EVENT THEME:  
"Your Best Self at Work"

CONVERSATION STARTER:  
"What's the most important personal value you bring to work?"
OUR PURPOSE

We are a community-based non-profit organization. Our purpose is to strengthen the Portland women in tech community.
WHY STOP THE NETWORKING?

1. Share important and applicable announcements

2. Showcase women in our community doing great things
Before we get started, we need your help...

1. Please respect the speakers and keep things quiet
2. In return, we will keep this brief
Thank You SurveyMonkey!
We’re hiring!

Senior Product Designer for Audience
Full stack Engineer for Audience
Backend Engineer for Audience
Mobile Engineer for Audience
Manager, Scale Customer Success
Senior Technical Support Engineer
Customer Engagement Representative
Host Spotlight

Kirsten Benzel
Sr. Database Engineer At SurveyMonkey
@CyberSnark
Announcements
Upcoming Events

January

Jan 24 - How to Study for a Technical Interview @ AWS Elemental
Jan 30 - Quarterly Mentorship Event @ FINE

February

Feb 1 - How to Accelerate the Growth of Your Startup @ Jama
Feb 5 - PDX Women in Tech (PDXWIT) + SupportDriven Getting on Stage Pitch Workshop @ Janrain
Feb 7 - Why Gender-Inclusive Software Matters to Everyone @ ThinkShout
Feb 13 - Confronting the Gender Gap: Stories from the HomeDepot Quote Center @ Regus
Visit the photo booth!!

SnapBar
Get a warm, cozy hoodie and show PDXWIT pride!
Lightning Talks
showcasing women in our community
doing great things!

3 minutes each
questions after the speaking segment ends

Do you want to speak at a future event? Tell us @
www.pdxwit.org/become-a-volunteer
Rebecca Alexander
Co-founder and CEO of Allgo
@portlandrebecca | @canweallgo

Allgo at Work - Tell Us About Your Office Chairs!
Take Our Survey

bit.ly/AllgoSurvey

(When you’re done, raise your hand and we’ll bring you a treat!)
Thank you for your help!

Stay in touch!

@portlandrebecca | @canweallgo
Madonnalisa Chan
Principal at Chan Consulting
(an Information Management Consulting Firm)
@mlchan

Making values-based decisions in your career
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Values-Based Decision Making Checklist

REFLECT

- Take some time for yourself; a few hours, a weekend, a whole month.
- Ask yourself lots of tough questions and write your answers down:
  - What are your values? What do you care about? What are your passions?
  - What are your goals?
  - What’s holding you back? What are you afraid of?
  - What are you looking forward to? What gets you excited?
Values-Based Decision Making Checklist

RESPOND

- How do you plan to make those values stick? To “Frame” it up and make it all happen.
  * Make a list, create a vision board, planner system, etc.

- How are you planning to make those decisions?
  * Depending on when you need to make these decisions, give yourself a time frame of some interval 30-60-90 days to get started.

  * What will use to track your personal progress? (e.g. OKRs- objectives & key results)

- Have you considered design thinking principles as a tool to build and test your values against your everyday life.
Values-Based Decision Making Checklist

**REMOVE**

- What can you take away from your plate right now that doesn’t align with your values?

**RELATE**

- Share what you learn!
- Become a mentor.
Thank you!
@mlchan
Books

Designing Your Life (William Burnett, 2016)
When to Jump (Mike Lewis, 2018)
Meaningful Work: A Quest to Do Great Business, Find Your Calling, and Feed Your Soul (Askinosie, 2017)
Liminal Thinking (Dave Gray, 2016)
Make your Bed (William McRaven, 2017) Based on commencement speech
Thinking, Fast and Slow (Daniel Kahneman, 2011)
Strengths Finder 2.0 (Tom Rath, 2007)
Give and Take: Why Helping Others Drives Our Success (Adam Grant, 2014)
The Last Lecture (Randy Pausch, 2008)
Joy Inc (Richard Sheridan, 2013)
The Hard Questions for An Authentic Life (Susan Piver, 2004)
Who’s Got Your Back (Keith Ferrazzi, 2009)
Man’s Search for Meaning (Viktor Frankl, 2006)
Lean In: Women, Work, and the Will to Lead (Sheryl Sandberg, 2013)
Option B (Sheryl Sandberg and Adam Grant, 2017)
Originals: How Non-Conformists Move the World (Adam Grant, 2016)
When Breath Becomes Air (Paul Kalanithi, 2016)
Thrive: The Third Metric to Redefining Success sand Creating a Life of Well-Being, Wisdom, and Wonder (Huffington, 2015)
The Artist’s Way (Julia Cameron, 1992)
Articles, Podcasts, & Sites/Blogs

https://www.psychologytoday.com/blog/the-moment-youth/201712/how-your-brain-finds-meaning-in-life-experiences

Heather McGowean, “Preparing Students to Lose Their Jobs” (October 25, 2017)
https://www.linkedin.com/pulse/preparing-students-lose-jobs-heather-mcgowan/

Stacy Kim, “Why You Need to Try the Lighthouse Method” (Real Simple)
https://www.realsimple.com/work-life/lighthouse-method

Thrive Global (https://www.thriveglobal.com/)
When to Jump (http://www.whentojump.com/)
Grethen Rubin (https://gretchenrubin.com/)
Brene Brown (https://brenebrown.com/)
Sister Mary Kenneth Keller (1914-1985)
First Female Computer Science PhD
THANK YOU SPONSORS

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alchemy code lab
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PROSPER PORTLAND
Building an Equitable Economy

structured
bridging people, business & technology

CorSource
TECHNOLOGY GROUP, INC.

salesforce

mozilla

convergence
NETWORKS

[CINDER] staffing
Happy Hour
February 20th, 4:30-6:30
@viewpointcs