems in partnership with the Concho Valley Community Action and Resources for Empowerment and Success (CV CARES) Drug Free Communities Coalition conducted a Core Measures Survey during the spring of 2017 (Academic Year 2016).

The Core Measures Survey Findings:

- 90.4% of 7th, 9th, and 12th graders reported that they did not smoke cigarettes in the past 30 days
- 94.3% of 7th, 9th and 12th graders reported that they did not use a prescription drug prescribed to someone else in the past 30 days
- 97.5% of 7th, 9th and 12th graders reported that they did not use K-2, Salvia, or Bath Salts in the past 30 days
- 88.9% of 12th graders identify smoking one or more packs of cigarettes per day as being a moderate to great risk
- 90.7% of 7th, 9th and 12th graders report that their parents would disapprove of them using a prescription drug that is not prescribed to them
- 89.7% of 7th, 9th and 12th graders report that their parents would disapprove of them smoking tobacco
- 95.3% of 7th graders reported that they did not smoke marijuana in the past 30 days
- 93% of 7th graders reported that they did not use alcohol in the past 30 days
- 95.6% of 9th graders reported that they did not use tobacco in the past 30 days
- 95.9% of 9th graders reported that they did not smoke marijuana in the past 30 days

Special Projects

Prescription Drug Take Back – Twice a year CV CARES collects expired and unused prescription and over the counter medications. The Take Backs serve as a way to reduce accessibility of substances. In the last 3 years the coalition has collected over 125 lbs. of medication.

Trunk or Treat – Each year the coalition partners with community agencies to host a free community Trunk or Treat at Martin Luther King Jr. Park. The event continues to grow in attendance, over 500 community members attended last year’s event.

Policy Change – This year the CV CARES coalition played a key role in modifying local tobacco policy. Members of the coalition attended multiple city meetings to advocate for the change in policy.

The survey gathers self-reported student data concerning use of alcohol, tobacco, and other drug substances.

The Core Measures survey included 1,475 student participants in grades 7, 9 and 12. Male students comprised 50.0 percent of the sample and females were 49.0 percent

Lunch and Learns – The coalition partners with River Crest Hospital quarterly to hold Lunch and Learns. Each lunch and learn features an education topic related to the prevention of substance use, and is free for community members to attend.

YOUth CARES Summer Leadership Camp – Each year CV CARES hosts a free Summer Leadership Camp. The camp focuses on kids who are transitioning from elementary to middle school. This year over 20 youth participated in the Summer Leadership Camp.

Prom Pledge – For the past two years CV CARES has partnered with the student council members of San Angelo Central High School and Lakeview High School to host a prom pledge. During this time, the student council members create a campaign to encourage their peers to remain alcohol-free during their prom.

Program Development



The Journey Recovery Center is ADACCV's \$6M Capital Campaign to bring additional substance use disorder treatment services, including Detox to the Concho Valley. This 20,000+ square foot facility will be located at the 3200 block of US 277 North, in northern San Angelo - The Journey Recovery Center. ADACCV will consolidate its residential treatment services to one location and double its residential treatment capacity by providing 30 male treatment beds and 18 female treatment beds. ADACCV will also add residential detoxification services that can accommodate up to 12 clients. Construction is scheduled to begin in late 2017 with a 12-14 construction period.

THREE STAGE MODEL OF TREATMENT

A full-scope substance use treatment program is comprised of three stages:

1) Detoxification ⇨ 2) Rehabilitation ⇨ 3) Aftercare

Detox is a crucial healthcare component and continues to be the major gap for hundreds in ADACCV's target population. It has been nonexistent in our community for over 15 years. Detox helps stabilize clients and allows them to safely and comfortably remove the toxins from their body. Currently individuals in need of detox have to be referred to indigent detox services outside of the Concho Valley. Those facilities tend to have weeks-long wait lists.

The Journey Recovery Center will close the gap for treatment services in the Concho Valley, providing a residential detox and residential treatment under one roof.

Journey Recovery Center: Fundraisers

- 20/20 Vision Club- Donors commit to giving \$20.00 a month for 20 months.
- Brick Paver Sales- Donors purchase a personalized brick paver to be placed at the Journey Recovery Center.
- 11th Annual Let it GO! Recovery Rally & Run- 1mile & 5k run and Recovery Rally with a speaker to commemorate National Recovery Month.
- 12th Annual Have a Heart for ADACCV e-auction- Sweet treats and gift baskets auctioned to the highest bidder just in time for Valentine's Day.
- Inaugural Spring Luncheon and Silent Auction

Bookkeeping

	Sep '13 - Aug 14	Sep '14 - Aug 15	Sep '15 - Aug 16	Sep '16 - Aug 17	TOTAL
Ordinary Income/Expense					
Income					
Self-Pay Client Revenue	21,975.65	4,467.56	20,664.14	11,584.04	58,691.39
Alloc by Fed Fundraising Orgs	80,252.07	80,192.38	80,026.80	75,767.64	316,238.89
Other Program Service Sales	4,140.00	3,269.00	2,170.00	2,740.00	12,319.00
Interest On Savings	73.72	398.44	722.76	905.85	2,100.77
Miscellaneous Revenue	4,172.44	4,685.77	880.24	2,536.95	12,275.40
Grants from Govt Agencies	15,820.89	15,936.00	15,004.00	16,274.00	63,034.89
From Affiliated Organizations	774.00	5.00	500.00	787.05	2,066.05
From Board Members	3,663.00	2,803.00	588.00	176.00	7,230.00
From Indiv & Small Businesses	18,032.64	13,695.66	12,790.38	14,815.03	59,333.71
HHSC Contract	1,074,171.00	1,088,996.58	1,209,762.81	1,267,983.03	4,640,913.42
Concho Valley CSCD	70,106.00	79,942.00	11,849.00	0.00	161,897.00
Scurry County CSCD	51,364.00	88,578.00	70,720.00	93,075.00	303,737.00
Gross Sales to Public Non Prog	7,702.97	7,862.72	1,359.00	844.68	17,769.37
Other Revenue	3,512.55	2,273.30	3,909.93	7,404.89	17,100.67
Donated Other Services R	5,701.33	5,207.22	6,653.50	6,474.48	24,036.53
SAMHSA DFC	102,742.02	134,525.18	127,208.36	117,803.27	482,278.83
Total Income	1,464,204.28	1,532,837.81	1,564,808.92	1,619,171.91	6,181,022.92
Gross Profit	1,464,204.28	1,532,837.81	1,564,808.92	1,619,171.91	6,181,022.92
Expense					
Returned Check	200.00	0.00	0.00	0.00	200.00
Equipment Rental & Maintenance	11,253.48	12,189.29	10,615.77	10,310.14	44,368.68
Awards & Gifts to Individuals	15,072.43	26,514.49	31,855.10	21,173.33	94,615.35
Payroll Expenses	1,002,201.11	1,120,219.46	1,184,590.74	1,206,154.79	4,513,166.10
Other Employee Benefits	12.05	0.00	0.00	0.00	12.05
Workers Compensation	7,042.86	6,484.80	7,794.42	8,771.12	30,093.20
Professional Services	53,360.68	39,278.29	46,103.88	42,036.30	180,779.15
Supplies	92,157.57	123,033.62	102,676.09	93,317.97	411,185.25
Telephone	16,729.18	16,801.93	17,783.50	16,663.86	67,978.47
Postage and Shipping	1,703.54	1,406.44	1,019.96	1,186.72	5,316.66
Utilities and Occupancy	53,930.03	59,075.84	54,712.61	53,445.55	221,164.03
Travel	41,527.41	40,246.95	37,580.66	50,373.20	169,728.22
Conference Convention Meeting	8,347.20	12,264.00	10,670.00	10,850.21	42,131.41
Interest-general	479.33	226.37	187.82	241.08	1,134.60
Insurance - Prop Liab Auto	23,530.52	24,705.24	25,734.32	26,357.64	100,327.72
Membership Dues	800.00	745.00	765.00	765.00	3,075.00
Licenses & Fees	8,658.59	12,396.52	10,267.74	12,175.62	43,498.47
Staff Recruitment	1,757.05	2,368.20	1,240.90	357.00	5,723.15

Fund-raising Expenses	1,820.14	2,818.79	4,759.82	4,986.52	14,385.27
Other expenses	2,952.78	0.00	0.00	0.00	2,952.78
Medical Fees - Clients	1,901.50	4,841.75	10,163.85	11,155.42	28,062.52
Grants to other organizations	0.00	0.00	0.00	250.00	250.00
Gain/Loss from Sale of Asset	-36.20	-611.00	1,432.98	24.75	810.53
Total Expense	1,345,401.25	1,505,005.98	1,559,955.16	1,570,596.22	5,980,958.61
Net Ordinary Income	118,803.03	27,831.83	4,853.76	48,575.69	200,064.31

FY2017 Detail of Proceeds
from Fundraising Events, Grants
and Misc Sources of Revenue

Source of Revenues	Receipt	Cost	Proceeds
Let It Go! 2016	8,616.00	(4,062.37)	4,553.63
Have A Heart for ADACCV	1,700.00	(44.68)	1,655.32
Community Education	2,740.00	(1,470.23)	1,269.77
Various Sources			
TGC Juror Donations	54.00		54.00
Employee Social Fund	1,818.00		1,818.00
Recycling	42.53		42.53
Board Lunch Donations	176.00		176.00
Jeans Thursday	783.00		783.00
Vending	2,348.35	(1,221.73)	1,126.62
Grants & Corporate Donations			
Carl B. & Florence E. King (Shuttle Van)	30,000.00		30,000.00
Detox Expansion Capital Campaign	530,297.28	(20,691.61)	509,605.67
Tom Green Co. Commissioners			
Court	12,750.00		12,750.00
Goodfellow Combined Spouses Club	500.00		500.00
Total Receipts, Costs & Proceeds	591,825.16	(27,490.62)	564,334.54

Drug Free Communities Grant Year #9			
This fiscal year is from Sept 30, 2016 through September 29, 2017			
	Contract	Matching	
	Funds FY9	Funds FY9	
OPERATING REVENUE			
ADACCV Matching Funds	0.00	3,131.97	
SAMHSA DFC	124,200.36	0.00	
Total Revenue	124,200.36	3,131.97	
OPERATING EXPENSES			
Equipment Rental & Maintenance	448.37	0.00	
Awards & Gifts to Individuals	6,924.46	0.00	

Payroll Expenses	81,577.49	904.18
Professional Services	16,550.39	0.00
Supplies	1,579.68	0.00
Telephone	1,119.36	423.04
Utilities and Occupancy	0.00	831.69
Travel	11,560.61	0.00
Conference Convention Meeting	3,855.00	0.00
Insurance - Prop Liab Auto	0.00	973.06
Membership Dues	300.00	0.00
Licenses & Fees	285.00	0.00
Total Operating Expenses	124,200.36	3,131.97
Net Revenue Over (Under) Expenses	0.00	0.00



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