

SEPTEMBER 2017 Mat Pilates Challenge

From September 1st to October 2nd (No classes on Monday September 4th)

“In 10 sessions you'll feel the difference, in 20 you'll see the difference, and in 30 you'll have a new body”

Joseph Pilates

Includes

- **4 wk Unlimited Mat Classes** regular price \$185
- **One Private Training Session** regular price \$66
- **4 Reformer Classes** regular price \$96
- **Pilates in Guelph t-shirt** regular price \$30

For **\$199 + hst** (save \$178)

While participating in the challenge you get:

- 25% off Clothing and Equipment
- Extra Reformer Classes for only \$15
- Extra Private Sessions for only \$50 (\$10 savings)
- 20% off Juice at ReFresh Juice downtown Guelph

At the end, you will move better, feel better and be better as well you could win;

- 30 minute massage (\$55 value)
- 4 Reformer Classes (\$96 value)
- 4 Mat Classes (\$76 value)
- \$40 towards the Pilates in Guelph store
- ReFresh Juice 6 pack
- 2 Private Sessions (\$132)