

COMMUNITY COLLABORATIVE: SUPPORTING CARE TRANSITIONS THROUGH NUTRITION

HTC August 2016 Symposium
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Drivers of Health



Health Outcomes
Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations



Determinants of Health and Their Contribution to Premature Death, JAMA 1993



Food is Important

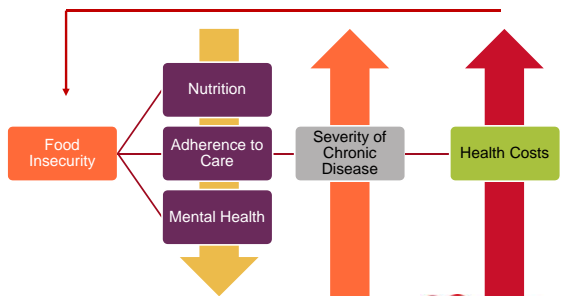
People who are food insecure/malnourished are/have:

- 2x more likely to be hospitalized
- 2x more likely to be readmitted
- 71% more likely to visit the ER
- 3x higher inpatient costs



Webster, et al. (2013) AIDS; Calkins et al. (2014) Journal of Parental Nutrition; Lim et al. (2012) Clinical Nutrition

Cycle of Decline



Webster et al. (2011) American Journal of Clinical Nutrition

Delivering Food As Medicine





 Project Angel Heart



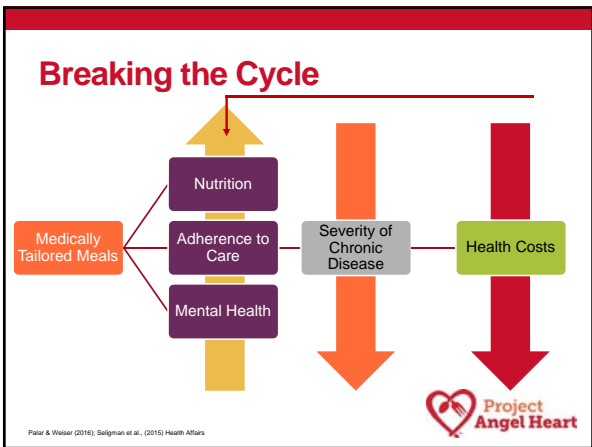
 Project Angel Heart



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Nutrition Impacts Health & Well-Being

- 98% report improved adherence to health regimen
- 92% report they are better able to afford their healthcare
- 97% report they are able to remain independent in their home

Project Angel Heart logo

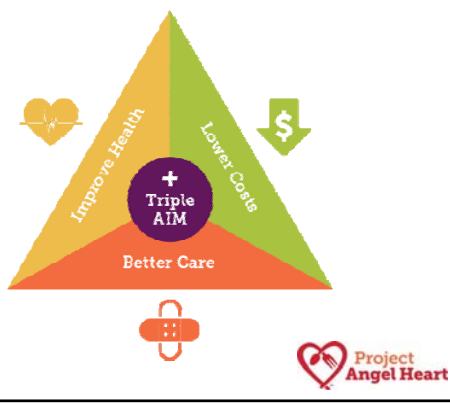
Proving our Impact with the APCD

- Total utilization
- Emergency department use
- In-patient admissions
- Readmissions

Project Angel Heart logo

What if food/nutrition becomes a key component of health care, particularly for people with critical illness?





Meals for Care Transitions

- Partnering with healthcare providers statewide
- Comprehensive nutrition to support recovery for a specific period of time
- Medically tailored meals
- Delivered to patients' homes within 24-48 hrs. of referral



Pilot with HealthONE

- North Suburban Medical Center
- CHF & COPD patients
- 3 meals/day for 30 days
- Ongoing analysis w/ APCD





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