# PAMPER AT **FALLS RETREAT**

BY ANGELA MATHESON

While staying with us, why not melt and soothe all your tensions away with a relaxing or therapeutic massage or facial in the beautiful calming environment of Falls Retreat.

Under the pergola with the healing sounds of the Owharoa Falls in the distance or in the comfort of your accomodation.

Book direct with Angela on 022 391 3051



## **BODY TREATMENTS**

All treatments include hot oil and aromatherapy of your choice

RELAXATION/REMEDIAL MASSAGE 60MINS \$90 / 90MINS \$130

**NECK, BACK & SHOULDER MASSAGE** 30 MINS \$50

SEATED INDIAN HEAD & FOOT MASSAGE 30 MINS \$50

## **FACIALS**

All facials include a head, arm, hand and foot massage

#### AROMA FACIAL

## 60MINS \$90

This luxurious organic facial will restore balance to your skin resulting in a more youthful appearance

### **INDULGENCE FACIAL**

## 90 MINS \$130

This journey begins with a 30 min therapeutic back massage followed by a 1 hour facial using NZ organic skincare

## PAMPER PACKAGES

### **ELIXIR FOR TWO**

### **60 MINS \$100 EACH**

A couples treatment which begins with a relaxing foot soak and exfoliation followed by a 30 min neck back and shoulder massage using soothing mandarin and cinnamon oil.

## **ELIXIR ROYALE**

## 90MINS \$180

Begin your journey with a soothing foot soak and exfoliation followed by a 30 min neck, back & shoulder massage before indulging in a luxurious 1 hour organic facial.

## **GROUP PAMPER PACKAGES**

4 x half hour massages for \$170 when booked as a group

\*Please note that 30 minute treatments can only be booked as an add on or with a minimum of 2 people\*