

Country Life Restaurant Menu

Menu changes on ingredient availability. Revised 9/11/17

For updated educational Events visit:

www.CountryLifeRestaurant.com

HOURS — Hot Vegetarian Buffet and Salad Bar:

Sunday Brunch: 10:00 am - 3:00 pm

Monday - Wednesday: 11:30 am - 3:00 pm

Thursday: 11:30 am - 8:00 pm — **We're open late for dinner!**

Friday & Saturday: Closed

Sunday Brunch	Monday	Tuesday	Wednesday	Thursday
<p>October 1</p> <p>→ Spring Rolls → Lasagna</p> <p>→ Colavy → Corn Chowder</p>	<p>October 2</p> <p>→ Sea Cakes → Lasagna</p> <p>→ Borscht → Colavy</p>	<p>October 3</p> <p>→ Enchiladas → Sea Cakes</p> <p>→ Cream of Summer Squash → Borscht</p>	<p>October 4</p> <p>→ Maple Tofu → Enchiladas</p> <p>→ Split Pea → Cream of Summer Squash</p>	<p>October 5</p> <p>→ Spinach Crepes → Maple Tofu</p> <p>→ Vegetable → Split Pea</p>
<p>October 8</p> <p>→ Shepherd's Pie → Spinach Crepes</p> <p>→ Golden Carrot → Vegetable</p>	<p>October 9</p> <p>→ Eggplant Parmesan → Shepherd's Pie</p> <p>→ Lima Soup → Golden Carrot</p>	<p>October 10</p> <p>→ Falafels → Eggplant Parmesan</p> <p>→ Potato Leek → Lima Soup</p>	<p>October 11</p> <p>→ Stuffed Peppers → Falafels</p> <p>→ Tomato Florentine → Potato Leek</p>	<p>October 12</p> <p>→ Broccoli Quiche → Stuffed Peppers</p> <p>→ White Bean & Veg → Tomato Florentine</p>
<p>October 15</p> <p>→ Vegetable Pot Pie → Broccoli Quiche</p> <p>→ Chicken Noodles → White bean & Veg</p>	<p>October 16</p> <p>→ Burritos → Vegetable Pot Pie</p> <p>→ Cream of Spinach → Chicken Noodles</p>	<p>October 17</p> <p>→ Pizza → Burritos</p> <p>→ Lima Corn Chowder → Cream of Spinach</p>	<p>October 18</p> <p>→ Sea Cakes → Pizza</p> <p>→ Spicy Chard → Lima Corn Chowder</p>	<p>October 19</p> <p>→ Tamalas → Sea Cakes</p> <p>→ Cream of Mushroom → Spicy Chard</p>
<p>October 22</p> <p>→ Stuffed Shells → Tamalas</p> <p>→ Chili → Cream of Mushroom</p>	<p>October 23</p> <p>→ Chick Pea Ala King → Stuffed Shells</p> <p>→ Tofu Spinach → Chili</p>	<p>October 24</p> <p>→ Hawaiian BBQ → Chick Pea Ala King</p> <p>→ Russian Potato → Tofu Spinach</p>	<p>October 25</p> <p>→ Burgers → Hawaiian BBQ</p> <p>→ Italian Lentil → russian Potato</p>	<p>October 26</p> <p>→ Bean Stroganoff → Burgers</p> <p>→ Golden Pottage → Italian Lentil</p>
<p>October 29</p> <p>→ Coconut Curry → Bean Stroganoff</p> <p>→ Golden Pottage → Cream of Vegetable</p>	<p>October 30</p> <p>→ Tofu Cacciatore → Coconut Curry</p> <p>→ Yellow Split Pea → Cream of Vegetable</p>	<p>October 31</p> <p>→ Mexican Confetti → Tofu Cacciatore</p> <p>→ Minestrone → Yellow Split Pea</p>	<p>VEGAN BUFFET HOT BAR: "PAY BY POUND" — \$7.99 / POUND. SALAD: \$4.50 (BOWL), \$6.50 (PLATE). COOKIES, MUFFINS, OTHER ITEMS MARKED INDIVIDUALLY</p>	<p>Daily Menu Includes:</p> <ul style="list-style-type: none"> • Organic Brown Rice • Potato of the Day • Seasonal Green Veg • Chef's choice of squash/yellow Veg • Fruit Dish/Crisp