



*Thrive
beyond the 9-5!*

**3 tips to moving mindset
mountains and building
your business**

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Hey Lovely!

I'm so glad you've downloaded this free training – it means you're either thinking about or you're ready to build your business. That's so *exciting!* It can be so challenging to overcome obstacles and go after the God-given dreams we've been given. Perhaps your obstacles are regarding your mindset – fear, doubt, anxiety. Or maybe, for you, setbacks have come about after losing a job, or maybe even after the end of a relationship - we don't have to allow ourselves to stay in that place of pain. Perhaps you simply no longer want to remain in your 9 – 5... you want to **THRIVE!**

When I was stuck and confused about my next steps after being made redundant, I almost allowed myself to get so overwhelmed that I didn't know how to move forward. I was filled with doubt and fear that I wouldn't have what it takes. But, thank God that's not where I stayed. The video training you received along with this workbook has been created with you in mind.

- **You** who want to move forward and pursue your God-given dreams but aren't sure how.
- **You** who know that you were made for more and are ready to walk in your worth.
- **You** who are ready to bounce back from disappointment and turn obstacles into opportunities.

Be honest with yourself as you go through this training and recognise the God of immeasurably more at work in your life!

Love and blessings,

Naomi

Naomi Aidoo, Christian Business Coach for purpose-driven female entrepreneurs

Your Story

In the video training, I shared a part of my story regarding how I reframed my disappointment in the face of redundancy and recognised it as God's redirection as opposed to man's rejection.

It reminds me of what Joseph said to his brothers, who at one stage had plotted to kill him.

"As for you, you meant evil against me, but God meant it for good..."

(Genesis 50:20a)

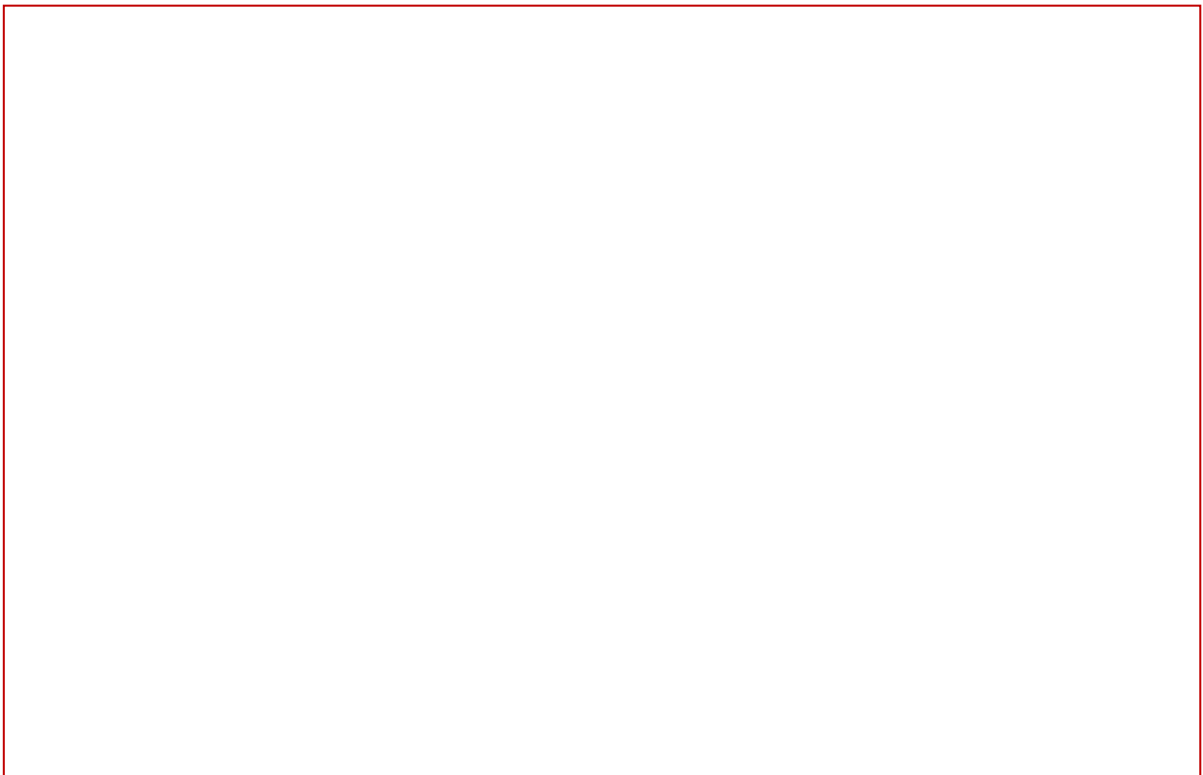
So, what about you lovely? What are you disappointment, uncertainties or setbacks are you facing right now? Make a note in the space below directly from your laptop (or jot it down in a journal if you'd prefer).

How are those obstacles stopping you from moving forward in life and business?

How can you reframe your mindset mountains and recognise God at work in your life? What have you learned by coming up against these obstacles?



If fear, disappointment, doubt, overwhelm etc weren't in the way for you right now, what exactly would you be doing? Be truly honest with yourself here – what do you want? (And yes, you *can* ask yourself that!)



Tip #1 - You don't have to be 'normal'

Write down your top takeaways below

Tip # 2 - It's never too late to reinvent yourself

Write down your top takeaways below

Tip #3 - Risks are okay

Write down your top takeaways below

I truly hope that as you've gone through this training, you've truly recognised that *anything* is possible!



*"I can do **all things**
through **him** who strengthens me."*
- Philippians 4:13

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Did you catch that, lovely? You truly can do *all things* because of the God who is strengthening you. Know that to your core today, jump out of your comfort zone and build big!

If you're still unsure or nervous about making your next steps and you want to dive into how to move your mindset mountains and lift your limiting beliefs, I'd love to talk to you. Even if you're feeling free and you're ready to go, but you just need a little help around systems and structures like websites, email marketing, social media and membership sites etc, I'd love to support you. Click the button below to learn more about how you can currently work with me.

Learn More

You were made for more, lovely. I can't wait to see you walk in it!