



### **Assumption of Risk, Release, and Waiver for Participation in Recreational Activities**

It is herewith acknowledged and agreed that by my participation in recreational activities, including but not limited to weightlifting, cardiovascular, conditioning, and sport-specific activities, at or in facilities owned, administered and/or run by Louisiana State University, I understand that such activities are inherently dangerous regardless of safety precautions to reduce the risk, and that I have voluntarily and knowingly assumed any and all risks, both known and unknown, including that I may suffer serious emotional or physical injury or disability, or even death, as a result thereof, and that I assume full responsibility for my participation. In the event that I observe and perceive any unusual or significant hazards during my participation, I will immediately notify the nearest LSU official and remove myself from participation in this activity.

Should Louisiana State University, or anyone acting on its behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold such harmless for all fees and costs. I certify that I have adequate health insurance to cover any injury or damage that I may cause to suffer while participating, and if I do not have health insurance that covers my injury or damage, I agree to bear the costs of such injury or damage to myself. I further certify that I am in good health, and I have no medical or physical conditions that could interfere with my safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition. I understand and acknowledge that it is my personal responsibility to obtain my own medical advice and evaluation to determine whether I should participate in recreational activities. In case of an emergency, this consent also authorizes the release of this form and all medical and accident report forms to emergency personnel, doctors, hospitals, insurance companies, my employers, and other persons or entities deemed appropriate by Louisiana State University.

By entering an LSU recreational or athletic facility, I consent to being the subject of any photography, audio, or video recordings, which may take place while I am participating in recreation or athletic activities. Such photography and recordings may be used for LSU publications, webcasts, telecasts, advertising, and for any other additional promotional or marketing purpose as Louisiana State University may see fit. By entering an LSU recreational or athletic facility, I hereby waive all rights or claims I may have to any financial compensation or payment of royalties in connection with any publications, webcasts, broadcast, or exhibition of these materials. When/if my likeness or image is used in publication, there will be no identifying information provided.

By signing below, I hereby on behalf of myself, my heirs and my legal representatives release Louisiana State University, its board members, its trustees, officers, agents, employees, representatives and/or other affiliated persons from any and all responsibility for any and all injuries I may suffer during my

participation in recreational activities at Louisiana State University. I acknowledge that I am currently covered by my own or my parent/guardian's insurance. I further certify that I am 18 years of age or older and suffering under no legal disabilities.

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Participant Name

Date of Birth/Age

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Participant Signature

Date

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Insurance Carrier

Policy Number

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Emergency Contact Name

Telephone Number

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