

**BBBS International**  
Tasks of Mentoring

**The Four Tasks of Mentoring**

1. Establish a Positive Relationship
  - This is the most important task
  - It is unique to each match
  - The task requires interaction and consistent support
  - Establishing a relationship must be enjoyable and fun
  - It must also enhance self-esteem
  
2. Develop Life Skills
  - Mentors should instill life management skills such as: decision-making, long range planning, values clarifications, positive coping skills, time management. (lead by example)
  - Mentors help their mentee work toward accomplishing specific program goals (such as completing secondary school, bringing up a grade, getting involved in the community).
  
3. Assist Youth in Obtaining Additional Resources
  - Provide awareness of community, educational and economic resources available. Provide ways to utilize them
  - Act as a guide and an advocate
  - Avoid action as a professional case manager.
  - Assist in connecting the youth and family to available resources within the community.
  
4. Increase Youth's Ability to Interact with Other Social and Cultural Groups.
  - Broaden youth's outlook by providing them with different social and business situations.
  - Respect differences among you, the volunteer, and the youth. Mentors should not promote their own values as superior
  - Introduce youth to behaviors and attitudes needed to interact successfully in the workplace and in larger society.

**All these tasks focus on developing the youth's competences and building self-esteem.**