Welcome, Parents!
Plant the Seed is a nonprofit that works with schools to provide experiential environmental education through garden-based lessons to educate and empower children throughout Nashville. We utilize gardens as outdoor classrooms to build cultural connections, advance economic justice and improve the overall health and well-being of our community. We envision a food-secure Nashville, where young people--in particular--have regular access to fresh, local, culturally-relevant foods.

Plant the Seed has partnered with Metro Nashville Public Schools Department of Early Learning Innovation to integrate original garden-based curriculum into the school day at your child’s preschool (Bordeaux, Casa Azafran and Ross Early Learning Centers) by facilitating garden lessons connected to classroom curriculum. We are excited to grow with your child this year!

Students involved in Plant the Seed’s programming have the opportunity for hands-on education as they save seeds, plant, tend, harvest and taste food grown right on their school grounds. They gain science skills in every lesson; a few examples include:

- learning about the composition of soil;
- naming plant parts by growing radishes;
- recalling the stages of monarch butterfly metamorphosis;
- experimenting with chemistry as they prepare food grown with their own hands.

Plant the Seed lessons reinforce literacy skills, as we match garden lessons with children’s books about everything from designing a growing space to cooking for cultural holidays with families. The garden is also a great space to teach and practice new vocabulary, as students learn terms like decomposition, chrysalis, germination and more. Your child will gain self-confidence, as they see what they plant and care for become tasty food. Studies have shown that children who plant healthy foods are twice as likely to eat them and continue to make healthy choices in the future. Our garden education also connects young people to something bigger than themselves. We believe this integrative approach to education will prepare your child to be an informed, engaged and active member of their community.

Plant the Seed welcomes family volunteers and visitors in our school gardens. To find out how you and your child can get involved, contact Plant the Seed at Bordeaux: megan@planttheseed.org or Casa Azafran and Ross at liz@planttheseed.org or visit our Facebook page at https://www.facebook.com/planttheseed.