

Schedule of Daily Activities

Infant Room

This is only a guide to the components of an infant's day. Infants will not necessarily follow the order that the various parts of the day are placed on this routine but they will be provided with time to enjoy each one.

Individual schedules will vary to meet the needs of individual children.

7:30-8:30	<p style="text-align: center;">Arrival</p> <p style="text-align: center;">Greeting of families and infants with hugs, songs and developmentally-appropriate activities.</p>
8:30-9:30	<p style="text-align: center;">Physical Development</p> <p>Planned activities that encourage infants to use their large muscles including crawling, cruising, rolling, walking, or dancing. There are also planned activities that encourage the use of small muscles like grasping, pinching and holding.</p> <p style="text-align: center;">Sensory Activities</p> <p>Planned activities that stimulate infants' senses including using dough, water, or sealed cloth bags with items of differing textures.</p> <p style="text-align: center;">Social-Emotional Development</p> <p>Planned activities that support infants in building trusting relationships with their caregivers including massages, swaying, or making silly faces at each other.</p>
9:30-10:00	<p style="text-align: center;">Morning Snack*</p>
10:00-11:00	<p style="text-align: center;">Outside Time*</p> <p style="text-align: center;">Infants go on stroller rides or have the opportunity to explore the natural world outside.</p>
11:00-11:30	<p style="text-align: center;">Stories</p> <p>Teachers and infants have the opportunity to share stories together including lap books where more than one infant can enjoy the story and activities related to the book.</p>
11:30-12:15	<p style="text-align: center;">Lunch*</p>
12:15-2:30	<p style="text-align: center;">Napping*</p>
2:30-3:00	<p style="text-align: center;">Afternoon Snack*</p>
3:00-4:00	<p style="text-align: center;">Language Development</p> <p>Planned activities like songs, stories and conversations that encourage children to listen to and use language.</p> <p style="text-align: center;">Cognitive Development</p> <p>Planned activities that engage infants in problem solving including playing hide and seek, manipulating containers, or comparing similar objects.</p> <p style="text-align: center;">Music and Movement</p> <p>Teachers and infants share the joys of music through song and dance.</p>
4:00-5:00	<p style="text-align: center;">Outside Time</p>
5:00-6:00	<p style="text-align: center;">End of Day</p> <p>Infants are engaged in developmentally-appropriate activities as families arrive. Infants are transitioned to home with hugs and conversations with families.</p>

**Provided on an individual or as-needed basis.
Diapering also occurs throughout the day as needed.*

Toddler Room

This is only a guide to the components of a toddler's day. Toddlers will not necessarily follow the order that the various parts of the day are placed on this routine but they will be provided with time to enjoy each one.

Individual schedules will vary to meet the needs of individual children.

7:30-8:30	<p style="text-align: center;">Arrival</p> <p>Greeting of families and toddlers with hugs. Toddlers explore the learning centers that are open for them.</p>
8:30-9:30	<p style="text-align: center;">Gathering Time</p> <p>Toddlers are invited to join in songs & fingerplays that support community building.</p>
	<p style="text-align: center;">Individual/Small Group Experiences</p> <p>Toddlers engage in experiences connected to emerging milestones from five developmental areas:</p> <ul style="list-style-type: none"> • Approaches to Learning: Developing problem solving skills and the ability to be more independent • Physical: Small and large muscle development and coordination (i.e. filling and dumping containers, jumping and running) • Social-Emotional: Understanding & communicating feelings (i.e. using feeling words, playing side by side with other children) • Language: Developing communication skills and a love of songs and stories (i.e. following one-step directions, exploring books, and moving to chants) • Cognitive: Math and sensory experiences (i.e. sorting, matching, shapes, textures)
9:30-10:00	<p style="text-align: center;">Morning Snack and Diapers*</p>
10:00-11:30	<p style="text-align: center;">Morning Outdoor Experience</p> <p>Toddlers learn about the natural world through stimulating outdoor activities.</p>
11:30-12:15	<p style="text-align: center;">Lunch and Diapers*</p>
12:15-2:30	<p style="text-align: center;">Rest Time*</p>
2:30-3:30	<p style="text-align: center;">Wake up, Snack & Working with Materials</p> <p>Toddlers wake up from nap and are actively involved in getting ready for snack or can choose to work with learning materials.</p>
	<p style="text-align: center;">Learning Center Time</p> <p>An extended time for Toddlers to explore the materials in different Centers in the classroom:</p> <ul style="list-style-type: none"> • Art & Sensory Center • Block & Manipulatives Center • Language Center • Movement Center • Dramatic Play Center <p>For example, they can practice small muscle control and coordination at the sensory table, build problem solving skills through working with dough and develop their imagination and creativity while building with blocks.</p>
3:30-4:30	<p style="text-align: center;">Afternoon Outdoor Experience</p> <p>Toddlers learn about the natural world through stimulating outdoor activities.</p>
4:30-5:00	<p style="text-align: center;">Snack & Self Help Skills*</p>
5:00-6:00	<p style="text-align: center;">End of Day</p> <p style="text-align: center;">Learning Center Time & Small Group Experiences</p> <p>Toddlers engage in developmentally appropriate activities as families arrive.</p>

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