

Welcome



Greetings St. Francis De Sales School Families –

Loaves & Fishes Café is happy to announce its expansion of our already healthy & delicious school lunch menu.

Seasonally, we harvest organic produce from our own Jubilee Garden, on Rt. 22 in Lake Zurich.

Below is just a sampling of healthy lunch additions we will offer:

**Organic Strawberries, Watermelon
Cantaloupe, Pineapple
Green Pepper Strips, Arugula**

**Jicama, Cottage Cheese
Jell-O (sugar free) &
Fresh Produce Specialty items weekly**

New “Breakfast for Lunch” items will include Sausage Egg & Cheese Biscuits, Croissants, and English Muffin Egg Sandwich with Cheese & Turkey Bacon

New Lunch Items added are Chicken Parmesan Sandwich, Chicken Quesadillas with homemade Guacamole & Tomatillo Sauce, 1/3 lb. Burgers w/ Sweet Potato Fries, Italian Beef Sandwiches, and Grilled Chicken Sandwiches

**Friday Pizza Day * Rosati’s & Little Caesars
(Cheese, Sausage, or Pepperoni)**

We’re always looking for items of the highest nutrition and quality for our students!

**Questions regarding the Hot Lunch program can be directed to Cathy Mastores
e-mail address: Lunchpos@stfrancislz.org**

***The full monthly lunch calendar will be distributed via a school communication soon**