Clinical Psychotherapy Internship

Build your future.
Theory - Education - Practice

ABOUT US
We are a team of Psychiatrists, Psychologists & Psychotherapists who specialize in treating anxiety, anxiety disorders and other mental health issues that commonly lead to anxiety.

CLINICAL REQUIREMENTS
Applicants should be flexible, clinically-informed, and curious about clinical theory & practice.

Clinical Interns spend at least 9 months with SAS and will be in placement 20–24 hours/week with a panel of 10–12 clients.

50–60% of the hours spent in placement will be client-facing. The remaining time allows for notes, treatment planning, individual & group supervision/consultation, a weekly theory meeting, “light” research and group facilitation.

PROGRAM GOALS
1. Offer accessible mental health services for our community through low or at-cost, individual and group therapy sessions.

2. Provide high quality clinical training and support for new practitioners entering the field in a way that aligns with their values and self-directed educational goals.

3. Provide research opportunity and program development experience to those interns interested in an expanding their skill beyond clinical development.

PLACEMENT TIMING
January – February: Applications accepted for a Summer or Fall placement
February – March: Interviews conducted
March – April: Decisions announced

For More Information on how to apply:
E: Chris@seattleanxiety.com
W: seattleanxiety.com/internship