



# Fairmount Rowing Association

# 2 Boathouse Row  
Kelly Drive  
Philadelphia, PA 19130  
(215) 769-9693  
[rowing@fairmountrowing.org](mailto:rowing@fairmountrowing.org)



## JUNIOR ROWING PROGRAM SUMMER 2017

**Summer Session:** Monday, June 19 to Monday, August 13<sup>th</sup> (thru Canadian Henley)

**Programs:** **Junior Men (Sweep/Scull)**  
(**Racing team-** FRA will accept 12-16 rowers and 2 coxswains from this age group  
**all others will race locally)**

**Junior and Junior B Women (Sculling /Sweep):**  
FRA will accept 8-10 rowers for this group

**Junior B Men (Sweep/Scull)**  
FRA will accept 12 rowers and 2 coxswains from this age group

**Coaches:** Molly Konopka, Head Coach, Program Director  
(215) 482-3450 [Konopka@ea1785.org](mailto:Konopka@ea1785.org)  
Bruce Konopka, boys coach  
Tony Mieczkowski  
Meredith Mariani

**Daily Timing:** Monday-Friday AFTERNOONS (after work) from 4:30 to 7:30 PM. Race weekends only.

Information Meeting & Sign-up: **Tuesday, June 6th, 2017 at 7:00**—Fairmount RA Boathouse

### **\*\*Summer Program Fee: \$850/rower\*\***

\*includes FRA membership fee, Coaching, Equipment and Regatta Entry Fees, Racing Unisuit

\*\* Lodging and Meals in Canada are paid by the rowers, as is some sharing of gas expenses for your ride (~\$300).

**Racing Schedule:** June 30, July 1 & 2 Independence Day Regatta  
July 22 Philadelphia Youth Regatta  
\*August 8-13 Royal Canadian Henley Regatta  
( St. Catharines, Ontario, Canada)  
(we will leave on Aug. 7)

\*NB – Rowers will be selected for this regatta based on competitive performance through the summer racing season. They should also plan on helping with unloading the trailer on August 14, 2017

### **PROGRAM GOALS**

To provide a competitive summer sweep and sculling opportunity for experienced, local high school athletes in pursuit of gold medals at regional events, as well as the Royal Canadian Henley regatta, while introducing rowers to a top-level Club in Fairmount Rowing Association.

Unlike the spring scholastic season, our summer Junior rowers *can row in more than one event per regatta*. Therefore, our three-regatta race card can provide as much or more racing experience than a HS rower sees from the March to May scholastic season. Those **selected for** the Canadian Henley trip will experience the most competitive and well-organized

