



Key area	Objective	Action	Lead	Due (2016)	Measure
Stigma And Community Awareness	<ul style="list-style-type: none"> Decrease stigma and raise community awareness around suicide and suicide prevention 	<ul style="list-style-type: none"> Support and promote Bendigo SPAN Walk 	Pauline / Leo	20 March	<ul style="list-style-type: none"> Walk promoted
		<ul style="list-style-type: none"> Review Communications Plan to ensure it has a focus on promoting the work of MRSPAG 	Communications Working Group	June	<ul style="list-style-type: none"> Revised Communications Plan Number of media articles promoting work of MRSPAG and / or decreasing stigma / increasing community awareness
		<ul style="list-style-type: none"> Investigate having MRSPAG website or social media presence 	Communications Working Group	June	<ul style="list-style-type: none"> Online MRSPAG presence established
		<ul style="list-style-type: none"> Run Out of The Shadows (OoTS) walk 	OoTS Working Group	Sept	<ul style="list-style-type: none"> Numbers attending working group meetings Numbers attending the walk
		<ul style="list-style-type: none"> Run post- OoTS walk survey 	OoTS Working Group / Kerry	Nov	<ul style="list-style-type: none"> Survey results compiled and presented to MRSPAG
		<ul style="list-style-type: none"> Investigate YMHFA instructor capacity If there is YMHFA instructor capacity, write to all primary schools to determine their interest in receiving YMHFA training 	Pauline / Annie	Ongoing	<ul style="list-style-type: none"> YMHFA instructor capacity determined Determine approach for expanding YMHFA training to primary schools
Support For Parents, Carers, Friends	<ul style="list-style-type: none"> Suicide prevention 	<ul style="list-style-type: none"> Identify models that aim to improve the wellbeing, resilience and social connectedness of those at risk of suicide through targeted programs, activities and support. 	Carer Support Model Working Group	Dec	<ul style="list-style-type: none"> Models identified
	<ul style="list-style-type: none"> Support after suicide 	<ul style="list-style-type: none"> Support Peer Support After Suicide (PSAS) group 	Peer Support Working Group	Ongoing	<ul style="list-style-type: none"> Feedback from participants Feedback from Jesuits Feedback from Working Group members Numbers participating
		<ul style="list-style-type: none"> Evaluate PSAS 	Peer Support Working Group / Kerry	Dec	<ul style="list-style-type: none"> Evaluation completed

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Mental Health Services In Macedon Ranges	• Advocate for quality mental health services in Macedon Ranges	• Finalise and present map of mental health services in Macedon Ranges	Mapping Working Group	June	• Presentation to MRSPAG
		• Design and deliver an advocacy strategy	Communications Working Group	Dec	• Number of presentations to identified politicians / organisations
	• Strengthen our evidence base	• Monitor up-to-date data on suicide deaths in Macedon Ranges	Evidence Working Group	Ongoing	• Regular searches for up-to-date data conducted
		• Review data collated to date and present outcomes to MRSPAG	Evidence Working Group	June	• Presentation to MRSPAG
		• Review 2013 and 2014 Suicide Prevention Forum output to ensure MRSPAG has picked up on issues identified	Evidence Working Group	June	
		• Investigate opportunities to collate information on suicide attempts for Macedon Ranges	Evidence Working Group	Dec	• Opportunities identified
		• Where appropriate, record testimonials that support the work of MRSPAG	Everyone	Ongoing	• Testimonials recorded and shared with MRSPAG

Working group	Members		Contact	Working group	Members		Contact
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