

# SANDS 2

## SANDWICH BAR

SLICED BREAD • CRUSTY BREAD • BAGUETTES • BAPS • WRAPS • GLUTEN FREE BREAD  
ALL OF THE BELOW ARE MADE FRESHLY TO ORDER ON YOUR CHOICE OF BREAD – ADD SALAD ITEMS FOR AN EXTRA £0.10

### MEATS

	SLICED BREAD	OTHER BREAD
Roast chicken.....	£3.20	£3.75
Tandoori chicken with mint yoghurt.....	£3.45	£3.90
Chicken with avocado and lemon mayonnaise.....	£3.60	£4.05
Chicken with crispy bacon and avocado.....	£4.15	£4.60
Coronation chicken with shredded crispy iceberg.....	£3.50	£3.95
Chicken with crispy bacon.....	£3.65	£4.10
Chinese spiced chicken with sweet and sour sauce.....	£3.45	£3.90
Roast turkey.....	£3.00	£3.55
Turkey with crispy bacon and cranberry sauce.....	£3.50	£4.00
Crispy bacon, lettuce and tomato.....	£3.40	£3.90
Crispy bacon, avocado and shredded iceberg.....	£3.70	£4.10
Crispy bacon with egg mayonnaise.....	£3.40	£3.90
Italian Salami, tomato, mozzarella and basil.....	£3.80	£4.20
Country style ham.....	£3.05	£3.45
Ham with mature cheddar cheese.....	£3.35	£3.80
Ham with cream cheese and pineapple.....	£3.35	£3.95
Roast beef.....	£3.40	£3.95
Roast beef with watercress and creamed horseradish.....	£3.60	£4.05
Roast beef with red onion chutney.....	£3.60	£4.05
Crispy Bacon.....	£3.20	£3.70
Crispy Bacon and Brie.....	£3.70	£4.25

### FISH

	SLICED BREAD	OTHER BREAD
Tuna mayonnaise.....	£3.00	£3.45
Tuna mayonnaise and sweetcorn.....	£3.10	£3.55
Tuna savoury.....	£3.20	£3.65
Smoked salmon with lemon mayonnaise and mixed leaves.....	£4.25	£4.85
Smoked salmon and cream cheese.....	£4.25	£4.85
Naked prawns.....	£3.70	£4.10
Prawns with Marie Rose dressing.....	£3.70	£4.10
Prawns with sweet chilli mayonnaise.....	£3.85	£4.25
Prawns with avocado and Marie Rose dressing.....	£4.25	£4.65

### SALAD BOXES

Egg mayonnaise.....	£3.90	Roast chicken.....	£4.15
Mature cheddar.....	£4.00	Avocado.....	£3.95
Tuna savoury.....	£4.20	Country style ham.....	£4.05
Prawn.....	£4.50	Roast turkey.....	£3.90
Tuna mayonnaise.....	£4.00	Coleslaw.....	£3.75
Tuna sweetcorn.....	£4.10		

### VEGETARIAN

	SLICED BREAD	OTHER BREAD
Mature cheddar.....	£2.95	£3.30
Triple cheese with spring onion and lite mayonnaise.....	£3.10	£3.60
Mozzarella cheese with tomato and basil leaves.....	£3.35	£3.75
Brie and cranberry sauce.....	£3.30	£3.65
Brie with mango chutney and watercress.....	£3.40	£3.75
Farmhouse ploughmans.....	£3.40	£3.80
Cheddar cheese with chutney.....	£3.10	£3.50
Egg mayonnaise and cress.....	£2.85	£3.25
Peanut butter.....	£2.25	£2.70
Avocado salad.....	£3.05	£3.50
Roasted vegetables.....	£2.90	£3.35
Cream cheese and pineapple.....	£2.85	£3.30
Mixed salad.....	£2.45	£2.90

### BREAKFAST

	SLICED BREAD	OTHER BREAD
Grilled Back Bacon.....	£2.65	£2.95
Dorset Sausage.....	£2.65	£2.95
Bacon and Sausage.....	£2.95	£3.25

### TOAST

with Flora, jam, marmalade or marmite.....	£0.50	£0.60
Peanut Butter (extra per slice).....	£0.40	£0.55

### BREAKFAST BOX

Bacon, Sausage, fried egg, mushrooms.....	£4.20
with hash browns.....	£4.80

### EXTRAS

Free Range Fried Egg.....	£0.60	Hash Browns.....	£0.60
Mushroom.....	£0.40	Heinz Baked Beans.....	£0.50
Hot Tomato.....	£0.20		

### PORRIDGE

Choose from; Golden Syrup, Apple and Blueberry or Honey.....	£1.95
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### OMELETTES

Ham, Cheese and Mushroom.....	£4.50
Cheese, Tomato and Mushroom.....	£3.80
Bacon, Sausage and Beans.....	£4.60

### BEAT THE QUEUE

Call or email us before 11am to place your order and skip the queue when you collect.

We also offer a **FREE LUNCHTIME DELIVERY** service on all orders over £10 within a two mile radius (delivered between 12pm and 1pm).

# SANDS2

• SANDWICH BAR •

## JACKET POTATOES

WINTER ONLY – PLEASE CHECK AVAILABILITY. SERVED FROM 12 NOON DAILY.

Plain with butter .....	£3.15
Baked Beans .....	£3.65
Baked Beans and Cheese .....	£3.90
Cheese .....	£3.65
Cheese and Coleslaw .....	£3.90
Coleslaw .....	£3.65
Chilli con carne .....	£4.15
Prawns .....	£4.35
Tuna Mayonnaise .....	£3.80
Tuna Mayonnaise and sweetcorn .....	£3.90
Tuna Savoury .....	£4.00
Extra Cheese .....	£0.60

## HOT GRILLED PANINI

SERVED ALL DAY

Tuna melt .....	£4.35
Tuna melt with sweetcorn .....	£4.45
Tuna savoury melt .....	£4.55
Chicken with Pesto .....	£4.30
Chicken with Pesto and Cheddar Cheese .....	£4.60
Chicken with Pesto and Mozzarella .....	£4.75
Ham and Brie .....	£4.35
Ham, Brie and Tomato .....	£4.45
Brie and Tomato .....	£4.05
Ham and Cheddar Cheese .....	£4.35
Mozzarella, tomato and basil .....	£4.35
Ham, Mozzarella tomato and basil .....	£4.55
Turkey, Bacon and Cranberry .....	£4.45
Coronation Chicken with mature cheddar .....	£4.40
Bacon and Brie .....	£4.45
Breakfast Panini .....	£4.45

## EXTRAS

Avocado portion .....	£0.70	Mushrooms .....	£0.40
Beef .....	£1.00	Prawns .....	£1.10
Boiled egg .....	£0.60	Roasted vegetables .....	£0.70
Brie .....	£0.75	Sundried tomatoes .....	£0.40
Cheddar Cheese .....	£0.60	Tandoori Chicken .....	£1.00
Chicken .....	£1.00	Turkey .....	£1.00
Coleslaw .....	£0.60	Branston Pickle .....	£0.15
Cream cheese .....	£0.65	Caesar sauce .....	£0.15
Crispy bacon .....	£1.00	Cranberry Sauce .....	£0.15
Coronation Chicken .....	£1.00	Mango Chutney .....	£0.15
Egg/Egg mayonnaise .....	£0.70	Red Onion Chutney .....	£0.15
Ham .....	£1.00	Sweet Chilli Sauce .....	£0.15
Mozzarella .....	£0.75	Salad Items .....	£0.10

## SOUP OF THE DAY

Soup .....	£1.70
Chunk of Crusty Bread .....	£0.60

## HOT BEVERAGE

HAVE YOUR COFFEE THE WAY YOU LIKE IT

Decaffe, Skinny, Extra Shot **£0.30**, Add Syrup **£0.30**

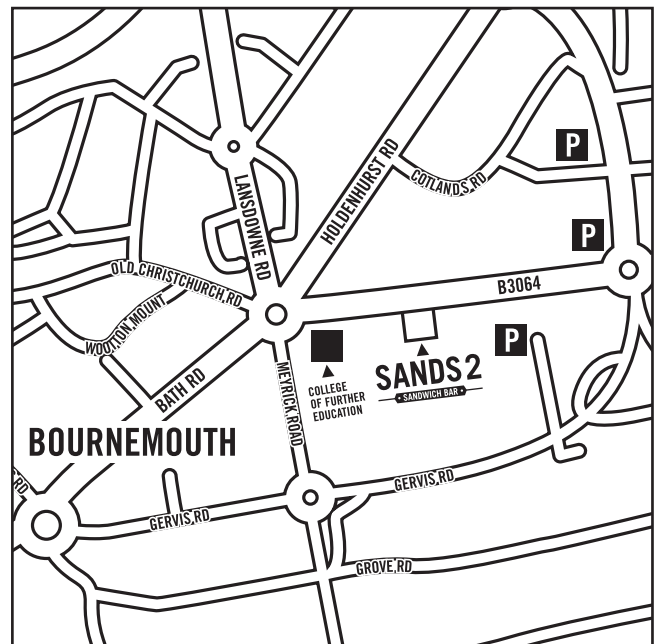
	REGULAR	LARGE
Filter Coffee .....	£1.50	£1.90
Cappuccino .....	£2.10	£2.50
Americano .....	£1.90	£2.30
Café Latte .....	£2.10	£2.50
Flat White .....	£2.10	
Hot Chocolate .....	£2.10	£2.50
Mocha .....	£2.20	£2.60
English Tea .....	£1.10	£1.40
Speciality Tea .....	£1.20	£1.50

## OPENING TIMES

We are open Monday-Friday 8.15am - 4pm  
Closed Bank Holidays/Christmas holiday period

Any orders must be placed before 11am  
to guarantee lunch time collection or delivery

PLEASE CONTACT US FOR FURTHER INFORMATION



### SANDS2 SANDWICH BAR

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MORE DETAILS**