



CULTURES at Cruden

Runner Information Booklet

KEY POINTS if you are a browser not a reader;

- **Where is Cruden Farm???**

60 Cranbourne Rd, Langwarrin VIC 3910 (enter via Cranhaven Rd)

[CLICK HERE](#)

- **Race Packs**

The Big V Trail Series will provide you with a race bib and pins there's no need for pamphlets that will end up in the bin. Any special sponsors deals and details will be emailed. We have done this with our commitment to reducing waste and environmental impacts.

This also means there is no mail out of race bibs with all needing to be picked up. (see below)

IF YOU HAVE A BIB FROM PREVIOUS RACE PLEASE USE FOR THIS RACE - IF YOU THREW OUT JUST LET US KNOW & WE WILL REPLACE

- **Race Bib is Pick Up Only**

Race bib and pin pick up will be available at the following location and times, any further information required for the day can also be obtained here;

12km

3pm-4:30pm

6km

3pm-5:15pm

3km

3pm-6:30pm



Bib Pick Up & On Day Registrations at the finish line

- **On Day Registrations**

Yes you can register on the day, you will need to enter with CASH ONLY and will need to complete a manual registration sheet / waiver prior to participating. This can be done at the registration area at Lysterfield Lake Start / finish area

<u>3km</u>	<u>6km</u>	<u>12km</u>
\$25	\$40	\$50

- **Start Times**

A reminder if you have entered the 12km or 6km you can back up in the 3km complimentary and run it with **friends** or **family** to have **fun** or run **fast**. *Disclaimer if you are running the 3km as your second event you cannot win prizes or podium.*

<u>12km</u>	<u>6km</u>	<u>3km</u>
5pm	5:45pm	7pm

- **Start / Finish Locations**

6/12km distances will start at

3km will start and finish from the foreshore



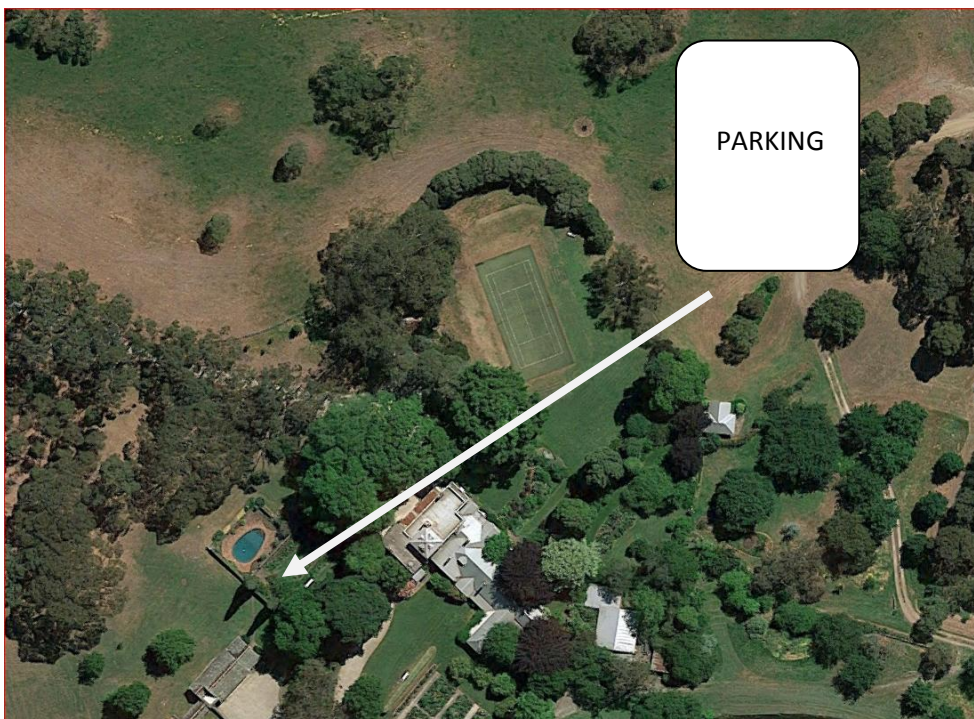
Start / Finish
3/6/12KM

- **Eating Options**

Number 1 option should be pack the picnic and relax in the gardens NO FOOD VANS

- **Event Parking**

We have ample event parking at Cranhaven Rd entrance to the park



PARKING

- **Aid Stations**

PLEASE NOTE THE BIG V TRAIL SERIES **WILL NOT PROVIDE DISPOSABLE CUPS ON COURSE**, COMPETITORS ARE TO USE OWN HYDRATION CARRYING VESSELS OR FOLDABLE CUPS (\$3) WILL BE AVAILABLE FOR PURCHASE ON THE DAY FOR AID STATION FILLING.

1 Aid stations on each course as 3km loops it will be at start / finish.

Each aid station will have water.

- **First Aid**

St John's crew of 2 will be stationed at the Event HQ please contact Dion on 0408 207 196 if requiring assistance during the race contact details also available on the back of bib. Phone communication will be on-hand in case of an emergency.

- **Withdrawals**

If a competitor withdraws from the Event they must advise the course officials of their withdrawal immediately. This will allow us to see you are safe and can direct you to appropriate assistance if required.

Failure to notify may jeopardise your future series events.

- **Key Contacts**

All key contacts will be listed on the reverse side of your race bib.

- **Results**

Official timing supplier Tomato Timing will upload results to tomatotiming.racetecresults.com/ that evening with link being shared to Big V Trail Series website & facebook page.

- **Prizes**

Registered Athletics Victoria members will be competing for the Victorian Trail State Championships in the 6km & 12km events with 1st, 2nd, 3rd receiving AV medals.

	1st M/F U12/14/16	2nd M/F	3rd M/F		1st M/F 60+	2nd M/F	3rd M/F
3 km	\$50 Saucony U18/50+	BSR 10 km	Big V 3 km event	3 km	\$50 Saucony Overall	BSR 10 km	Big V 3 km event
6 km	\$75 Saucony	BSR 10 km	Big V 6 km event	6 km	\$75 Saucony BSR \$10km	BSR 10 km	Big V 6 km event
12 km	U20/40+ \$100 Saucony	BSR 21 km	Big V 12 km event	12 km	Overall \$100 Saucony BSR 21 km	BSR 21 km	Big V 12 km event

- **Presentations**

All presentations to be held at START / FINISH line.

6/12km

3km

6:30pm

7:30pm

- **Weather Cancellation**

Our participants' safety is the most important thing and if any of the threatening weather conditions listed below are present the day of the event, the event may be delayed or cancelled.

Threatening Weather Conditions

Big V Trail Series event Click GO the Shears will be cancelled or delayed if any of the following weather conditions exist:

Extreme Heat, Thunderstorm/Electrical Storm, "Heavy" Rain, other major weather condition.

Start of the Race / Cancellation of the Event

The start of the event will be delayed if any of the above mentioned conditions exist. The event will then be rescheduled if any of the weather conditions persist: Extreme Heat or Thunderstorm/Electrical Storm.

Authority to Cancel the Event

The Race Director, in accordance with Parks Victoria the local law enforcement, has the authority to cancel the event. If threatening weather conditions force cancellation of the event, no refunds can be provided, since funds were already spent in preparation for race day and the event will be rescheduled.

- **Finish area / Event HQ**

Registration	At finish line enter via Cranhaven Rd walk across front of house
Baggage storage marquee	Available upon request
First Aid - St John's	Located at finish line in marquee
Toilets	100m from start & finish at gatehouse and stables
Picnic Blankets	It's our trademark we provide them for chilling out