



Available Services:

Mission Fortify ERM Support Groups

- SL County ERM Support Group
 - 4th Tuesday of Every Month, 7:30pm

**Please email info@missionfortify.org for the location of this group as the location tends to rotate to different areas of the valley.*

Mission Fortify Monthly ERM Mentor Meetings

- ERM Mentor Training, Video Conference
 - 2st Tuesday of Every Month 7:00pm MST
- ERM Mentor Team Meeting, Video Conference
 - 2nd Tuesday of Every Month 8:00pm MST

Mission Fortify, Mental Health Counseling

- Please contact Mission Fortify at 385-232-3238, or zachary@missionfortify.org if you would like to be referred to a trusted mental health professional for individual therapy

LDS Family Services

*Please call LDS Family Services prior to attending one of their groups in order to verify that the group is currently being offered

• **ERM Groups**

- Layton, LDS Family Services, 930 W. Hill Field Rd
 - Thursdays, 6:00-8:00pm
- Sandy, Jordan High School Seminary Building (south door), 9735 S. State St
 - Tuesdays, 7:00-8:30pm
- Provo, LDS Family Services, 1190 N. 900 E
 - Wednesdays, 7:00-8:30pm

• **Mental Health Counseling**

- Early-Returned Missionaries are offered six free sessions of individual mental health counseling. Please call your local LDS Family Services office for more information.

Videos

(All videos are found on www.missionfortify.org, under “Resources”)

- Elder Jeffery R. Holland addresses ERMs in “Face-to-Face” Facebook Event
 - *“I want you to take credit for (having served), I want you to take the appropriate dignity that you deserve...and to know that the Lord loves you, and the church loves you for serving.”*
- Honorably Released
 - ERMs share their powerful experiences in this documentary produced by Jessica Bowles and the Brigham Young University School of Communications
- Returning Early From a Mission
 - Jake was eagerly planning to serve as a full-time missionary in South Carolina for two years, but things don’t always go according to plan. When he entered the Missionary Training Center, Jake was hit with a wave of doubts and depression.
- KSL Studio 5: Early Returned Missionaries
 - Kris Doty, LCSW, discusses the plight of the Early-Returned Missionary

ERM Facebook Groups

(Links found on www.missionfortify.org under “Resources”)

- Mission Fortify ERM Mentor Group (private group for ERM Mentors)
- Early Returned Missionaries
- The Early Returned Missionary Initiative

ERM Articles

(Links found on www.missionfortify.org under “Resources”)

- Cultural Judgments Involving Missionaries Persist, Daily Universe, Feb 2017
- Dealing With Coming Home Early, Liahona, July 2016
- “Returning Home Early From My Mission,” Brittany Romanello Casco, Ensign, Dec 2015
- “What this Mission President would like every ERM to know,” Meridian Magazine, July 2015
- “Early Returned Missionaries Thrive With Acceptance, Love,” Utah Valley 360, April 2014
- “Many Mormon Missionaries Who Return Home Early Feel Some Failure,” Deseret News, Dec 2013
- Study Explores Impact of Early-Returned LDS Missionaries, Daily Herald, Nov 2013