

# Country Life Restaurant Menu

Menu changes on ingredient availability. Revised 9/11/17

For updated educational Events visit:

[www.CountryLifeRestaurant.com](http://www.CountryLifeRestaurant.com)


## HOURS — Hot Vegetarian Buffet and Salad Bar:

**Sunday Brunch:** 10:00 am - 3:00 pm

**Monday - Wednesday:** 11:30 am - 3:00 pm

**Thursday:** 11:30 am - 8:00 pm — **We're open late for dinner!**

**Friday & Saturday: Closed**

Sunday Brunch	Monday	Tuesday	Wednesday	Thursday
<b>VEGAN BUFFET HOT BAR:</b> "PAY BY POUND" — <b>\$7.99 / POUND.</b> <b>SALAD:</b> \$4.50 (BOWL), \$6.50 (PLATE). <b>COOKIES, MUFFINS, OTHER ITEMS</b> MARKED INDIVIDUALLY	<b>Daily Menu Includes:</b> <ul style="list-style-type: none"> <li>• Organic Brown Rice</li> <li>• Potato of the Day</li> <li>• Seasonal Green Veg</li> <li>• Chef's choice of squash/yellow Veg</li> <li>• Fruit Dish/Crisp</li> </ul>		<b>September 6</b> → Stuffed Cabbage → Hawaiian BBQ → →	<b>September 7</b> → Hawaiian BBQ → Spring Rolls → Ginger Soup → Vegetable Soup
<b>September 10</b> → Spring Rolls → Falafels → Vegetable Soup → Corn Chowder	<b>September 11</b> → Falafels → Mandarin "Beef" → Corn Chowder → Lima Bean Chowder	<b>September 12</b> → Mandarin "Beef" → Eggplant Parmesan → Ginger → Cream of Spinach	<b>September 13</b> → Eggplant Parmesan → Coconut Curry → Cream of Spinach → Lentil	<b>September 14</b> → Coconut Curry → Tofu Cacciatore → Lentil → Golden Pottage
<b>September 17</b> → Tofu Cacciatore → Stuffed Shells → Golden Pottage → White Bean & Veggie	<b>September 18</b> → Stuffed Shells → Bean Stroganoff → White Bean & Veggie → Potato Leek	<b>September 19</b> → Bean Stroganoff → Tamales → Potato Leek → Borscht	<b>September 20</b> → Tamales → Veggie Pot Pie → Borscht → Cream of Mushroom	<b>September 21</b> → Veggie Pot Pie → Broccoli Quiche → Cream of Mushroom → Cheesy Broccoli
<b>September 24</b> → Broccoli Quiche → Hawaiian BBQ → Cheesy Broccoli → Chili	<b>September 25</b> → Hawaiian BBQ → Burgers → Chili → Cream of Garlic	<b>September 26</b> → Burgers → Pizza → Cream of Garlic → Minestrone	<b>September 27</b> → Pizza → Mandarin "Beef" → Minestrone → Tomato Florentine	<b>September 28</b> → Mandarin "Beef" → Spring Rolls → Tomato Florentine → Lima Bean Chowder
<b>October 1</b> → Spring Rolls → Lasagna → Lima Bean Chowder → Spicy Chard	<b>October 2</b> → Lasagna → Sea Cakes → Spicy Chard → Corn Chowder	<b>October 3</b> → Sea Cakes → Enchiladas → Corn Chowder → Golden Carrot	<b>October 4</b> → Enchiladas → Maple Tofu → Golden Carrot → Veggie	<b>October 5</b> → Maple Tofu → Spinach Crepes → Veggie → Russian Potato