April 23, 2020

Dear Friends,

The Gestalt Institute of Cleveland (GIC) continues to share concern for everyone impacted by the ever-unfolding impact of the coronavirus pandemic. We wish for the best of health for our participants, faculty, and staff.

Five weeks ago, I wrote to you that our in-person programming would cease through April 23, 2020. Now, today, April 23, 2020, I write to say that unfortunately it will cease longer than I anticipated. Many things have happened in the past five weeks. I can say that we have no on-site, face-to-face programming schedule through the month of May.

The good news is that we continue to be connected and we continue our classes.

To stay connected we have initiated the Challenge and Support Series. These are 90-minute conversations hosted by faculty around a theme of particular interest to them. They are TGIF Happy Hour on Fridays at 6:00pm; Sunday Afternoon Team at 2:00pm on Sundays; and Tuesdays by the Watercooler on Tuesdays at 1:00pm. The invitation has been extended to all alumni and current students. The sessions coming up are:

How Are You Bringing your Gestalt Skills and Relationships to Life?  
Friday, April 24  
6:00 – 7:30pm  
Host: Melissa Kelly-McCabe

Finding your ground and sharing our ground in the time of corona... an experiential meeting...  
Friday, May 15  
6:00 – 7:30pm  
Host: Mary Ann Kraus

Community and connection: a conversation for healers addressing COVID-19 trauma  
Friday, May 29  
6:00 – 7:30pm  
Host: Allison Bruce, Melissa Kelly-McCabe

Classes have continued online as well as our On-Going Group that meets on Tuesday.

The Coach Certification Program will have its final session virtually in May.

We have also introduced online workshops. Check weekly as we will be adding workshops as soon as they are available. There is one currently in progress and one starting in June. Both are offering Coaching Continuing Education. (CCE) Those of you holding the GPCC may want to obtain credits for renewal.
Our online classes will continue unless otherwise notified. Our accrediting bodies have approved online programing in lieu of in-person classes. In-person classes are being postponed and rescheduled. Registrants will be contacted individually about their respective classes.

Particularly affected are:

- Gestalt Training Program XXI will offer online classes
- Relational Leadership Certificate Classes – Postponed to March-June 2021
  - The Use of Self and the Power of Presence
  - Coaching to Unleash Human Potential
  - Interactions in the Here and Now
  - Leveraging the Power of Teams
- Developmental Somatic Psychotherapy™: A Movement-based Approach to Gestalt Therapy- Has been rescheduled for July 24-26, 2020
- Gestalt Training Program XXII - TBD
- Women and Shame: Healing Ourselves to Wholeness – Rescheduled for July 31-August 2, 2020
- Group Intervention Training Program – Modules 2and 3 cancelled
- Gestalt Experience Workshop for April – rescheduled July 31- Aug 2

*Please note that any of the reschedule dates are subject to change pending the directions of local, state, and federal mandates.

Please visit our website regularly at www.gestaltcleveland.org for an updated list of programs and events, including any new postponements and cancellations; and our response to COVID-19. Follow us on Facebook for additional updates. For questions about cancelled events please email office@gestaltcleveland.org. We will respond as quickly as possible.

Thank you for your patience and understanding.

Wishing you peace and the best of health,

Shareefah Sabur
Executive Director
Gestalt Institute of Cleveland

GIC will continue to follow all guidelines recommended by the Center for Disease Control and Prevention (CDC), state and local health agencies, and comply with federal and state mandates. If there is a change in scheduling, we will keep you appropriately informed. For those of you seeking more information, a state call center to answer questions regarding COVID-19 is open seven days a week from 9am to 8pm at 1-833-4-ASK-ODH (1-833-427-5634) and up-to-date information is also available 24/7 at coronavirus.ohio.gov. You may also subscribe to email updates from the CDC at https://www.cdc.gov/other/emailupdates/ or call at 1-800-232-4636.