

OVERDRIVE DANCE FORCE

PARENT HANDBOOK



overdrive
DANCE FORCE

2016 - 2017 SEASON

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1. Overdrive Dance Force

Overdrive Dance Force is a new dance studio located in St.Albert, AB. The three founders, Alyssa Phillips, Danna-Leigh Santrock & Lana Harris, met almost 10 years ago and created a life long friendship and eventually sparked the idea and decision to open a studio together.

At Overdrive Dance Force, it is our goal as studio owners to create a positive environment for students of all ages, levels and ability. We truly believe everyone deserves the opportunity to dance at whatever capacity they decide to.

We offer our “Future Stars” program to dancers 5 and under, a Festival Team (that will train to perform at festivals and recitals), Adult classes and Drop-in classes! We offer many styles such as tap, jazz, ballet, lyrical, hip-hop, musical theater and many more!

When we decided to open our studio, we knew the most important thing for us was going to be keeping the love of dance as our main goal! Our objective as dance teachers is to create an environment for students where they can learn, grow, laugh and develop a love for dance much like the one that has brought all 3 of us where we are today! We want to provide our dancers with a place where they can come and feel like the most important dancer, because they are!

Everyone deserves the opportunity to dance and we cant wait to give EVERYONE the opportunity to do exactly that! With over 2100 square feet of studio space, big windows, lifted floors and a big lobby we are sure you will adore the studio as much as we do!

Alyssa Phillips, Danna-Leigh Santrock & Lana Harris

Studio Owners

2. Studio & Class Room Etiquette

- At time of registration, parents must disclose any and all allergies, medical conditions/information, previous and current injuries that dancers may have and will provide any amendments to this information when necessary.
- The studio doors will be open 15 minutes prior to the first class of the day.
- No child is to be left unattended at the studio at any time unless being dropped off shortly before their class commences. Overdrive Dance Force is not responsible for any other children other than those who are attending classes during that time.
- If dancers are unable to physically participate in class, they are encouraged to come and observe as we are constantly working on choreography during our season.
- All students must be dressed in proper attire with required hair before commencement of class.
- For late attendance, please email overdrivedanceforce@gmail.com or call 780-499-0094

3. Attendance

Although we understand that things happen it is highly encouraged and appreciated that your dancer does not miss more than 2 classes in a row. (Specific circumstances will be taken into account i.e, family emergencies, illness ext) However, after 2 weeks absent from class your family will be contacted and if a third class is missed your child will be unable to participate in festivals and or recitals. Attendance is crucial in dance classes as each week is treated as a building block and the more they miss the harder it becomes to catch up.

Dance also requires team work, if you are not showing up for class you are letting your teacher and class mates down.

4. Cancelled & Missed Classes

We will always look for a substitute teacher but in the event your class is cancelled by Overdrive Dance Force due to unforeseen circumstances it shall be made up with a make up class on a later date.

If however your dancer is to miss class, those hours will not be made up by Overdrive Dance Force.

6. Dress Code

Dress Code Requirements

Future Stars

All primary and pre-primary ballet: pink tights, pink full sole leather ballet slippers, pink leotard

All primary and pre-primary tap: pink tights, black tap shoes, pink leotard

All primary and pre-primary jazz: pink tights(convertible), bare feet, pink leotard

Ballet/Tap and Tap/Jazz Combo: pink ballet tights, pink full sole leather ballet slippers, black tap shoes, pink leotard

Ballet/Jazz Combo: pink ballet tights, pink full leather sole ballet slippers, pink leotard

Boys: black shorts, t-shirt/tank top, black shoes (depending on style ex: tap, ballet)

Hip Hop: comfortable clothing (no jeans), clean indoor running shoes

Festival Team

Level I

Ballet- pink tights, pink full sole leather ballet slippers, Princess Tank Capezio leotard in Hunter

Jazz/lyrical- beige tights, beige jazz shoes, Princess Tank Capezio leotard in Hunter (option to wear shorts)

Level II

Ballet- pink tights, pink full sole leather ballet slippers, Princess Tank Capezio leotard in Burgundy

Jazz/lyrical- beige tights, beige jazz shoes, Princess Tank Capezio leotard in Burgundy(option to wear shorts)

Level III

Ballet- pink tights, pink split sole ballet slippers, Princess Tank Capezio leotard in Navy

Jazz/lyrical- beige jazz shoes, shorts or leggings, tight fitting top

Boys (Level I,II, & III)

Ballet-black shorts, white t-shirt, white ballet slippers

Jazz/lyrical- black shorts, white t-shirt, black jazz shoes

Tap-comfortable clothing (no jeans), black tap shoes

All Hip Hop Classes-comfortable clothing(no jeans), clean indoor running shoes

All Tap Classes- tighter fitting clothes that are comfortable to dance in, beige tap shoes

All Musical Theatre Classes- comfortable clothing (no jeans), beige jazz shoes

Hair requirements for ALL classes- neat ponytail secured away from the dancers face

Hair requirements for ALL ballet classes- hair secured tightly in a bun

7. Festivals

Overdrive Dance Force will participate in up to 3 festivals per year. This is a wonderful way to showcase a our dancer's abilities and training.

At all festivals, all dancers who participate will receive a medal or ribbon. Categories are divided based on age, level and discipline.

Festivals can take place on any day of the week. Performing times range from 7am – 9pm. We as a studio have no control over the decided times and will not be able to move times around to accommodate

dancers. Dancers need to arrive with hair, makeup and costume performance ready at least 1 hour prior to performance time, ready to rehearse and stretch. Festival's reserve the right to run up to 30 minutes ahead of schedule. If for any

reason you are running late, please contact your teacher/studio owner Running late may result in missing the performance completely.

Adjudications may be right after the performance category or a couple hours later. Dancers are expected to stay to receive adjudication and their medal. Immediately after adjudication dancers will be brought to the lobby by the assigned teacher to reunite with their families.

Overdrive Dance Force asks expects all staff, students and parents to act respectfully at every festival we participate in season. Negative comments towards our studio or others will not be tolerated and may lead to disqualification. Videos and Pictures are forbidden and may lead to the entire studio being disqualified. However, most festivals have professionals recording and photography each dance and the option is there to purchase afterwards. If not, you are welcome to film and take pictures at Overdrive Dance Force recital on June 16.