Welcome to your Individual Assessment Report
Provided by REVEAL

The report leans into findings from 15 years of research on promoting spiritual growth. It focuses on the catalysts of spiritual growth that have emerged through analysis of REVEAL’s database of over 2,300 churches and more than 500,000 congregants. This database allows REVEAL to provide you with unique insights about where your congregants are in their spiritual journey by comparing your results to those of a diverse group of churches representing many denominations, sizes, styles and geography. Knowing where your congregants are helps church leaders like you to guide your people to take the next step in the journey to become like Christ.

Spiritual Continuum
The Spiritual Continuum groups congregants based on the self-described closeness of their relationship with Jesus Christ. The hallmark finding of REVEAL is that this Continuum is highly predictive of the beliefs, attitudes, and behaviors that are associated with increased love of God.

Key Takeaway
In most churches, Growing in Christ is the largest segment. Exploring Christ and Growing in Christ typically comprise 50% or more of the congregation.

Love of Others
REVEAL’s research shows that people who are very devoted to God are not always as devoted to others. The opposite can also be true; people who are very devoted to loving and serving others may not be equally devoted to God. The Love of Others Continuum reflects where congregants are in their ability to care for people they know and people they do not know.

Key Takeaway
On average, 24% of congregants are in the Forming stage, 49% are in the Maturing stage, and 28% are in the Thriving stage.
Spiritual Continuum and Love of Others
Maturing in love of God and love of others doesn’t always follow the same growth trajectory. This chart provides a richer understanding of how they intersect in the hearts of the people at your church. Ideally, a small percentage of congregants in the Close to Christ and Christ-Centered segments should be in the Forming stage of the Love of Others Continuum.

Key Takeaway
This chart shows the relationship between growing in love of God and increasing in love of others in your congregation.

Spiritual Growth Catalysts
One of REVEAL’s most significant discoveries was identifying the factors that help people move along the Spiritual Continuum. The Beliefs, Personal Spiritual Practices, and Faith in Action behaviors that are key to spiritual growth are different at each stage of maturity, while the Virtues measure the fruit of spiritual growth.

Key Takeaway
Examine this chart to determine the relative strengths and needs of your congregation in each of the four types of Spiritual Growth Catalysts.

Spiritual Growth Catalysts: Core Christian Beliefs
Because beliefs guide behavior, developing strongly held core Christian beliefs is a key aspect of spiritual growth. These five beliefs are key indicators of progress in aligning our minds with the mind of Christ, an integral part of the process of becoming like Jesus in every way.

5 BELIEFS

Key Takeaway
Belief in a personal God is key to developing a strong habit of personal spiritual practices. Belief in the Authority of Scripture predicts giving and serving.

Spiritual Growth Catalysts: Practices
Consistent with the teaching of Scripture and the formation tradition of the church, REVEAL’s research has confirmed the impact of spiritual practices on spiritual growth. Daily Bible engagement is the most influential practice for every segment on the Spiritual Continuum.
**5 PRACTICES**

**Key Takeaway**
If your congregation’s engagement in spiritual practices is weak, a church-wide focus on one practice can spur growth.

**Spiritual Growth Catalysts: Virtues**

Virtues reflect the fruit of the Spirit listed in Galatians 5:22 and demonstrate maturity in becoming more like Christ. REVEAL’s data show that the five virtues below are the most challenging for congregants to demonstrate consistently.

**5 VIRTUES**

**Key Takeaway**
Virtues often develop more slowly than beliefs and practices. Focusing on growing engagement in those areas bears fruit seen in the Virtues.

**Spiritual Growth Catalysts: Faith In Action**

Faith-in-action behaviors are most impactful in the later stages of maturity. The relational dynamics of serving and evangelism require some spiritual risk-taking. Giving time and money to serve the church reflects a deep investment in following Christ that is reflected in the attitude of Total Surrender.

**FAITH IN ACTION**

**Key Takeaway**
People in the Christ-Centered stage of the Spiritual Continuum typically are the ones who do the majority of the serving, giving, and evangelism.

**Age**

- Under 18 - Do Not Proceed: 12%
- 18-24: 12%
- 25-29: 12%
- 30-39: 12%
- 40-49: 13%
- 50-59: 13%
- 60-69: 12%