OVERVIEW
Gestalt therapy, as a holistic approach, views physical experience and expression as intrinsic to a person's being and functioning. This advanced program is designed to refine and extend a practitioner's skills in working with physical processes beyond those developed in basic Gestalt training.

The program focuses on developing greater awareness of one's own body experience and its use in relationship, developing a client's body sensation and awareness, working with breath, body structure, movement, developmental movement, and the energetic system of client/facilitator.

Curriculum includes practicum with in vivo supervision, body-oriented personal growth group work, didactic with experiential processes, and skill labs.

IS WWPP FOR ME?
This program is for Gestalt clinical, organizational, systems, coaching, and healing arts practitioners who wish to increase their embodied presence and refine their capacity via physical process and body experience.

CONTINUING EDUCATION (CE): 180 instructional hours (further information below)

SCHEDULE

Week I: November 17-22, 2020
Day 1: 1:00pm-8:00pm
Week II: February 2-7, 2021
Day 2: 9:00am-6:30pm
Week III: April 6-11, 2021
Day 3: 9:00am-6:30pm
Week IV: June 15-20, 2021
Day 4: 9:00am-6:00pm
Day 5: 9:00am-6:00pm
Day 6: 9:00am-2:00pm

LOCATION

Gestalt Institute of Cleveland, One Berea Commons, Suite 216, Berea, Ohio 44017
PROGRAM FLOW

**Week One:** Focus on personal development of the practitioners self-as-embodied: Body awareness; sensation and embodied language; energy principles; and skill labs.

**Weeks Two and Three:** Body structure and Movement; orientation to body character structure; naturalistic movement, expression, developmental movement concepts; body-oriented experiment, and two days of full practicum.

**Week Four:** Student self-assessment; special topics, diagnostics, case strategies in body-oriented work; thematic work, special topics, and two full days of practicum with a volunteer client.

CURRICULUM & METHODOLOGY

Curriculum includes 52 hours of practicum with *in vivo* supervision, and approximately 24 hours of body-oriented personal growth group work, didactic lectures, experiential processes, and skill labs.

LEARNING OBJECTIVES

Upon completion of this program, participants will be able to:

- Articulate a conceptual base for working with clients' physical processes in therapy from a Gestalt perspective;
- Describe the similarities and differences between Gestalt ways of addressing physical processes and those used by other therapeutic modalities;
- Define the "Embodied Presence Model" and describe its use in Gestalt therapy;
- Explain the Developmental Field Model as it applies to Gestalt therapy;
- Develop one's perceptual skills and the capacity to observe physical processes and the dynamics of posture and movement;
- Demonstrate an enhanced self-awareness and the ability to use one's physical being to support effective communication, and empathy, and effective interventions with clients;
- Utilize these refined perceptual skills to observe physical processes and the dynamics of posture and movement;
- Design interventions that develop the client's awareness of his or her body-as-self;
- Practice giving feedback to clients on aspects of body posture and movement;
● Demonstrate the ability to develop an experiment from Structure; and
● Demonstrate the ability to formulate thematic work from Field/Structure.

ADMISSIONS

Prerequisite(s): Admission requires completion of a Comprehensive Gestalt Training Program. The applicant's personal and professional readiness to explore this type of work, as well as the compatibility of his/her work setting and field practice with the program's objectives will be considered.

Application: Complete and submit the Training Program Application, along with the application fee. Additional application materials may be requested prior to acceptance into the program.

Interview: An interview, phone or in person, may be required.

TUITION & FEES

Application Fee: $200.00 (non-refundable)
Tuition: $6,660.00

Tuition and fees do not include travel, lodging, meals, and other expenses incurred.
Payment options are available upon acceptance to the program. Contact: registrar@gestaltcleveland.org or 216-421-0468

FACULTY

Co-chairperson
James I. Kepner, PhD

Teaching Faculty will be drawn from
Michael Clemmens, PhD
Ellen Hoffman, MA, LPCC
Renee Jennings MSW, LISW-S
James I. Kepner, PhD
Arlene L. Luberoff, MA, CCC-SLP
Maria de Lourdes Quiroz Kepner, MHD
Allison E. Bruce MEd, PCC
The Gestalt Institute of Cleveland is approved by the Ohio Psychological Association to offer continuing education to psychologists. It is the responsibility of the provider to abide by the OPA-MCE guidelines. (Provider Number: 346597238)

The State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board grants the Gestalt Institute of Cleveland approved provider status to provide continuing education for Counselors and Social Workers. Approval for Social Work contract hours varies from state to state. Please consult your state’s credentialing Board for more information. (Provider Number RCS071005)

The Gestalt Institute of Cleveland is approved by the American Psychological Association to sponsor continuing education for psychologists.

The Gestalt Institute of Cleveland maintains responsibility for its programs and its content.