

Formula Gulf Academy Pre Season Test - Timetable V1 (YAS North & Grand Prix)

Time	Activity	Details	Location
Thursday 26th Oct			
11:00	Sign On & Scrutineering	Bring race licence and adult if under 18.	Under race control
12:00	Pre test briefing	Discussion with Tommy Erdos before first test session	Inside race truck
13:30	Practice Session 1 (20 Mins)	First practice session - North Circuit	Be in car & ready to go by 13:25
15:50	Practice Session 2 (20 Mins)	Second practice session - North Circuit	Be in car & ready to go by 15:45
18:10	Practice Session 3 (20 Mins)	Third practice session - North Circuit (will run under lights, please use clear visor)	Be in car & ready to go by 18:05
18:00-18:30	Seminar	Media training and practice interviews.	GulfSport Racing awning
Friday 27th Oct			
9:30	Pre test briefing	Discussion with Tommy Erdos before first test session (please arrive no later than 09:00)	Inside race truck
10:10	Practice Session 4 (20 Mins)	Fourth practice session - GP Circuit	Be in car & ready to go by 10:05
10:40 to 13:00	Meet your fitness coach	Bring your pre filled assessment form and meet with Fred Jacobs	GulfSport Racing awning
14:10	Practice Session 5 (20 Mins)	Fifth practice session - GP Circuit	Be in car & ready to go by 14:05
18:35	Practice Session 6 (20 Mins)	Sixth practice session - GP Circuit (will run under lights, please use clear visor)	Be in car & ready to go by 18:30
<p>Please note that individual Driver Coaching sessions will be as directed by Tommy Erdos after each track session - so don't disappear!</p> <p>ALL TIMES ARE PROVISIONAL & MAY BE CHANGED WITHOUT NOTICE. IT IS THE COMPETITORS RESPONSIBILITY TO WATCH THE PROGRESS OF THE MEETING & BE READY AT LEAST 10 MINUTES PRIOR TO THE START OF THE SESSION. IN IDEAL CONDITIONS THE QUALIFYING OR RACING PROGRAMME MAY BE BROUGHT FORWARD BY UP TO 20 MINUTES.</p>			