



# Cockrill Cougars Can!

## Family Night

Thursday, February 9  
5:30 p.m.  
PreK - 2nd Grade



The Nashville Public Library Puppet Truck Presents:

### Ali Baba and the Forty Thieves

Join us for a 30-40 minute puppet show, which includes a question and answer set after the show.

**Food donated by Chick-Fil-A.**

Please **RSVP** at the front office.  
Only immediate family is invited.



4701 Indiana Ave.  
Nashville, TN 37209  
**Phone:** 615.298.8075  
**Fax:** 615.783.2806  
**Principal:** Susan Cochrane

## Nashville Opera

**We are excited to  
welcome the Nashville  
Opera to Cockrill  
Elementary School! It's  
going to be a great show!**

February 24  
9:00 a.m.



## Teacher Spotlight: Christy Birk

I grew up in Monroe, Ohio. I am a graduate of the University of Kentucky (Bachelor in Social Work), Trevecca University (Teaching License), and Cumberland University (Masters in Education). I have lived in ten different states. I have two daughters. Amanda lives here in Nashville and works for the Tennessee Titans organization. Rebecca and her husband both work for Hilton Hotel Corporation. They live in San Antonio, but plan to move back here this summer. I have been teaching here at Cockrill for 20 years. I have truly enjoyed working with such extremely dedicated and talented colleagues.



# Pre-K Corner



Kindergarten registration week is right around the corner. Starting March 6 - 10, you can register your child for Kindergarten for the 2017-18 school year. The process to register for Kindergarten is similar to the Pre-K application process. Be on the lookout for more information about Kindergarten registration. MNPS.org will be a helpful resource for you as you consider the different locations you can go to register. If you have any questions, please contact Lindy Matthews, your Family Involvement Specialist. She is more than happy to help you navigate the registration steps. Her email is [lindy.matthews@mnps.org](mailto:lindy.matthews@mnps.org). If she is not at Cockrill, leave a message with the front office, and she will get back to you.



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## Nurse Tidbits

### What are the benefits of flu vaccination?

According to the CDC, there are many benefits of getting vaccinated for the flu each season:

- Flu vaccination can keep you from getting sick with flu.
- Flu vaccination can reduce the risk of flu-associated hospitalization, including among children and older adults.
- Flu vaccination is an important preventive tool for people with chronic health conditions.
- Vaccination helps protect women during and after pregnancy. Getting vaccinated can also protect a baby after birth from flu. (Mom passes antibodies onto the developing baby during her pregnancy.)
- Flu vaccination also may make your illness milder if you do get sick.
- Getting vaccinated yourself also protects people around you, including those who are more vulnerable to serious flu illness, like babies and young children, older people, and people with certain chronic health conditions.

CDC: Centers for Disease Control and Prevention. (2016, December 9). Key facts about seasonal flu vaccine. Retrieved January 23, 2017 from <https://www.cdc.gov/flu/protect/keyfacts.htm>

## New Year's Resolutions

What's your new year's resolution?  
Our students have set some wonderful goals for the new year!

