

## Virtual reality is key to helping patients feel at ease during scary orthopedic procedures in New Hampshire.

Access Sports Medicine & Orthopaedics is one of the first orthopaedic centers in New Hampshire to offer the appliedVR technology. As part of their superior service, patients are now able to relieve their anxiety and limit their pain perception while wearing the virtual reality technology during sports medicine and orthopedic care procedures.

One of Access' physician's assistants, Chris Wheeler, has seen the benefits of virtual reality for his patients firsthand. His pediatric patient was nervous to have a leg cast removed, but all of his worries subsided when he realized he could play a game during the procedure.

Wheeler notes that the boy didn't move or cry throughout the procedure, and his focus was completely on the virtual reality technology. "This is another tool to assist with patient satisfaction," said Wheeler.

Access Sports Medicine even created a video to show how virtual reality was put to use and how it helped their young patient.

<https://www.youtube.com/watch?v=5bjPPqBfvzo>

Access will be utilizing virtual reality first at their Exeter, New Hampshire location, with other locations along the Seacoast soon following. The technology will be available for patients before and after surgical procedures, as well as for select in-office procedures.

Access Sports Medicine & Orthopaedics is the Seacoast of New Hampshire's leader in the innovative treatment, management and prevention of orthopaedic conditions. Whether you're a top-ranked athlete with a knee injury, an employee with carpal tunnel syndrome or have suffered from back pain for 10 years, their team of expert physicians and physical therapists are ready to help patients get back in the game.

