

DOWN EAST COUNCIL MINUTES

DATE: May 2, 2016

CALL TO ORDER: DEC meeting came to order at 7pm, Williston

IN ATTENDANCE: Lillie Miller (Straits), Barbara Blake (Gloucester), Richard Lowdermilk (Atlantic), Art Noyes (Atlantic), Dave Boileau, (Atlantic), Anthony Nelson (Harkers Island), Gail Cannon (Marshallberg), Theresa Burkhardt (Gloucester), Joella Morris (Straits), James Morris (Straits), Libby Liles (Gloucester), Nancy Lewis (Davis)

Guest Speaker: Diana Chris Trainor

WELCOME: Barbara welcomes all.

Diana

From the Carteret County Health Department
Hear about health concerns for Down East

Brainstormed ideas about health issues Down East

Health issues Down East:

- *ZiKA
- *Substance abuse (1)
- *Transportation (4)
- *Lack of practitioners (2)
- *Diabetes
- *Heart Disease Chronic disease (5)
- *Skin cancer
- *Information distributed to specifically Down East
- *Communication issues throughout the county (3)
- *Mental health issues
- *Stigma about mental illness
- *Services for elderly (getting out to dr/pharmacy –
- *walking trails – riding
- *Affordable dental care
- *Mosquitoes

Assets for Down East

- *Environment
- *Broad Street Clinic
- *Available seafood
- *Easy to find help
- *Schools
- *Strong faith-based communities
- *First responders
- *Strong sense of community
- *Great recreational parks

- *Strong boy/girl scouts
- *Women's Shelter
- *Men's substance abuse center
- *Local foods network
- *Thrift shops
- *Post offices
- *Senior lunches at Atlantic

Barriers – Down East

- *Lack of communication
 - Central location(s) to find information of where to find services
 - 211.org: to find services
- *No local government Down East
- *Apathy
- *Transportation
- *Too few jobs and opportunities
- *Community aging
- *Pride – not willing to accept help
- *Perception of local hospital is negative
- *Perception of cost of local hospital
- *Cultural issues related to health
- *Cultural – availability
- *Status quo
- *Hurricane and natural disaster preparedness

Key Next Steps

- *Ways to communicate
- *Community meetings
- *Use churches to get information out
- *Bike and pedestrian paths
- *Access to healthy foods
- *Per capita-health care providers
- *Increase health fairs
- *Kits for hurricane preparedness
- *More doctors
- *Transportation

June 8 -- deadline for doing community survey for health department

Minutes were read and approved
 Treasurer's Report: Attached

New Business

OLD BUSINESS:

Sign

Need levels of sponsorship

Gold	\$1000
Silver	\$500
Bronze	\$250
Sponsor	Minimum of \$100s

Anthony Nelson made a motion to go ahead with two signs – Richard Lowdermilk pay the remaining funds, with Richard will be paid back in full.

Seconded: Gail Cannon

Passes unanimously

Once signs are completed and ready to install, we will have an event -

Old Business

Reports on DEC action items

- ❖ Action: Develop roads improvement plan (Lillie & Mark) ✓
 - *Will coordinate with the county planner to write a resolution in support of a road project between East Carteret corner and Harkers Island Road*
 - *Paving Hwy 70 from East Carteret corner to Cedar Island Ferry Terminal*

- ❖ Action: Develop plan for support for commercial fishing community (Barbara) ✓
 - *Applied for the Preserve America grant*
 -

- ❖ Action: Develop plan for more seafood retail opportunities (open air market, local food council, Carteret food council, etc.) (Barbara) ✓
 - *Discussing opportunities of having a market at Lookout Grocery*
 - *Spring/summer 2015, a market was held at Lookout Grocery*

- ❖ Action: Mariners Park (Sea Level) revitalization (Brenda)
 - *Discussion with Danny Styron, member of the Parks & Recreation Board to explore opportunities for the park*

- ❖ Action: Develop a community website (Lillie/James)
 - ✓ www.downeastcommunitynews.com/downeastcouncil.html

- ❖ Action: Add resources/links on DEC facebook page (Lillie/James)

- ❖ Action: Organize a community clean sweep (Tom)
 - *Tom Hesselink will be organizing a community sweep at the designated time*

- ❖ Action: Facilitate prescription drug drop off locations (Anthony) ✓
 - *Coordinate with Sheriff Asa Buck and the event in Morehead City*
 - *Down East Pharmacy 3is working to become a drop-off site*

- ❖ Action: DE training/education initiative (Mark)

Atlantic – Hot dog fund raiser – will also be selling t-shirts
Hunting quarter's Primitive Baptist church - - putting up picket fence

Straits May 14 - - Loon Day – At the Carvers Guild

May 28 – Artisan Fair at Kindred Spirit

Next Meeting:

Minutes respectfully submitted by Lillie Chadwick Miller, Secretary

Next meeting June 6, 7:00 - -

Meeting adjourned 8:00