

**YES, SELF-TALK  
IS THE BEST  
TALK!**

**10 LIFE-CHANGING AFFIRMATIONS YOU  
SHOULD SAY TO YOURSELF DAILY**

Every now and then, we hit a road bump. We get distracted, discouraged or even unmotivated.

Things happen. Life happens.

But for a moment, imagine what would happen if you realized that you *exclusively* have the power to regroup and realign yourself with your purpose through your words and affirmations.

You would no longer have to look to others for validation. You would no longer have to wait for that next big accomplishment before you feel fulfilled and content. And, you would ultimately become more of you were created to become, because you would *no longer* be defined by anyone or anything else. How amazing would that be?

That's why we decided to share 10 affirmations you can use every day to feel more motivated, more powerful and more in control of your life.

Challenge yourself to say these affirmations every day. Write them on post-it notes and place them on your mirror or bathroom door. You'll be surprised how much these simple statements can change your outlook on life.

*with love,*

PINK PRODUCTIONS TEAM

# 10 LIFE-CHANGING AFFIRMATIONS YOU SHOULD SAY TO YOURSELF DAILY

I am free from the fear of rejection. Rejection is a necessary thing to achieve success. I can act without fear of rejection and feel confident, strong-minded and energized.

I have a purpose and right now I have everything I need to fulfill my destiny. My days are numbered and my steps are ordered.

I deserve all the good things life has to offer me in my career, relationships, finances and all other aspects of my life.

I am free from judging other people and comparing myself to them. I feel happy and strong-minded, knowing that no one else can do the things that I was placed on earth to do.

Success comes to me easily. Abundance and prosperity flow to me from every direction and I feel exhilarated. I can wake up each day knowing that success is guaranteed for me.

# 10 LIFE-CHANGING AFFIRMATIONS YOU SHOULD SAY TO YOURSELF DAILY

I can create the life of my dreams. My plans, goals and actions build my destiny. I am powerful and in control.

I am well connected. The right people are drawn to me. I have the ability to offer value to the world's smartest and wealthiest people.

I feel amazing every morning I wake up. I bounce out of bed, knowing that every day has huge opportunity in store for me. I feel excited, confident and motivated each morning as soon as I open my eyes.

I excel at everything I do. I know that whatever I set out to accomplish will yield positive results. I am known to win.

Everything will not always work out as I plan but I am confident that every experience will make me wiser, smarter and stronger as I continue my journey through life.