

Homeopathy For Families  
New Patient Intake Form  
Mary Nuñez BSN D.Hom

Today's Date \_\_\_\_\_ Date of Birth \_\_\_\_\_

Name \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_

Email address \_\_\_\_\_

Referred by \_\_\_\_\_

Primary care Physician \_\_\_\_\_

Previous Homeopathic treatment \_\_\_\_\_

Gender \_\_\_\_\_ M \_\_\_\_\_ F Marital Status \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Occupation \_\_\_\_\_

**What makes you seek homeopathic treatment at this time ?** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Members in your household**

Name	relationship	age

**Medications that you take and any medicinal herbs, vitamins, supplements, homeopathic remedies:**

<u>Medication name</u>	<u>when started</u>	<u>dose/frequency</u>	<u>for?</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Allergies?** (to medications, environmental, foods, etc.) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**What experiences in your life have affected you deeply?** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**What are your hobbies and things in life that you enjoy?** \_\_\_\_\_  
\_\_\_\_\_

**What are your fears and anxieties, past or present?** (situations, animals, people, events, etc.) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please describe an ideal day in terms of weather, temperature, and environment.** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**What are your favorite foods and flavors that you crave to eat?** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**What foods do you dislike or have an aversion to?** \_\_\_\_\_  
\_\_\_\_\_

**What is your normal body temp?** (do you run hot, warm or cold?) \_\_\_\_\_  
\_\_\_\_\_

**What position do you sleep in and do you sleep well through the night?** \_\_\_\_\_  
\_\_\_\_\_

**How is your energy? What time(s) of day is it best?** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**History of physical problems in past (mark with X) and current (please circle)**

- Headache
- Dizzy spells
- Loss of balance
- Black outs/fainting
- Back pains
- Neck lumps/swelling
- Wear glasses
- Blurry vision
- Eyesight worsening
- See double
- Eye pains/itching
- Head colds
- Nose bleeds
- Sore Throat
- Difficulty swallowing
- Hoarse Throat
- Wheezing/gasping
- Frequent coughing
- Cough up phlegm
- Chest colds
- Runny nose
- Sneezing spells
- Sinus Problems
- Recurrent colds/flu

- Indigestion
- Frequent belching
- Nausea/vomiting
- Abdominal Pain
- Constipation
- Flatulence
- Loose stools
- Black stools
- Gray or whitish stools
- Pains in rectum
- Itchy rectum
- Frequent urination
- Painful urination
- Aching muscles/joints
- Swollen joints
- Back or shoulder pains
- Weakness in arms and legs
- Pain in feet
- Trembling
- Numbness
- Leg cramps
- Skin rash
- Scalp problems
- Itchy burning skin
- Easily bruised
- Warts

- Men Only**
- Burning
  - Discharge
  - Painful/swollen testicles
  - Impotence
  - Difficulty maintaining erection
  - Premature ejaculation
  - Injury

- Women Only**
- Missed periods
  - Menstrual issues
  - Bleeding between periods
  - Pain before, during, after period
- (circle)
- Bearing down feeling
  - Discharge from vagina
  - Genital irritation
  - Painful intercourse
  - Swelling of breasts

- # of pregnancies
- # of births
- # of miscarriages
- # of abortions
- # premature births
- # of cesareans

Comments or special problems: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Do you drink coffee or tea? How much?** \_\_\_\_\_

**Do you smoke or have a history of smoking?How much?** \_\_\_\_\_

**Do you drink alcohol, how much? \_\_\_\_\_ recreational drugs?** \_\_\_\_\_

**What do you do to relax?** \_\_\_\_\_

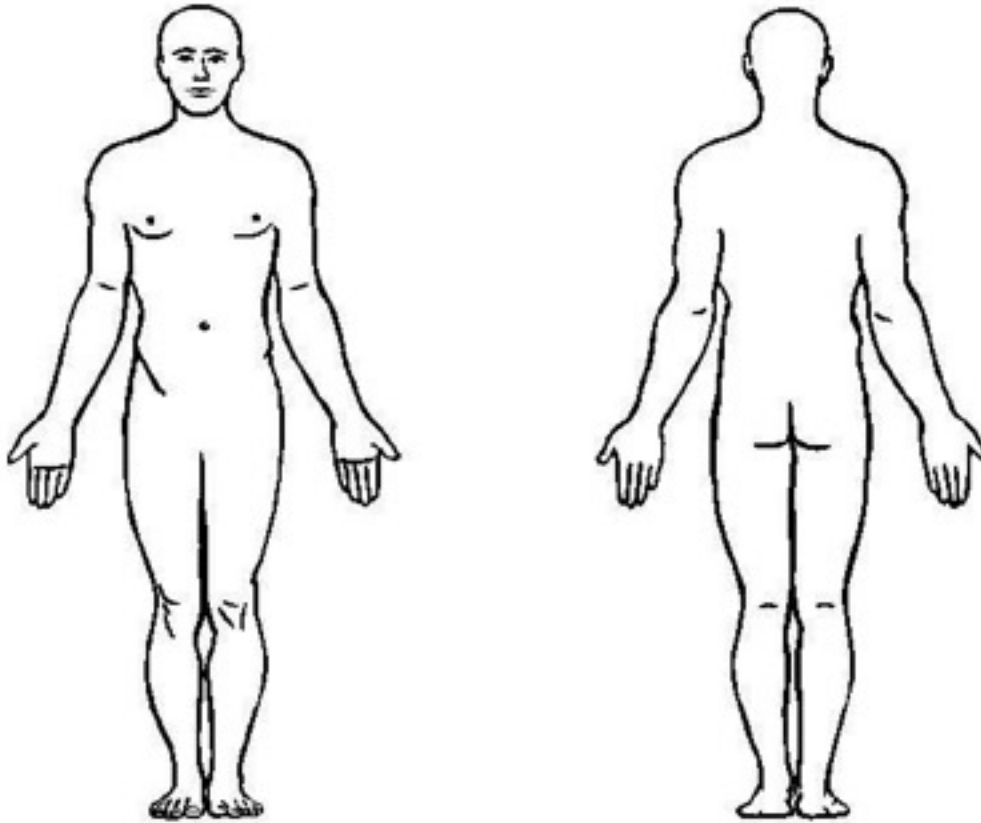
**Do you like your job? \_\_\_\_\_ How many hours/week do you work?** \_\_\_\_\_

**Do you get regular exercise and what kind?** \_\_\_\_\_

**Are you spiritual? \_\_\_\_\_ Religious?** \_\_\_\_\_

**Did you receive all childhood vaccinations? Any problems?** \_\_\_\_\_

Please mark the areas where you feel pain with an X and include a description word or two of the type of pain or sensation.



**Family Health History:** Check if applies to a blood family member and indicate their relationship to you.

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Alcoholism            | <input type="checkbox"/> Diabetes:           | <input type="checkbox"/> Mental Illness:   |
| <input type="checkbox"/> Allergies:            | <input type="checkbox"/> Drug Addiction:     | <input type="checkbox"/> Narcolepsy:       |
| <input type="checkbox"/> Anemia:               | <input type="checkbox"/> Eczema:             | <input type="checkbox"/> Rheumatism:       |
| <input type="checkbox"/> Arthritis/Gout:       | <input type="checkbox"/> GI Ulcer:           | <input type="checkbox"/> Stroke:           |
| <input type="checkbox"/> Asthma:               | <input type="checkbox"/> Glaucoma:           | <input type="checkbox"/> Suicide:          |
| <input type="checkbox"/> Auto-immune disorder: | <input type="checkbox"/> Hay Fever:          | <input type="checkbox"/> Tuberculosis:     |
| <input type="checkbox"/> Cancer:               | <input type="checkbox"/> Heart Disease:      | <input type="checkbox"/> Bleeding problems |
| <input type="checkbox"/> Depression:           | <input type="checkbox"/> Thyroid disorder:   | <input type="checkbox"/> Venereal disease  |
| <input type="checkbox"/> Weight problems       | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Abnormal periods  |
- Other:

**Circle the following below that you strongly associate with yourself.**

Hurried, impatient	Messy	Restlessness	Lazy	Extravagant
Shy/timid	Anger	Sympathetic	Stubborn	Reckless
Dislike company	Stingy	Thrifty	Slow	Desire for company
Fastidious	Calm	Always busy	Outgoing	Mildness
Guilty	Yielding	Coward	Worried	Religious
Lonely	Sexual	Weepy	Forgetful	Optimistic
Sadness	Bossy	Disorganized	Grief	Sentimental
Assertive	Easily Hurt	Loving	Secretive	Affectionate
Carefree	Jealous	Nightmares	Fearful	Procrastinate

**Homeopathy is considered to be an alternative/preventative system of health care and is not intended to be a substitute for allopathic or traditional medicine. The therapy and information offered should not be construed by you, the client, or any family, friends or caregivers to be a medical diagnosis of any disease or injury. You should consult with your physician for any serious medical condition. I understand that Mary Nunez is not a medical doctor, but a homeopath. I further confirm that all the above information is correct to the best of my knowledge.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Mary@homeopathyforfamilies.com