Helpful Online Resources

Specialized Training of Military Parents (STOMP) www.stompproject.org

Tri-South Humana Military Health www.humana-military.com

Arkansas Disability Coalition www.adc@alltel.net


Council for Exceptional Children www.cec.sped.org

Exceptional Parent www.eparent.com

Special Ed Connection www.specialedconnection.com

A&FRC Programs

Air Force Aid Society

Air Force Key Spouse

AF Wounded Warrior

Air Force Families Forever

Career Focus

Deployment Support

Exceptional Family Member Program-Family Support (EFMP-FS)

Personal Financial Readiness

Relocation/PCS

Personal and Work Life

Separation/Retirement

Volunteering

Exceptional Family Member Program - Family Support

Airman and Family Readiness Center

940 Arnold Drive
Little Rock AFB, AR 72099
(501) 987-2667
Fax: 501-987-3764

Hours of Operation:
Mon, Wed, Thur, Fri—0730-1630
Tue—0730-1400

www.litterock.af.mil
www.facebook.com/LittleRockAFRC

Updated 2017
The EFMP is designed to provide support to military family members through a variety of personal, medical, and family support functions.

The goal of the EFMP-Family Support program is to provide special needs families with accurate, up-to-date information and resources regarding the EFMP, local resources and support agencies, and disability specific news.

**EFMP-FS Services**

The EFMP-FS services in place to assist families include:
- Connect to local, state and federal resources
- Provide relocation support
- Monthly support meetings
- Early Intervention/Special Education information and support
- Respite Care
- Recreational Activities
- Housing needs
- Workshops

**On-Base Resources**

Tricare Operation Patient Administration (TOPA) (501)-987-1285 or (501)-987-8559

School Liaison (501)-987-2667

EFMP-Medical
(501)-987-1256 or (501)-987-2061

Military & Family Life Counseling (MFLC)
(501) 366-7703

Child & Youth MFLC
(501) 366-7210

Child Development Centers
(501)-987-6130 or (501) 987-6070