I. Knowledge of Disease (8 – 10%)

A. Definitions of the Disease
   1. Delirium
   2. Delusions
   3. Hallucinations

B. Stages
   1. What will happen, what to expect
   2. End of life issues

C. Umbrella of dementias
   1. Reversible dementias
      a) Hydroencephaly
      b) Endocrine disorders
      c) Drug/alcohol induced dementias
      d) Malnutrition/dehydration

   2. Irreversible dementias
      a) Pick’s/frontal lobe
      b) Vascular
      c) Lewy Body
      d) Drug/alcohol induced dementias
      e) Creutzfeld-Jakob Disease

   3. Dementia vs delusions
   4. Other dementias
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II. Communication (20 – 25%)

A. With patient
   1. Strategies
      a) Orientation
      b) Validation
      c) Redirection
      d) Simple sentences
      e) Cueing
   2. Assessment - changes in ability
   3. Infantilization
   4. Empathy
   5. Nonverbal
      a) Eye contact
      b) Touch
      c) Body language
   6. Cultural/language differences

B. With family
   1. Strategies
      a) Reframing
      b) Understanding family dynamics
   2. Cultural/language differences

C. With medical professionals
   1. Documentation
   2. Appropriate notification

III. Patient Rights (5 – 10%)

A. Ethics
B. Legal issues
C. Dignity/respect (independence & autonomy)
D. End of life
E. Confidentiality & HIPPA
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IV. Behavior (20 – 25%)

A. Behavior Assessment
   1. Identify presenting symptoms
   2. Individual triggers
   3. Behavior meaning/underlying cause

B. Recognition of triggers
   1. Pain
   2. Food
   3. Change in general
   4. Medications
   5. Physical status
   6. Environment – e.g. lighting, noise
   7. Communication

C. Behavioral Issues
   1. Agitation
   2. Combative/aggressive
   3. Elopement
   4. Wandering
   5. Sundowning
   6. Withdrawl
   7. Sexuality
   8. Hoarding
   9. Resistance
  10. Repetition
  11. Delusions & hallucinations

D. Strategies/prevention and interventions
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V. Activities (12 – 17%)

A. Promoting independence & autonomy
B. Activities of Daily Living
   1. Elimination
   2. Eating/Nutrition
   3. Mobility
   4. Bathing/Oral Care
   5. Dressing
C. Leisure Activities
   1. Life Skills
   2. Religious/Spiritual
   3. Hobbies
   4. Exercise
   5. Music/Art/Dance
   6. Reminiscence
   7. Pets

VI. Health (8 – 12%)

A. Medications
B. Skin care
C. Pain
D. Health Assessment - change in condition
E. Nutrition & hydration

VII. Caregiver Needs (4 – 6%)

A. Self-governance
B. Boundaries
C. Evolving caregiver needs over lifetime of the disease
D. Grief
E. Support services
F. Burnout
VIII. Safety (4 – 6%)

A. Caregiver safety
B. Potential toxic substances
C. Safety hazards
D. First aid
E. Balance autonomy with safety