

HIRSUTISM PATIENT QUESTIONNAIRE

1. When did your excess hair growth begin? _____

2. Has it increased rapidly or slowly? (*circle one*) RAPIDLY SLOWLY
3. Have you noticed increased hair growth in the following locations?

face	<i>no</i>	<i>yes</i>
near nipples	<i>no</i>	<i>yes</i>
lower abdomen	<i>no</i>	<i>yes</i>
arms	<i>no</i>	<i>yes</i>
legs	<i>no</i>	<i>yes</i>
upper back	<i>no</i>	<i>yes</i>
shoulders	<i>no</i>	<i>yes</i>
middle of chest	<i>no</i>	<i>yes</i>
upper abdomen	<i>no</i>	<i>yes</i>

4. Is the hair on your scalp significantly thinner than it used to be? (*circle one*) YES NO
5. How many days between menstrual periods? _____
6. Is this a regular cycle for you? (*circle one*) YES NO
7. If no, when did irregularity begin? _____
8. How many days does your menstrual flow last? _____
9. If you have irregular periods or long menstrual flows, has this been evaluated by a gynecologist or other physicians? _____
10. Have you notice enlargement of your clitoris? (*circle one*) YES NO
11. Current weight _____
12. Most you ever weighed: _____ when? _____
Least you ever weighed: _____ when? _____
13. Do you have high blood pressure? (*circle one*) YES NO
14. If yes, when was your high blood pressure first noted? _____
15. Do you feel extremely fatigued most of the time? (*circle one*) YES NO _____
16. Do you feel colder than other people most of the time (*circle one*) YES NO
17. Do you have diabetes? (*circle one*) YES NO
18. If yes, when was your diabetes first noted? _____
19. Has your voice deepened? (*circle one*) YES NO

20. Do you have any discharge from your nipples? (*circle one*) YES NO

21. List all medications you are using now or have used in the last 6 months for any reason?

_____	_____
_____	_____
_____	_____
_____	_____