

DOCTOR'S DETAILS	
DATE	
DR'S NAME	
PRESCRIBER NO.	
DR'S PHONE	
DR'S FAX	

PATIENT DETAILS			
NAME			
PHONE NO.	(H)		
	(M)		
ADDRESS			
D.O.B.		WEIGHT	

Morning (AM)	Elemental Values
Nutrient	Dose
Vitamin C (Corn-free Ascorbic Acid) (mg)	
Pyridoxine HCl (Vitamin B6) (mg) <small>*daily dose &gt;200mg of B6 &amp; P5P combined requires a medical doctor's prescription</small>	
Pyridoxal-5-Phosphate (P5P) (mg)	
Vitamin E (as D-alpha Tocopheryl Succinate) (IU)	
Vitamin E (as Acetate) (Soy-Free) (IU)	
Vitamin E (as Mixed Tocopherols) (mg)	
Biotin (mcg)	
Cyanocobalamin (Vitamin B12) (mcg)	
Methylcobalamin (Vitamin B12) (mcg)	
Folic Acid (mcg)	
Folinic Acid (mcg)	
5-Methyltetrahydrofolate (5-MTHF)	
Niacinamide (mg)	
Chromium (mcg) as picolinate	
Methionine (mg)	
Calcium (mg) as carbonate	
Calcium (mg) as citrate	
Vitamin A (IU) as acetate <small>*daily dose &gt;10,000IU requires a medical doctor's prescription</small>	
Beta Carotene (IU)	
Molybdenum (mcg)	
Selenium (mcg) as Selenomethionine <small>* daily dose &gt;300mcg requires a medical doctor's prescription</small>	
Vitamin D3 (IU) <small>*daily dose &gt;1,000IU requires a medical doctor's prescription</small>	
L-Serine (mg)	
Taurine (mg)	
Elemental Iron (mg)	
Ferrous Gluconate (mg)	
Magnesium (mg) as oxide	
Magnesium (mg) as glycinate	
Magnesium (mg) as citrate	
Thiamine (Vitamin B1) (mg)	
Riboflavin (Vitamin B2) (mg)	
Riboflavin-5-Phosphate (mg)	
Calcium Pantothenate (Vitamin B5) (mg)	

Evening (PM)	Elemental Values
Nutrient	Dose
Vitamin C (Corn-free Ascorbic Acid) (mg)	
Zinc (mg) as picolinate <small>*daily dose &gt;50mg requires a medical doctor's prescription</small>	
Zinc (mg) as citrate <small>*daily dose &gt;50mg requires a medical doctor's prescription</small>	
Vitamin E (as D-alpha Tocopheryl Succinate) (IU)	
Vitamin E (as Acetate) (Soy-Free) (IU)	
Vitamin E (as Mixed Tocopherols) (mg)	
Biotin (mcg)	
Cyanocobalamin (Vitamin B12) (mcg)	
Methylcobalamin (Vitamin B12) (mcg)	
Folic Acid (mcg)	
Folinic Acid (mcg)	
5-Methyltetrahydrofolate (5-MTHF)	
Niacinamide (mg)	
Chromium (mcg) as picolinate	
Methionine (mg)	
Calcium (mg) as carbonate	
Calcium (mg) as citrate	
Vitamin A (IU) as acetate <small>*daily dose &gt;10,000IU requires a medical doctor's prescription</small>	
Beta Carotene (IU)	
Molybdenum (mcg)	
Selenium (mcg) as Selenomethionine <small>* daily dose &gt;300mcg requires a medical doctor's prescription</small>	
Vitamin D3 (IU) <small>*daily dose &gt;1,000IU requires a medical doctor's prescription</small>	
L-Serine (mg)	
Taurine (mg)	
Elemental Iron (mg)	
Ferrous Gluconate (mg)	
Magnesium (mg) as oxide	
Magnesium (mg) as glycinate	
Magnesium (mg) as citrate	
Manganese (mg) as gluconate	
ADD VANILLIN TO CAPSULES	<input type="checkbox"/>
ADD VANILLIN CAPSULES TO BOTTLE	<input type="checkbox"/>
Filler: Glycine <input type="checkbox"/> Vitamin C <input type="checkbox"/> Inositol <input type="checkbox"/>	
<small>*Standard filler is Avicel (microcrystalline cellulose)</small>	

**Quantity:** (Standard Qty is for 100 days) Please specify if other: ..... **Repeats:** ..... **Signature:** .....

Additional Ingredients / Notes:
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