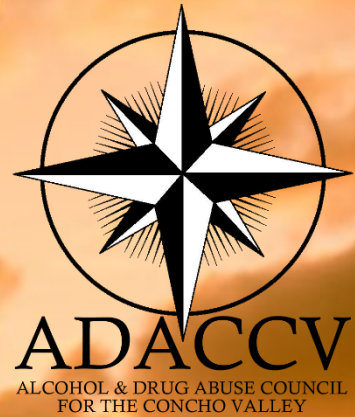


**The Alcohol & Drug Abuse  
Council for the Concho Valley**

*Our mission is to save lives and create healthier communities.*



**FY 2019  
Annual Report**

1.

## Message from the CEO



### *Eric Sanchez, CEO*

#### A YEAR OF SIGNIFICANT ACCOMPLISHMENTS - Eric A. Sanchez, ADACCV CEO, December 11, 2019

2019 has been an incredible year for ADACCV marked with many significant accomplishments across our various programs. Most notably, the completion of construction of the **Journey Recovery Center!** ADACCV announced and celebrated the construction completion on October 11, 2019 with an Open-House event that was well-attended by our friends, associates and supporters.

Before we transition into the new **Journey Recovery Center** our residential treatment programs from **Sara's House**, our women and women with children facility and **Williams House**, our men's facility, ADACCV must patiently wait for licensure approval from the Texas Health & Human Services Commission. Once our license is issued, we will transfer our residential treatment programs into our new facility. This new facility will provide expansion of our total clients served and will eventually house a much needed residential detox program.

We want to thank you, our generous community, friends and supporters for making the **Journey Recovery Center** possible with your donations, support and prayers!

Other notable accomplishments include serving a record number of 477 clients in our treatment programs with an average successful completion rate of 70%, far exceeding the national average rate of 46%. Additionally, our Prevention program served over 7,200 youth and over 2,600 adults including "high risk" youth and adults. These energetic prevention efforts are proven effective at reducing individual and community risk factors and increasing protective factors which will help minimize the incidence of substance use disorders and issues in our community.

Nevertheless, our greatest accomplishment manifests itself when we successfully serve every individual who is in need of our services, whether that need may be treatment or prevention. Persons affected by the destructive nature of substance use disorders require immediate and professional attention and intervention and they do not have the luxury of waiting for ideal circumstances to address their pressing and often, life-threatening issues. Our goal is to immediately provide help for everyone who seeks our services for their individual needs. Additionally, we hold a compassionate obligation to provide help and hope for those in need out of the misery and suffering brought on by substance use issues.

Our mission is to save lives and create healthier communities and we cannot accomplish our important mission without the committed and professional service of our staff, board of directors, volunteers and donors. It is with immense and sincere gratitude and acknowledgement of their time, service and support that we present our accomplishments in this annual report to our community.

No one should have to tolerate and live with the persistent misery that the disease of addiction inevitably delivers. We encourage everyone with a substance use disorder to contact us immediately for help. We also encourage our community to help us help others by identifying those who need our services, encouraging them to seek help and supporting our programs and services with monetary and in-kind donations. Everyone can take part in providing hope and help for anyone who needs it. We're available 24 hours per day at **1-800-880-9641** or on our website at [www.adaccv.org](http://www.adaccv.org).

2.



**Mission**

The mission of the Alcohol & Drug Abuse Council for the Concho Valley is to save lives and create healthier communities.

**Vision**

The vision of the Alcohol & Drug Abuse Council for the Concho Valley (ADACCV) is to be an effective and dynamic force in the prevention of human degradation, the loss of human dignity and the ultimate loss of life caused by substance abuse and addiction in our community.

**About Us**

ADACCV is a 501 (c) 3 non-profit agency in San Angelo, Texas. ADACCV has been promoting wellness and recovery for over 55 years and has assisted countless individuals to live their lives free from the grip and dangers of alcohol and drugs.

We are licensed by the Health & Human Services Commission (HHSC) to provide outpatient and intensive residential substance abuse treatment for adult men and women, including pregnant women and women with children. Our target population includes homeless and indigent persons who may otherwise be unable to access alcohol and substance abuse treatment through private or personal means. We also provide dynamic prevention, education, intervention, outreach, screening, assessment and referral programs that provide information, support, and direct assistance to members of our community. Our programs are designed to minimize the prevalence and negative effects of drugs, alcohol, tobacco, substance abuse and addiction primarily in our 13 county Concho Valley "community". However, our treatment programs are available for any eligible resident of the State of Texas.

We are committed to ensuring that our crucial programs and services are accessible to those in need and that they remain available for future generations. We encourage any person who is directly or indirectly suffering from the affects or problems associated with alcohol and drug abuse or addiction to contact our offices for a free and completely confidential assessment and assistance.



**Board of Directors**



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3.

## ADACCV Facilities



### The Cotton Lindsey Center

ADACCV's Cotton Lindsey Center is located at 3553 Houston Harte. It houses the administration team, prevention team, and outpatient treatment program. The outpatient treatment program can accommodate up to 16 clients per counselor. The program consists of a six-month outpatient curriculum involving relapse prevention and education with individual and group counseling sessions. Individual treatment plans are developed, reviewed and adjusted on an individual basis. The program's goals include helping clients achieve successful recovery while maintaining their employment, family support and social participation and involvement in the client's treatment and recovery process.

### Sara's House

The intensive residential treatment programs for indigent women, including pregnant women and women with children takes place at Sara's House, located at 401 W. Twohig. This program can accommodate up to 12 women and their children up to 5 ½ years of age. ADACCV's Sara's House is one of very few in Texas that allows mothers to bring their children.

An on-site children's program is provided to meet the special needs of the children while their mothers attend classes and counseling sessions. This program is designed to address specific women's issues on the path to recovery. Sara's House actively encourages family participation and involvement in the client's treatment and recovery process.

### Williams House

ADACCV's intensive residential treatment program for adult males takes place at Williams House,

located at 314 W. College St. This program can accommodate up to 16 clients.

The program includes individual and group counseling; a focus on personal and social adjustment skills; and includes Texas Christian University mapping, substance use treatment curriculum, relapse prevention training and life skills education. Williams House actively encourages family participation and involvement in the client's treatment and recovery process.

### Open Soon:

### The Journey Recovery Center

ADACCV and its Board of Directors have developed a viable treatment expansion plan, called the Journey Recovery Center, which will be located at the 3200 block of US 277 North, near the Roy K. Robb Facility, in northern San Angelo. This 20,000+ square foot facility is a consolidation of ADACCV's Williams House and Sara's House treatment facilities, with the addition of a much-needed indigent residential detoxification program.

The new detox program will serve for up to twelve clients and will be the only indigent detox in the Concho Valley.

The Journey Recovery Center will double the residential treatment capacity by providing thirty male residential treatment beds and eighteen female residential treatment beds (and continue to allow children 5 ½ years and younger to reside with their mother), all while continuing to prioritize providing services for the indigent population. Williams House, ADACCV men's residential treatment program, can only accommodate up to sixteen men. Sara's House, the women's residential treatment program, can only accommodate up to twelve women and their children. The Journey Recovery Center is a

4. much needed, highly anticipated health resource addition to the Concho Valley.

Detox is a crucial healthcare component and continues to be the major gap for hundreds in ADACCV's target population. Detox helps stabilize clients and allows them safely and comfortably remove the toxins from their body. When detox services are available for those in need, clients are better engaged and more successful in maintaining recovery. A healthy community is one with a stable workforce, a low crime rate, and safe, nurtured children. When drug addiction is introduced into the community, treatment programs like ADACCV are necessary to help people find recovery so that they can be productive again. Research completed by the National Institute on Drug Abuse (NIDA) further explains, "According to several conservative estimates, every dollar invested in addiction treatment programs yield a return of between \$4 and \$7 in reduced drug-related crime, criminal justice costs, and theft. When savings related to healthcare are included, total savings can exceed costs by a ratio of 12 to Major savings to the individual and to society also stem from fewer interpersonal conflicts; greater workplace productivity; and fewer drug-related accidents, including overdoses and deaths."

In FY 2019, ADACCV served 477 clients at Williams House, Sara's House and at the Cotton Lindsey Center where our outpatient services

are held. ADACCV has seen a steady increase in the number of people seeking out services with our agency, with the vast number of those served living in Tom Green County. ADACCV has treated 3690 clients since 2011, 2267 of those from Tom Green County. Because of limited space in our current treatment facilities, we often have "wait list" of clients wanting treatment. The list also includes those that we cannot treat because they need detox services before residential treatment. ADACCV Anticipates serving 400 clients a year in our detox program, with most of those clients then transitioning to our residential treatment program, which will be able to accommodate approximately 800 clients per year. ADACCV estimates that 1200 clients will be served each year at the Journey Recovery Center. This impact will have ripple effects in the lives of the families of the clients and in the communities where they live.

Once services are consolidated at one location, ADACCV will convert Sara's House and Williams House into drug-free transitional housing for clients who successfully complete treatment. The drug-free transitional housing will utilize a "house manager" position who will be a person in long-term recovery that can responsibly enforce facility rules and policies. Tenants will pay rent, which will generate additional revenue to cover facility maintenance and upkeep and also provide operating revenue for ADACCV.





5.

## Treatment Programs

ADACCV is licensed by Texas Health and Human Services (HHSC) to provide intensive residential and outpatient substance abuse treatment for men and women, including pregnant women and women with children. ADACCV’s primary target population includes indigent persons who may otherwise be unable to access treatment for substance use disorders through private or personal means. ADACCV is San Angelo’s only long-term, non-criminal justice treatment facility for the indigent and uninsured. ADACCV treatment programs are available for any eligible resident of the State of Texas.

Counties served, along with the number of clients served from those counties are listed below. Counties highlighted are Concho Valley Counties.

## ADACCV Treatment Programs: Data at a Glance

### *Counties served in FY 2019*

ARCHER	3
ATASCOSA	1
BAILEY	1
BELL	2
BEXAR	5
BROWN	5
BURNET	2
CALLAHAN	1
COKE	1
COLEMAN	2
COMAL	2
CONCHO	1
CROCKETT	4
CROSBY	1
DALLAS	3
DAWSON	1
DEAF	7
DENTON	1
EASTLAND	1
ECTOR	9
EDWARDS	1
FLOYD	1
GARZA	1
GILLESPIE	2

GUADALUPE	3
HARDEMAN	2
HARRIS	1
HARRISON	1
HASKELL	3
HIDALGO	1
HOCKLEY	3
HOWARD	11
JONES	10
KAUFMAN	1
KENDALL	1
KERR	5
KIMBLE	2
LAVACA	1
LIBERTY	1
LUBBOCK	3
MARTIN	3
MCCULLOCH	6
MEDINA	1
MENARD	7
MIDLAND	9
MITCHELL	2
MONTAGUE	1
NOLAN	4

NUECES	4
POLK	1
POTTER	1
REEVES	1
RUNNELS	5
SAN PATRICO	1
SCHLEICHER	2
SCURRY	12
SHACKELFORD	6
STEPHENS	1
STERLING	1
SUTTON	2
TARRANT	2
TAYLOR	19
TOM GREEN	244
TRAVIS	7
VAL VERDE	1
VAN ZANDT	1
WARD	1
WICHITA	18
WILLIAMSON	2
YOUNG	2

# ADACCV FY19 Treatment Programs: Data at a Glance

## Number of clients served in Residential & Outpatient Treatment

- 477 clients in FY19

## Residential Programs- 324 total

- Male 187
- Female 137 total
  - Specialized Female 106
  - Female 31

## Outpatient Program- 153 total

- Male 65
- Female 88 total
  - Specialized female 76
  - Female 12

## Ethnicity of clients in all Treatment Programs

- American Indian/Alaskan 1%
- Black/African American 4%
- Asian 1%
- Hawaiian/Pacific Islander 1%
- White/Hispanic or Latino 33%
- White/Not Hispanic or Latino 60%

## Age of clients in all Treatment Programs

- Men
  - 18-21 years old 32%
  - 30-49 years old 51%
  - 50+ years 17%
- Women
  - 18-21 years old 41%
  - 30-49 years old 53%
  - 50+ years 6%

## Drug of Choice- Men in Residential Treatment

**ALCOHOL- 25%**  
**COCAINE- 2%**  
**CRACK- 3%**  
**HEROIN-4%**  
**MARIJUANA-12%**  
**METHAMPHETAMINE-52%**  
**OPIATES-2%**

## Drug of Choice- Women in Residential Treatment

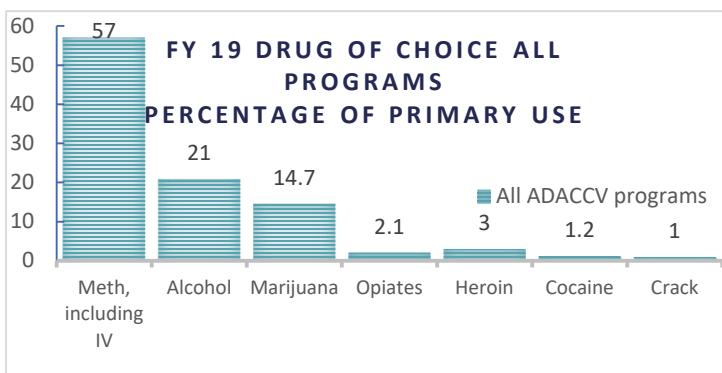
**ALCOHOL-7 %**  
**COCAINE- 2%**  
**HEROIN- 2%**  
**MARIJUANA-10%**  
**METHAMPHETAMINE-73%**  
**HEROIN- 2%**  
**OPIATES-6%**

## Drug of Choice- Men in Outpatient

**ALCOHOL- 37%**  
**HEROIN-5%**  
**MARIJUANA-18%**  
**METHAMPHETAMINE-37%**  
**OPIATES-3%**

## Drug of Choice- Women in Outpatient

**ALCOHOL- 15%**  
**AMPHETAMINE- 4%**  
**COCAINE- 1%**  
**CRACK- 3%**  
**HEROIN-2%**  
**MARIJUANA-9%**  
**METHAMPHETAMINE-65%**  
**OPIATES-1%**



## Drugs in the Concho Valley



### Methamphetamine and Amphetamine

Methamphetamine and amphetamine are highly addictive stimulants and according to the Substance Abuse Trends in Texas report (SATIT 2018), and remains the major drug threat, according to have of the 18 DEA offices in Texas. Methamphetamine is the #1 drug threat ranked by the Dallas, El Paso, and Houston DEA Field Divisions. Methamphetamine admissions to treatment programs increased from 3% of all admissions in 1995 to 11% in 2007, dropped to 8% in 2009, and then rose to 17% of admissions in 2017 across Texas, according to the SATIT report. The National Institute on Drug Abuse (NIDA) explains how the drug hijacks the brain, "Methamphetamine increases the amount of the neurotransmitter dopamine, leading to high levels of that chemical in the brain. Dopamine is involved in reward, motivation, the experience of pleasure, and motor function. Methamphetamine's ability to release dopamine rapidly in reward regions of the brain produces the euphoric "rush" or "flash" that many users experience." Seeking that rush creates compulsive use and leads to addiction. Methamphetamine addiction is the number one reported drug of choice in ADACCV's treatment programs, accounting for 60% of admissions.

### Alcohol

Alcohol remains a primary drug of misuse in Texas, according to the "Substance Abuse Trends in Texas: Aug 2017" (SATIT), a report compiled by Jane Maxwell, PH.D., from the University of Texas Center for Social & Behavioral Research. This report also cites that in 2016, 25 percent of all clients admitted to publicly funded treatment programs had a primary problem with alcohol. ADACCV's client data shows alcohol as the number two reason for all treatment program admissions, with 19% of all admissions.

The National Institute on Alcohol Abuse and Alcoholism (NIAAA) finds that an estimated 16 million people in the United States have an Alcohol Use Disorder (AUD). Approximately 6 percent or 15 million adults in the United States ages 18 and older had AUD in 2018. This includes 9.8 million men and 5.3 million women. Adolescents can be diagnosed with AUD as well, and in 2017, an estimated 623,000 adolescents ages 12–17 had AUD. 16.0 million adults ages 18 and older and an estimated 697,000 adolescents ages 12–17 had an Alcohol Use Disorder (AUD). In 2016, 24.6 percent of people ages 18 or older reported that they engaged in binge drinking in the past month; 6.8 percent reported that they engaged in heavy drinking in the past month.

The NIAAA identifies binge drinking as four or more drinks per a two-hour sitting for women and five or more drinks per a two-hour sitting for men.

### Marijuana

The most recent SATIT report (2018) that marijuana is ranked a threat by Texas DEA offices because of the trafficking in and across Texas, not only north-south but east-west. Seizures at the Texas-Mexico border are down 125% since 2014, but there is more domestic indoor and outdoor growing as well as more supply from states where the drug is legal or decriminalized. Due to societal pressures, marijuana can be one of the hardest substances to give up. The increasing social acceptance of marijuana contributes to this in the same way it contributes to alcoholics not wanting to quit. Most people with an addiction don't feel they have a problem and those around them may not see it as a problem either. However, there are many people who use marijuana on a daily basis and have all the traditional symptoms of an addict. These are people who cannot control their use no matter the consequences. 12% of Clients in ADACCV's treatment programs were admitted for marijuana addictions.

### Heroin

Heroin, while always present, has seen a resurgence in the last few years. According to the SATIT report (2017), heroin use is growing among teenagers and young adults. Heroin is a serious concern and the primary types in Texas are Mexican black tar and powdered brown, which is black tar turned into a powder by combining it with diphenhydramine or other ingredients. 3% of ADACCV clients listed heroin, opiates or methadone as their primary drug of choice, up from 2.1% the previous year. NIDA describes heroin as "an opioid drug that is synthesized from morphine, a naturally occurring substance extracted from the seed pod of the Asian opium poppy plant." Similar to heroin, opiates also include opiate-based prescription pain reliever misuse such as Hydrocodone, Lortab, Oxycodone, OxyContin and others.

### Cocaine and Crack Cocaine

Cocaine is ranked the #2-#3 threat by the DEA Field Divisions, according to the SATIT. NIDA defines cocaine as "a powerfully addictive stimulant drug made from the leaves of the coca plant native to South America. It produces short-term euphoria, energy, and talkativeness in addition to potentially dangerous physical effects like raising heart rate and blood



pressure.” Crack is also cocaine but they are prepared and used differently. Cocaine is known as the powdered form of the drug that is normally snorted through the nasal cavity or mixed with water and injected. Crack cocaine has been processed to make a rock crystal (also called “freebase cocaine”) that can be smoked. The crystal is heated to produce vapors that are absorbed into the blood-stream through the lungs. (The term “crack” refers to the crackling sound produced by the rock as it is heated.) The SATIT report finds the following, “Cocaine (both crack and powder) represented 10 percent of all admissions to DSHS-funded treatment programs in 2014, down from 35 percent in 1995”. Crack and Cocaine accounted for 4% of ADACCV's admissions in the last fiscal year (2% for each drug).

### **Opiates**

Prescribed Pharmaceuticals, benzodiazepines, hydrocodone, and muscle relaxants remain problematic. Compared to other NDEWS sites, the number of fentanyl items seized and identified is increasing, but the number of cases involving heroin and fentanyl in combination is low, while the number of cases involving fentanyl and other opiates is high. The recent increase in the number of tramadol cases involved with other opiates is also a concern. SATIT explains the following regarding opioids, “The “other opioids” group excludes heroin but includes drugs such as methadone; codeine; hydrocodone (Vicodin®, Tussionex®); oxycodone (morphine; meperidine (Demerol®); tramadol ; and opium. The term “synthetic narcotic” refers to drugs such as fentanyl and dilaudid that are not made from natural materials but from chemicals.” The Centers for Disease Control and Prevention (CDC) shows that “In 2010, nearly 60 percent of the drug overdose deaths (22,134) involved pharmaceutical drugs. Opioid analgesics, such as oxycodone, hydrocodone, and methadone, were involved in about 3 of every 4 pharmaceutical overdose deaths (16,651), confirming the predominant role opioid analgesics play in drug overdose deaths.” The SATIT report finds that nine percent of all clients who entered publicly funded treatment during 2014 had a primary problem with opioids other than heroin, compared with 1 percent in 1995. 2% ADACCV Clients reported opiates as their drug of choice.

### **Crime Data**

On August 2, 2018 an “On Hand” count of people being held at the Texas Department of Criminal Justice (TDCJ) was conducted for people incarcerated for Driving While Intoxicated (DWI) and drug offenses (including both

delivery and possession charges) for Region 9. Region 9 includes all of the counties of the Concho Valley that the United Way covers, with the exception of Runnels County. The “On Hand” count showed 89 DWI incarcerations and 376 drug related offense incarcerations. This shows, at a glance, the scope of the drug and alcohol use in our community.

The alcohol-induced death rate for Texas from 1999-2017 was 6.3, or 6.3 deaths per 100,000. Tom Green County's alcohol-induced death rate during the same time period was 7.2, higher than the state average. The drug-induced death rate for Texas from 1999-2017 was 9.4 per 100,000, with Tom Green County reporting 11.6 deaths per 100,000.

The Uniform Crime Reporting (UCR) Bureau provides biennial Texas crime rate data. The crime rate is defined as the number of crimes committed per 100,000 population. For the most recent reporting year, 2018, The Texas Crime Rate was 3,182.7 crimes per 100,000 population, which was a 1.4% decrease from the previous reporting period. In San Angelo, the only city in the Concho Valley with a population over 100,000, the San Angelo Police Department reported a 21% increase in crime over 2015, reported in FY17. Categories that were included in this increase included murder, rape, robbery, aggravated assault, burglary, larceny, and vehicle theft. According to crime statistics data compiled by the Tom Green County Sheriff's Department, there were in excess of 1300 residential/building burglaries between January 1, 2016 and July 30, 2018. Although some of these crimes may not be drug related, there is a significant correlation between burglaries and drug activity.

Between January 1, 2016 and July 30, 2017 there were 43 driving under the influence (DUI) charges for minors, 78 Driving While Intoxicated (DWI) charges and 1,059 Narcotic Offenses, up from 608- just in Tom Green County alone. Research completed by the National Institute on Drug Abuse (NIDA) further explains, “It is estimated that for every dollar spent on addiction treatment programs, there is a \$4 to \$7 reduction in the cost of drug-related crimes.” Drug treatment is an effective way to reduce crime and therefore, a worthwhile investment.

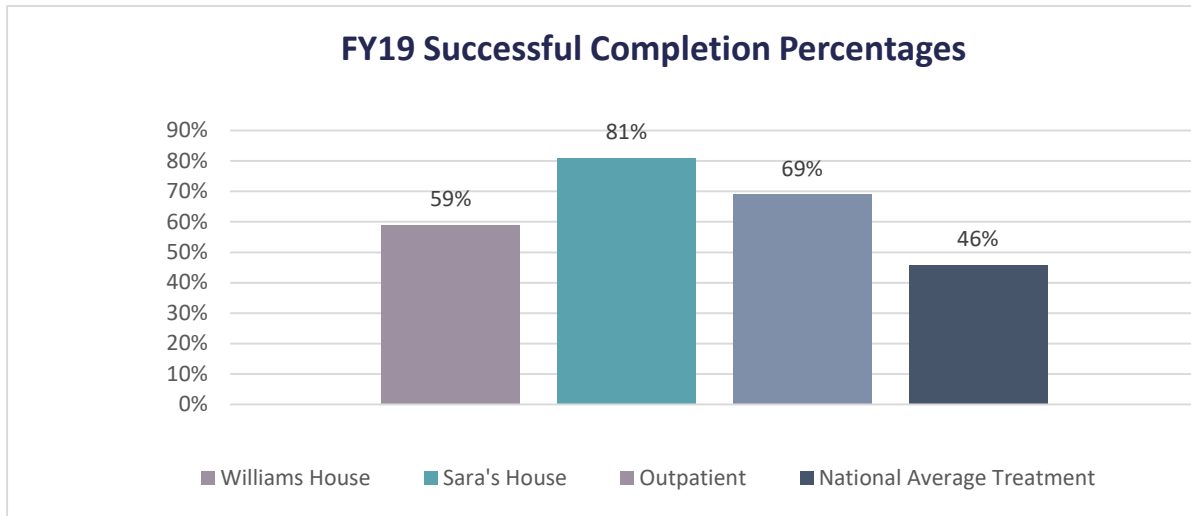
The Department of Justice's National Drug Intelligence Center (NDIC) notes that illicit drug use impacts three major domains: crime, health and productivity and finds “[it is] on par with other serious chronic health problems in the United States.



9.

## Successful Completions

To achieve a successful recovery program, clients must gain an effective understanding of the underlying causes of drug use specific to their individual lives, which may include traumatic experiences as well as being knowledgeable of their exposure to environmental includes and experiences. According to the Substance Abuse and Mental Health Services Administration’s (SAMHSA) Treatment Episode Data Set (TEDS) 2009 National Discharges from Substance Abuse Treatment Services report, 46% of long-term residential treatment clients successfully completed their program and 42% of outpatient treatment clients completed their program. The Alcohol & Drug Abuse Council for the Concho Valley aspires to have higher completion rates than national averages. ADACCV successful completion rates for the Outpatient program were 69%. Successful completions for the Sara’s House Program were 81%, and successful completions for the Williams House Program were 59%.



## What Our Clients Say

The best part of this program is getting to know that I am not the only one who is going through this and that there are still people that care. ~Sara’s House Client

This has been a house of miracles for me. I want to thank all who was involved in my recovery. You run a great program! ~Williams House Client

ADACCV is helping me a lot especially from the 12 steps. My sobriety lets me see more clearly. ~Sara’s House Client

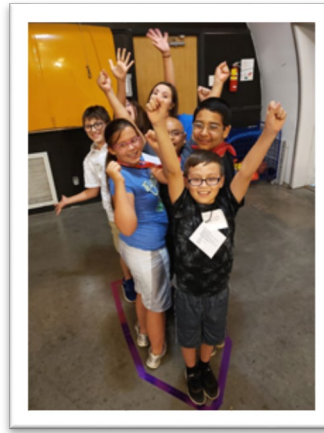
I’m blessed to be among everyone here and have people that care. ~Williams House Client

Thank you so much for allowing me to be a part of the program, it has been a positive experience for me. ~Sara’s House Client

I have really learned a lot from this program. I went in thinking I knew everything but had an open mind and learned a lot. ~Williams House Client

10.

## Prevention Programs



### HHSC Prevention Program FY2019 Annual Report

**Annual Funding Level:** \$359,582.00

**Programs Funded:**

Youth Prevention Selective (YPS) – ages 6-12, Curriculum: Kids Connection

Youth Prevention Selective (YPS) – ages 12-17, Curriculum: Youth Connection

Youth Prevention Indicated (YPI) – ages 14-17, Curriculum: Project Towards No Drug Abuse

The Alcohol & Drug Abuse Council for the Concho Valley is funded to provide two types of prevention interventions, as defined by Substance Abuse and Mental Health Administration (SAMHSA):

**Selective preventive interventions** target “individuals or a population sub-group whose risk of developing substance abuse disorders is significantly higher than average”, prior to the diagnosis of a disorder (O'Connell, 2009). Selective interventions target biological, psychological, or social risk factors that are more prominent among high-risk groups than among the wider population.

**Indicated preventive interventions** target “high-risk individuals who are identified as having minimal but detectable signs or symptoms foreshadowing mental, emotional, or behavioral disorder” prior to the diagnosis of a disorder (IOM, 2009). Interventions focus on the immediate risk and protective factors present in the environments surrounding individuals.

**Prevention Education – Curriculum Services**

**YPS –Kids & Youth Connection:** series of 10 lessons taught in classroom 1-2 times per week in grades 1<sup>st</sup> – 12<sup>th</sup>

**Annual Goal:** 550 different students within our 13 county catchment

**Actual number** of youth reached with curriculum services: 511 students

**Successful Completion:** 91% of students who completed the program completed successfully

**YPI – PTND:** series of 12 lessons done in 4-6 weeks with selected high-risk youth ages 14-17

**Annual Goal:** 320 different youth within our 13 county catchment

**Actual number** of youth reached with curriculum services: 86 Students

**Successful Completion:** 89% of students who completed the program completed successfully.

11.



**Alternative Activities and Presentations**

Activities here include pro-social activities with a hands-on learning element and health/community fairs. Some examples from FY18 are: Red Ribbon Week, Community Picnics and Back to School Fairs, Job Start, Children’s Fair, site-based programs for community centers, organizations, and schools, Fatal Vision Course, Hidden in Plain Sight, and Workplace education programs. Prevention Specialists are also responsible for facilitating Tobacco Alternative Activities and presentations for each target population. Some tobacco specific projects include the Great American Smoke-out, Kick Butts Day, Pig Lung demonstrations, Drugs in the Workplace, and other specified presentations.

**Total Youth Served:** 13,740 youth between the ages of 6 and 17 within our 13 county catchment participated in prevention services, including alternative activities or presentations on tobacco and/or other drugs, receiving information, or attending prevention education between September 1, 2018 – August 31, 2019.

**Total Adults Served:** 5655 adults (18 and over) within the 13 county catchment participated prevention services, including alternative activities or presentations on tobacco and/or other drugs, receiving information, or attending prevention education between September 1, 2018 – August 31, 2019.

**YOUTH**

Strategy	YPS			YPI		
	Actual	Goal	%	Actual	Goal	%
Alternative Activities	2923	905	323%	278	435	64%
Tobacco Alternative Activities	964	565	171%	160	170	94%
Tobacco Presentations	2584	710	364%	241	205	118%

**ADULTS**

Strategy	YPS			YPI		
	Actual	Goal	%	Actual	Goal	%
Alternative Activities	1419	410	346%	207	215	96%
Tobacco Alternative Activities	190	240	42%	135	185	73%
Tobacco Presentations	410	315	130%	327	170	192%

12.



## Prevention Programs

**Total Number of Presentations:** A total of 249 presentations for youth and/or adults were provided within the 13 county catchment between September 1, 2018 – August 31, 2019. Presentations focused on one of the following topics: Tobacco, Prescription Drugs, Alcohol, Marijuana, or other Drugs.

### ADULT AND YOUTH PRESENTATIONS

Strategy	YPS			YPI		
	Actual	Goal	%	Actual	Goal	%
Alcohol & Other Drugs	55	75	110%	69	50	96%
Minors & Tobacco	42	80	84%	83	50	104%

### Indicated Services/Prevention Counseling (YPI only)

Individualized prevention counseling services and referrals are made for high-risk youth ages 14-17 referred to the prevention program through various outside agencies. Using a brief assessment tool the assigned Prevention Specialist determines whether prevention education and counseling will address needs discovered or whether a specialized referral needs to be made.

**Youth in counseling:** 68 received individualized counseling sessions (annual goal: 256)

**Youth Referred:** 13 were referred for additional or other services (annual goal: 45)

### Special Projects

**Prescription Drug Take Back** – Twice a year ADACCV Prevention collects expired and unused prescription and over the counter medications. The Take Backs serve as a way to reduce accessibility of substances. In the last 3.5 years the coalition has collected over 150 lbs. of medication.

**Trunk or Treat** – Each year the coalition partners with community agencies to host a free community Trunk or Treat at Martin Luther King Jr. Park. The event continues to grow in attendance, over 400 community members attended last year’s event.

**Summer Leadership Camp** – Each year ADACCV Prevention hosts a free Summer Leadership Camp. The camp focuses on kids who are transitioning from elementary to middle school. This year over 25 youth participated in the Summer Leadership Camp.



**Prom Pledge** – ADACCV Prevention has partnered with the student council members of local high schools to host a prom pledge. During this time, the student council members create a campaign to encourage their peers to remain alcohol-free during their prom. This year students hosted a press conference to spread the word about their campaigns.

**Hidden in Plain Sight** – ADACCV Prevention hosts a program called Hidden in Plain Sight (HIPS). HIPS is a free community project to help educate parents on possible signs of drug and alcohol abuse by teens. The Coalition replicates a teenager’s bedroom and allows parents to “snoop” around and find possible indicators of drug use and hiding spots. ADACCV has implemented this project throughout the Concho Valley.



## Prevention Programs

### Rural Communities Opioid Response Program

Annual Funding Level: \$200,000

Project Length: June 1, 2019 – May 31, 2020

The Rural Communities Opioid Response Program (RCORP) is administered by ADACCV and the Concho Valley Consortium (CVC). The goal of the CVC is to undertake the planning and capacity-building goals and objectives to support prevention, treatment and recovery for opioid use disorder (OUD) in high-risk rural counties within the Concho Valley. This goal will be achieved by strengthening the organizational and infrastructural capacity of the multi-sector consortium to address prevention, treatment and recovery needs.

The CVC will conduct a detailed analysis to identify opportunities and gaps in the needs of OUD prevention, treatment and recovery in the Concho Valley rural service area. Based on the conducted analysis, the consortium will develop a comprehensive strategic plan to address the discovered gaps in OUD. Following these goals, consortium members will create a sustainability plan



that identifies strategies for sustaining the consortium, and operationalizing the activities proposed in the strategic and workforce plans. As an additional activity, the consortium plans to enhance individual, caregiver and community education by educating them on the risks and side effects of prescription and illicit opioids, and how to properly administer naloxone.

The Concho Valley consortium is focused on the long-term strategies and goals to address the needs specific to our rural geographic area. This project period will allow the consortium a great opportunity to plan for strategies that can be successfully implemented after the one-year award period has ended. The goal of the consortium is to plan and build capacity in order to implement sustainable efforts in the Concho Valley to reduce the morbidity and mortality associated with OUD. For more information about this initiative, go to [www.adaccv.org](http://www.adaccv.org).

## Program Development

Fiscal Year 2019 saw many exciting projects and events in Program Development, however the most notable was the construction completion of the Journey Recovery Center. The Journey Recovery Center is ADACCV's life saving expansion project to bring additional substance use disorder treatment services, including Detox to the Concho Valley. Construction on the Journey Recovery Center was completed in October, 2019. With the help and financial support from donors all over the Concho Valley and Charitable Foundations, ADACCV was able to exceed their goal of \$6 million for the construction of the Journey Recovery Center!

#### Additional fundraisers and events in FY 19 included:

**20/20 Vision Club-** Donors commit to giving \$20.00 a month for 20 months.

**Brick Paver Sales-** Donors purchase a personalized brick paver to be placed at the Journey Recovery Center.

**1000 Partner Club-** Donations of \$1000 for the Journey Recovery Center

**Journey Recovery Center Room Sponsorship-** Donors contribute \$50 toward the decoration of client rooms

**San Angelo Gives-** a 24-hour, online giving event that connects the Concho Valley with community nonprofits to reinforce the value of both local philanthropic giving and community engagement.

**Annual Let it GO! Recovery Rally & Run-** 1mile & 5k run and Recovery Rally with a speaker to commemorate National Recovery Month.

**Annual Have a Heart for ADACCV e-auction-** Sweet treats and gift baskets auctioned to the highest bidder just in time for Valentine's Day.

For more information about our fundraisers and events, go to [www.adaccv.org](http://www.adaccv.org) or call Paulette Schell at 325-224-3481

# Bookkeeping

FY2019 Detail of Proceeds from Fundraising Events, Grants & Misc. Sources of Revenue

Source of Revenues	Receipts	Cost	Proceeds
Let It Go! 2018	\$18,859.00	-\$5,472.55	\$13,386.45
Have A Heart for ADACCV	\$2,500.00	-\$625.84	\$1,874.16
Community Education	\$4,580.00	-\$1,379.36	\$3,200.64
Various Sources			
Employee Social Fund	\$1,375.00	-\$1,721.16	-\$346.16
Recycling	\$150.25		\$150.25
Board Lunch Donations	\$301.00		\$301.00
Jeans Thursday	\$1,531.50		\$1,531.50
Vending	\$1,988.78	-\$638.38	\$1,350.40
Grants & Corporate Donations			
San Angelo Health Foundation (Seasonal)	\$1,500.00		\$1,500.00
Detox Expansion Capital Campaign (JRC)	\$725,863.40		\$725,863.40
Irion County Donations (JRC)	\$1,000.00		\$1,000.00
Kimble County Donations (JRC)	\$1,000.00		\$1,000.00
Mason County Donations (JRC)	\$1,000.00		\$1,000.00
Reagan County Donations (JRC)	\$1,000.00		\$1,000.00
Schleicher County Donations (JRC)	\$1,000.00		\$1,000.00
Tom Green Co. Commissioners Court	\$12,750.00		\$12,750.00
United Way of the Concho Valley	\$65,323.90		\$65,323.90
<b>Total Receipts, Costs &amp; Proceeds</b>	<b>\$841,722.83</b>	<b>-\$9,837.29</b>	<b>\$831,885.54</b>



Operating Revenue/Expense

Revenue

	Sep '16 - Aug 17	Sep '17 - Aug 18	Sep '18 - Aug 19	TOTAL
Medicaid TMHP	0.00	770.09	871.03	1,641.12
Self-Pay Client Revenue	11,584.04	31,818.59	8,972.71	52,375.34
Alloc by Fed Fundraising Orgs	66,150.22	69,714.43	65,311.40	201,176.05
Other Program Service Sales	2,740.00	4,745.00	4,485.00	11,970.00
Interest On Savings	905.85	904.96	3,320.94	5,131.75
Miscellaneous Revenue	-473.99	1,990.72	2,133.77	3,650.50
Grants from Govt Agencies	16,274.00	15,793.00	15,478.00	47,545.00
From Affiliated Organizations	787.05	8,369.80	0.00	9,156.85
From Board Members	176.00	679.00	521.00	1,376.00
From Indiv & Small Businesses	14,790.03	22,787.49	16,032.18	53,609.70
HHSC Contract	1,271,135.19	1,291,395.99	1,374,385.67	3,936,916.85
Scurry County CSCD	93,075.00	59,075.00	68,425.00	220,575.00
HRSA - RCORP	0.00	0.00	22,976.55	22,976.55
Gross Sales to Public Non Prog	844.68	236.28	775.63	1,856.59
Other Revenue	7,404.89	17,254.62	10,456.92	35,116.43
Donated Other Services R	5,579.74	17,828.71	5,252.67	28,661.12
Due From Other Funds	0.00	0.00	0.00	0.00
SAMHSA DFC	117,803.27	121,796.67	15,947.84	255,547.78
<b>Total Revenues</b>	<b>1,608,775.97</b>	<b>1,665,160.35</b>	<b>1,615,346.31</b>	<b>4,889,282.63</b>

Expense

Bad Debt Expense	0.00	2,073.20	0.00	2,073.20
Equipment Rental & Maintenance	10,310.14	10,326.70	7,849.62	28,486.46
Awards & Gifts to Individuals	21,173.33	15,857.43	23,287.91	60,318.67
Payroll Expenses	1,273,528.91	1,207,170.66	1,249,512.11	3,730,211.68
Workers Compensation	8,771.12	7,035.41	6,969.84	22,776.37
Professional Services	42,036.30	37,901.85	34,043.22	113,981.37
Supplies	93,317.97	95,146.64	92,879.98	281,344.59
Telephone	16,663.86	16,813.21	17,437.89	50,914.96
Postage and Shipping	1,186.72	1,401.78	1,028.22	3,616.72
Mailing Services	0.00	0.00	0.00	0.00
Utilities and Occupancy	53,445.55	63,773.11	56,619.22	173,837.88
Travel	50,352.43	52,308.53	41,490.25	144,151.21
Conference Convention Meeting	10,850.21	7,274.82	6,363.80	24,488.83
Interest-general	241.08	495.93	-1,187.00	-449.99
Insurance - Prop Liab Auto	26,357.64	27,201.40	27,508.08	81,067.12
Membership Dues	765.00	755.00	355.00	1,875.00
Licenses & Fees	12,175.62	13,015.82	22,005.00	47,196.44
Staff Recruitment	357.00	3,097.88	929.00	4,383.88
Fund-raising Expenses	4,986.52	4,418.20	1,674.21	11,078.93
Other expenses	0.00	0.00	219.36	219.36
Medical Fees - Clients	11,155.42	14,730.99	15,467.18	41,353.59
Donated Other Services	0.00	12,075.00	0.00	12,075.00
Grants to other organizations	250.00	649.00	652.35	1,551.35
Gain/Loss from Sale of Asset	24.75	0.00	17.12	41.87
<b>Total Expenses</b>	<b>1,637,949.57</b>	<b>1,593,522.56</b>	<b>1,605,122.36</b>	<b>4,836,594.49</b>
<b>Net Operating Revenues Over (Under) Expenses</b>	<b>-29,173.60</b>	<b>71,637.79</b>	<b>10,223.95</b>	<b>52,688.14</b>



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**The Alcohol & Drug Abuse Council for the Concho Valley**

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**[www.adaccv.org](http://www.adaccv.org)**



ADACCV is a proud United Way agency