

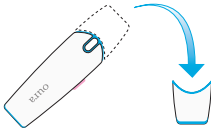
oura

IN-HOME HIV TEST

Do not eat, drink or use oral care products 30 minutes before this test.

STEP

1

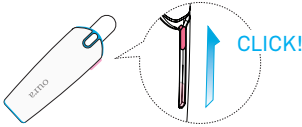


Open OURA

- Open OURA and place the cap on the table.
- Make sure the cap is facing up.

STEP

2

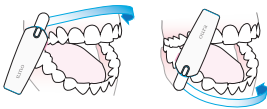


Slide out the swab

- Slide out the pad until it clicks.
- **Do not** touch the pad with your fingers.

STEP

3

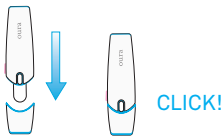


Swipe Gums

- Gently swipe the pad along your upper gums **ONCE** and your lower gums **ONCE**.
- You may use either side of the flat pad.

STEP

4



Drop in

- Put the stick into the cap and break the seal.
- Apply pressure until it clicks.

STEP

5



Wait 20 minutes

- **Do not** read your result before 20 minutes have passed.

STEP

6



Read your result

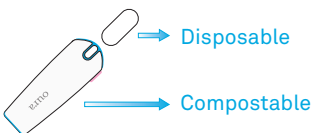
- If there is **—**, your test result is negative.
- If there is **+**, your test result is positive.

A medical professional must confirm your test result.

For questions, talk to a doctor or call our Support Center call free at 626-392-2200 or visit www.ouratest.com for further information.

STEP

7



Disposal

- Detach the absorbent stick from the body
- Dispose accordingly