

| Food Menu Week1 | | | | |
|------------------------|------------------------|------------------------|---------------------------|---------------------------|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Cold Cereal | Bagel/wcream cheese | Nutri grain bar | Raisin Bread | Pop tart |
| Apple Slices | orange slices | banana | applesauce | tangerines |
| Milk | Milk | milk | milk | Milk |
| | | | | |
| | | | | |
| Morning Snack | Morning Snack | Morning Snack | Morning Snack | Morning Snack |
| Fruit snacks/pop chips | carrot sticks/pretzels | goldfish/mixed juice | tangerine/animal crackers | fruit snack/juice |
| | | | | |
| | | | | |
| Lunch | Lunch | Lunch | Lunch | Lunch |
| Turkey Sandwich | Ham Sandwich | pastrami sandwich | Tuna sandwich | roast beef sandwich |
| broccoli | celery sticks | calliflower | mixed fruit | carrot sticks |
| orange slice | banana | apple | carrot sticks | watermelon |
| milk | milk | milk | milk | milk |
| | | | | |
| | | | | |
| Afternoon Snack | Afternoon Snack | Afternoon snack | afternoon snack | afternoon snack |
| Hostess cup/twinkie | bugles/mixed juice | rice krispie/celery | ritz crackers dip/juice | ice cream cup/blueberries |
| carrot sticks | | | | |