

# FREQUENCY - Week 4

## Life Group Notes



### CONNECT QUESTIONS

What is your favourite sport – and why?

Name three things about yourself (two true, and one false) – have the group guess which one is false!

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Check out **Matthew 16:13-19**. Peter had a revelation of who Jesus was – this was revealed to him by God. God is wanting to reveal things to you and me – this session is about learning to hear His voice.

Check out **John 10:3-5**. How do you think we can recognise God's voice? How do we know it is God speaking, and not something or some-one else?

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There are some keys to knowing when God is speaking to us! The first key is to see if what we are hearing lines up with the Bible. Check out **Luke 21:33**. God never contradicts himself – the Bible is a key to knowing His voice. We should not rely on our feelings – but instead we should follow the Word of God. How do you ensure that your feelings and the things you are hearing line up with God's word – what are some keys that you have found to be helpful?

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The second key to knowing when God is speaking to us is to ask ourselves the question: "Will it make me more like Jesus?" Check out **Philippians 2:5** and **2 Corinthians 10:5**. These verses remind us of the importance of becoming more like Jesus. In the book of James, we also have some useful advice and a checklist we can use to help us distinguish God's voice – check out **James 3:17-18**. What stands out to you from James' description of the source of wisdom?

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The third key to hearing and recognising God's voice is to ask some-one you trust and who is mature in their faith to see if they agree with what you are hearing. Wise counsel is important – and it's important to have people in your life that you can trust to give you honest insights. Check out **Proverbs 12:15**, **Proverbs 19:20-21** and **Proverbs 24:6**. Do you have some-one who you can go to for wise advice? Share together as a group, and if you don't have some-one you can share with – talk to your Life Group leader about this – and they will be able to help.

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When we think of frequencies – we know that in order to hear the radio, talk on a wireless microphone or log into the internet, we need the right connection – we need to tune in. This is the same with hearing from God – we need to tune in – this needs to happen every day. Our first steps each day should be to set ourselves up to hear from God – what are we listening to or reading when we get up each day? Are these things pointing us to God or leading us away from him?

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Sometimes we need to actively or intentionally tune out the things that oppose God. In today's society, with current media standards, we are constantly bombarded with images and ideology that are in direct opposition to God – when we allow these things in our lives they can hold us back from hearing from God. If we think that we are stronger and that these things “don't affect us” we are on dangerous ground. Discuss this idea – do you agree? Why or why not?

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Finally, we need to take some steps towards the things that God has asked us to do. What is God asking of you right now?

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**PRAYER**

Pray for one another = that each one would have some-one that they can turn to for wise counsel

Pray for revelation and for a greater clarity in recognizing and hearing God's voice

Take some time to pray prophetically for each other – and ask God to speak to you with a word for each member of your group (this is something you could be doing each week – choosing 2-3 members each week through this series).