STUDENT LIFE ONLINE LEARNING PLAN
STUDENT LIFE GOAL FOR ONLINE CHARACTER EDUCATION:
It is our goal to provide online character education lessons that will help students become productive citizens and build on students’ soft skills and technical skills they will need for future employment.

MANAGERIAL EXPECTATIONS:
- Managers will make contact with counselors daily, between the hours of 3pm - 5pm, to update, check-in, and answer any question(s) to negate ambiguity about expectations, standards, and assignments.
- Provide technical support by way communicating and partnering with IT to ensure that electronic information via email or phone is received, deployed, and deciphered in a timely & efficient manner.
- Support counselors with the deescalation of terse interactions with guardians involving protocol, procedures, and expectations.
- Managers will be available between the hours of 2pm - 6pm to support, counsel, and facilitate counselors for continued continuity of the Student Life program.
- Monitor attendance and punctuality of counselors via electronic check in.
- Meet with leadership as set forth to manage and enforce aforementioned standards and expectations.
- Provide remedial training for staff and professional development opportunities to keep counselors abreast of Student Life policies and protocols.
- Managers will perform weekly check-ins with staff one on one over the phone.

STAFF EXPECTATIONS:
- Daily Lessons will be posted on Google Classroom with resources by 2:30pm. Monday, Tuesday, and Wednesday. Monday’s lesson will be posted by Thursday of the previous week.
- All staff must set up free google phone numbers.
- Thursday will be used for one to one conversations or video chat with your ‘entire house.’
- Staff must check and respond to questions on Google Classroom, Weebly, and SEED email updates to 8:30PM each day.
- If students message after 8:30PM counselors will get back to students the next day.
- Staff must update Powerschool weekly to ensure student grades are current.
STUDENT EXPECTATIONS:
● Students must log-in to Google classroom each day by 3:00PM
● Students will complete the lesson activities for Monday, Tuesday and Wednesday, attempting to complete them the day they are assigned.
● Students must contact their counselor if that is not possible.

STUDENT LIFE EXPECTATIONS FOR SOCIAL EMOTIONAL LEARNING:
How can student life support students: Student Life can support students with their attitude and behavior through positive feedback, correction and social interaction.
● Provide feedback to students
● Create an online blog for students to communicate.
● Weekly communication to students
● Video chats with dorm houses and/or one to one phone calls
● Provide mindfulness videos and workout videos for Students
● Provide inspirational and motivational content to students
● Provide ways to build character in meaningful and creative experiences
● Provide insight on maintaining proper eating habits or healthy food choices while at home.

PARENT EXPECTATIONS:
● Families must encourage students to adhere to all student expectations.
● Parents/Guardians should work with students to ensure they are completing all assignments and weekly communication.
● Parents must check-in with students to ensure their work is being completed.

CURRICULUM
Most of our lessons will come from and are adapted from the Overcoming Obstacles curriculum. The Overcoming obstacles curriculum is a research based life skills curriculum for 6-12th grade students. The middle and high school curriculum include lesson plans, worksheets, extension lessons and assessments. Other character education lessons will be developed using online resources. The Overcoming obstacles is available online the curriculum includes the following concepts:

● Avoiding stereotypes
● Conflict resolution
● Controlling emotions
● Empathy
● Getting organized
• Handling peer pressure
• Identifying strengths and weaknesses
• Maintaining a positive attitude
• Presenting yourself
• Problem solving
• Reading
• Listening
• Note taking
• Respect for self and others
• Responsibility
• Stress management
• Study and test-taking techniques
• Teamwork
• Techniques for addressing bullying
• Time management

CHARACTER EDUCATION ASSIGNMENTS BY GRADE

6th - 7th Grade

March and April---Communication (6th – 7th)

• Understanding Nonverbal Messages
• Listening
• Speaking
• Being Assertive
• Expressing Opinions Constructively

Skill Strength: Using Appropriate Language

1. Choose words that accurately reflect your thoughts and feelings.
2. Avoid blaming statements.
3. Know the meaning of words and phrases you choose.
4. Avoid profanity, slang, or terms others may find offensive.
5. Frequently ask if you are being clear and understood.

April----Review and Assessment

April 14-17th YAPS Survey

May and June---Resolving Conflict

• Understanding Conflicts
• Identifying Emotions in Conflicts
• Controlling Emotions and Conflict
● Using Communication Skills Effectively
● Creating a Win Win Situation
● Resolving Conflict

**Skill Strength:** Resolving Conflicts

1. Approach the situation calmly and rationally.
2. Listen to the other people involved.
3. Express your feelings appropriately and assertively.
4. Acknowledge other points of view.
5. Show you are willing to negotiate and compromise.
6. Help at a mutually beneficial resolution.
7. Thank the other person (or people) for cooperating.

**8th Grade**

**March and April---Goal Setting**

- Defining Goals
- Stepping Stone Goals
- Taking Action
- Persevering

**Skill Strength:** Goal Setting

1. Decide on your overall values and lifestyle desires.
2. List the resources you need to fulfill these lifestyle options.
3. Examine the intermediate steps in accomplishing your overall outcome.
4. Establish short-and long-term goals that will help you accomplish the steps necessary for the desired outcome.

**April----Review and Assessment**

*April 14-17th YAPS Survey*

**May and June---Making Personal Resources**

- Developing a Positive Attitude
- Being Accountable
- Handling Stress
- Managing Your Time
- Taking the Initiative

**Skill Strength:** Using Self-Monitoring and Self Reflection
1. Think about behaviors you are engaging in and the feelings you are having.
2. Correctly identify and label your behavior and feelings.
3. Think about whether these are appropriate for the current situation.

9th --- 12th Grade

March and April---Settings and Achieving Goals (9th – 12th)
- Identifying Goals
- Setting Priorities
- Developing a Positive Attitude
- Accessing Resources
- Learning to Be Assertive

Skill Strength: Goal Setting
- Decide on your overall values and lifestyle desires.
- List the resources you need to fulfill these lifestyle options.
- Examine the intermediate steps in accomplishing your overall outcome.
- Establish short-and long-term goals that will help you accomplish the steps necessary for the desired outcome.

April---Review and Assessment

May and June---Skills for School and Beyond (9th – 10th)
- Identifying Your Learning Style
- Management Your Time
- Reading, Listening, and Note Taking,
- Writing Reports and Presenting to an Audience
- Preparing for test and Exams
- Managing Stress

Skill Strength: Using Self-Monitoring and Self Reflection
- Think about behaviors you are engaging in and the feelings you are having.
- Correctly identify and label your behavior and feelings.
- Think about whether these are appropriate for the current situation.

May and June---Getting the Job (11th – 12th)
- Completing Applications
- Preparing for an Interview
- Interviewing
- Following the Interview
- Responding to a Job Offer

Skill Strength: Interviewing for a Job
1. Dress neatly and appropriately for the interview.
2. Introduce yourself enthusiastically to the interviewer.
3. Answer all questions honestly and calmly.
4. Emphasize your strengths, as well as what you would still need to learn.
5. Ask any questions you have about the job at the conclusion of the interview.
6. Thank the person for his or her time.

TRAINING FOR STAFF:
Training for staff will consist of a variety of online methods. Staff will engage in schoolwide training, grade team training, department training, and one to one training.

- Refresher--45 minute on-line training of Overcoming Obstacles curriculum
- Google Classroom Tutorial
- Zoom Tutorial
- Show Me App Tutorial

QUESTIONS & ANSWERS FOR ONLINE LEARNING:
1. What will Student life lessons look like? Evening character education lessons will come from the Overcoming Obstacle Curriculum.
   - Morning lessons and other activities will consist of the following:
     - YouTube videos to watch
     - BrainPop VIDEOS to watch
     - Show Me APP
     - Google Doc/Forms
     - Google Drive VIDEOS
     - PowerPoint’s
     - Quizlets
     - Kahoot

2. What will Assignment submission consist of? Written activities can be turned in by taking a snapshot or picture of the assignment to share with the class.

Will we have more online or written assignments? A variety of both on some days, most days the assignments will be submitted by Google form.

3. Will we have any assessments online? Yes, students will be asked to complete assessments and surveys online.

GOOGLE CLASSROOM QUESTIONS & ANSWERS FOR STUDENTS:
1. How do I find the classroom code for my house?

2. I am having trouble opening the documents in Google classroom? If you are having trouble getting into the documents on GC try and troubleshoot on your own first, then ask a parent or friend how they did it. Try different devices. You may need to change your password. Ultimately if you have done all of these things email your counselor to help find a solution or next steps.

3. What if my password did not work? Try to reset your password

4. Can I post questions on Google Classroom? Yes! Counselors will try and answer or another student may answer first if they have an answer.

5. Where will I post classwork and other assignments? All assignments for students will be posted under classwork in your counselor’s classroom.

6. My Google classroom is on my phone not my computer, what should I do? Try and download Google Classroom on your SEED or personal desktop.

**STUDENT ACTIVITY RESOURCES FOR ONLINE CHARACTER EDUCATION**

Character Education Games:
- Lucky Kat World [www.luckykatworld.com](http://www.luckykatworld.com)

Workout Videos--No equipment needed
- Make Your Body Work: [www.makeyourbodywork.com](http://www.makeyourbodywork.com)
- The Best Workout Videos on Youtube: [www.greatist.com](http://www.greatist.com)

Mediation Videos
- 3 minute Body Scan Meditation [https://www.youtube.com/watch?v=ihwcw_ofu](https://www.youtube.com/watch?v=ihwcw_ofu)
- At Home All Day [https://insighttimer.com/thelivingpoint/guided-meditations/at-home-all-day-activate-and-calm-kids](https://insighttimer.com/thelivingpoint/guided-meditations/at-home-all-day-activate-and-calm-kids)
- Understanding How To Mediate [https://youtu.be/-qKkFWiwIr4](https://youtu.be/-qKkFWiwIr4)

Character Education & Social Emotional Learning: Assignments & Activities:
• https://www.goodcharacter.com/
• www.centervention

PROFESSIONAL RESOURCES FOR STAFF
• CASEL
• Character Education Partnership
• Six Seconds
• ASCD: The Whole Child
• Edutopia
• National Center on Safe and Supportive Environments
• Overcoming Obstacles
• Aperture Education

PROFESSIONAL DEVELOPMENT FOR STAFF:
• Class Central: Social Emotional Learning for Students-A Path to Social Emotional Wellbeing [https://www.classcentral.com/tag/social-and-emotional-learning]
• Apertureed: http://info.apertureed.com/archived-webinars
• Alison: https://alison.com/
## STUDENT LIFE MANAGEMENT TEAM CONTACT INFORMATION

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<tr>
<th>Role</th>
<th>Name</th>
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<tbody>
<tr>
<td>Student Life Director</td>
<td>Zenobia Judd-Williams</td>
<td><a href="mailto:zjudd-williams@seedschoolmd.org">zjudd-williams@seedschoolmd.org</a></td>
<td>410-259-6807</td>
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<tr>
<td>Student Life Senior Manager</td>
<td>Shaneen Powell</td>
<td><a href="mailto:spowell@seedschoolmd.org">spowell@seedschoolmd.org</a></td>
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<td>Student Life Manager</td>
<td>Fredrick Goodman</td>
<td><a href="mailto:fgoodman@seedschoolmd.org">fgoodman@seedschoolmd.org</a></td>
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<td>Student Life Manager</td>
<td>Quania McLaughlin</td>
<td><a href="mailto:qmclaughlin@seedschoolmd.org">qmclaughlin@seedschoolmd.org</a></td>
<td>443-743-0682</td>
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## STUDENT LIFE GOOGLE CLASSROOM & WEEBLY DIRECTORY


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