

LAUNCHING THE HEALTH RIGHTS AND RESPONSIBILITIES PROJECT

#YouthRightsCDN



May 25, 2017

Official Launch of the YCRH Health Rights and Responsibilities Project and *Youth Health Rights in Canada: Legal Overview and Scoping Review*

On behalf of the Young Canadians Roundtable on Health (YCRH) I am delighted to announce the official launch of the YCRH's Health Rights and Responsibilities Project and the release of our review [Youth Health Rights in Canada](#), produced in partnership with the University of Toronto's Joint Centre for Bioethics.

The YCRH is a youth-led initiative of The Sandbox Project, a national charity working to improve the health and well-being of Canadian children and youth through collaboration, public education and evidence-based policy development. The YCRH is dedicated to improving health outcomes by mobilizing youth aged (15 to 30) and providing leadership to drive broader social change on issues impacting current and future health of young people in Canada.

As a core partner of AstraZeneca Canada through its global community investment initiative, the Young Health Program, the YCRH set out to examine existing health rights across the country, and increase education and advocacy in the area of youth health rights and responsibilities as part of its Health Rights and Responsibilities Project.

Recognizing significant confusion surrounding the legal rights of Canadian young people related to their health, the YCRH, through the University of Toronto, conducted a detailed review of the current legal rights pertaining to health across the country to create a baseline portrait as part of the Project.

Youth Health Rights in Canada summarizes the findings of this legal review and outlines the legal rights of young Canadians with respect to health, and identifies gaps and systemic inconsistencies facing Canadian youth.

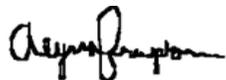
Guided by these findings, the YCRH is currently hosting focus groups across the country to gain a deeper understanding of youths' knowledge of their rights and experiences in accessing health care in Canada. This information coupled with the information presented in the discussion paper, will then be translated into an education and advocacy platform designed to support youth health advocacy across the country, as part of our Health Rights and Responsibilities Project.

Additional information on the Project, next steps and future phases can be found in the following pages. If you wish to get involved in the Project, please contact me at aframpton@sandboxproject.ca.

Thank you for continuing to support The YCRH and the Health Rights and Responsibilities Project. I invite you to stay connect with us and the Project online via our website and Twitter ([@THEYCRH](#)), and encourage you to share our updates and findings with your networks! Please see some suggested postings in the pages to follow.

Thank you for your consideration and I look forward to providing you with future updates regarding the Project.

Sincerely,



Alyssa Frampton

The Health Rights and Responsibilities Project (HRRP)

In 2015 members of the Young Canadians Roundtable on Health (YCRH) identified a glaring gap in the knowledge of Canadian youth on their health rights and how to exercise it.

Young people told us they didn't know how access to health care was protected by law, how access varied across the country, or what they could do to advocate for improvements to ensure that our health system is responsive to the evolving needs of young Canadians. These gaps drove us to launch the Health Rights and Responsibilities Project.

Through the Health Rights and Responsibilities Project, the YCRH is educating, motivating and supporting other young people to advocate for change in areas of deficiency or inequity both at home and across Canada. This project consists of three core phases.

Phase I: Research

The first area of activity was to develop a baseline portrait of existing health rights and responsibilities across the country. Our project engaged the Joint Centre for Bioethics at the University of Toronto as our research partner to produce a discussion paper on Youth Health Rights in Canada. The key research findings have confirmed some of our predictions, and will help drive advocacy and action for improvements in these areas.

Presently, we are conducting focus groups in communities across the country to gain a deeper understanding of young people's knowledge of their rights and experiences in accessing health care in Canada. In a nutshell, this is about identifying what youth know, and how to bridge the gaps that exist between knowledge, rights, responsibility, and advocacy.

Phase II: Health Rights and Responsibilities Platform

Drawing from these insights, we are developing a website that will act as an online education and advocacy platform to address the identified knowledge gaps and to increase health advocacy by and for young Canadians. This strategy will be targeted to Canada's youth broadly and will include online tools, a social media outreach strategy and an action portal designed to support young people who wish to improve health outcomes for themselves, their communities and their country. The website will act as a one-stop shop for information around health rights and resources to educate, ignite passion, and give a platform to drive change for youth health.

Phase III: Community Advocacy Initiatives

The Health Rights and Responsibilities project will wrap up with a series of advocacy workshops in Canadian communities beginning in the fall of 2017. Modeled after the healthcare hackathon, these workshops will bring together people of wide-ranging ages, backgrounds and skills to create an advocacy action plan.

The workshops will bring the advocacy offline and into communities, giving youth a platform to drive change locally. These workshops will bring about tangible, community-based solutions to health rights challenges and opportunities faced by Canada's young people. These workshops will be led entirely by YCRH members and youth mentored to lead conversations, helping us ensure our movement of youth engagement and advocacy bridges generations.

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Youth Health Rights in Canada: Discussion Paper

January 07, 2017
(Updated: April 28, 2017)



Joint Centre for Bioethics
UNIVERSITY OF TORONTO

Click here to view the full report:

[Youth Health Rights in Canada: A Legal Overview and Scoping Review.](#)

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On Friday, May 26th, the YCRH officially launched the Health Rights and Responsibilities Project through the release of [Youth Health Rights in Canada: A Legal Overview and Scoping Review](#).

Project lead, Alyssa Frampton, along with Angel Petropanagos, from the University of Toronto, launched the paper and project in person at the 28th Annual Canadian Bioethics Society Conference; however, we are hoping you will join us in continuing to launch the report and project online through your social media.

We've made some handy Tweet and Facebook Post sheets that you can use to simply copy, paste, and share - we hope you'll help in spreading the word and getting Canadian youth informed about their health rights!

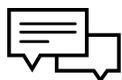


HRRP LAUNCH TWEET SHEET



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- Follow us on Twitter: [@THEYCRH](https://twitter.com/THEYCRH)
- Use the Hashtag: #YouthRightsCDN
- Create a custom Tweet or use one of the drafts below & share the report!



New report from @THEYCRH finds gaps in knowledge & practice related to youth health rights in Canada: bit.ly/YouthHealthReport #YouthRightsCDN



Absent, incomplete & inaccurate info about health care & access is a barrier to youth in Canada #YouthRightsCDN bit.ly/YouthHealthReport



Less than 16% of family physicians and 2.4% of specialists live and work in rural and report towns: bit.ly/YouthHealthReport #YouthRightsCDN



Distance to nearest physician: less than 1KM in large urban centres, over 200KM in the territories. #YouthRightsCDN bit.ly/YouthHealthReport



New @THEYCRH report finds stigma, shame & social discomfort a barrier to youth accessing STI testing #YouthRightsCDN bit.ly/YouthHealthReport



Stigma around mental health is a barrier to accessing treatment for youth in Canada @THEYCRH #YouthRightsCDN bit.ly/YouthHealthReport

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HRRP LAUNCH FACEBOOK POSTS



#YouthRightsCDN

- Like Us on Facebook: [@THEYCRH](#)
- Use the Hashtag: #YouthRightsCDN
- Create a custom post or use one of the drafts below & share the report!



New report from the Young Canadians Roundtable on Health finds gaps in knowledge & practice related to youth health rights in Canada: bit.ly/YouthHealthReport #YouthRightsCDN



Did you know that capacity not age is the basis upon which an individual has the right to consent to or refuse health care treatment? This and more in the new report from the Young Canadians Roundtable on Health. Know your rights. #YouthRightsCDN bit.ly/YouthHealthReport



New report from the Young Canadians Roundtable on Health reiterates that health care services are fragmented in Canada, hampering access causing health inequalities for Indigenous peoples. #YouthRightsCDN bit.ly/YouthHealthReport



New Young Canadians Roundtable on Health new report finds gaps in knowledge and practice related to youth health rights in Canada . Youth in Canada have interests in exercising their health rights and the YCRH are making sure they have all the right information. #YouthRightsCDN bit.ly/YouthHealthReport

HRRP LAUNCH SOCIAL MEDIA PHOTOS

#YouthRightsCDN

- Click on the link below the photos to download the Facebook and Twitter photos to use with your social media posting!

Twitter

**INTRODUCING: YOUTH HEALTH RIGHTS
IN CANADA: A LEGAL
OVERVIEW AND
SCOPING REVIEW**



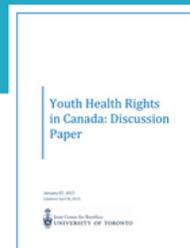
To access the paper, visit:
bit.ly/YouthHealthReport

For more information, follow:
[@THEYCRH](https://twitter.com/THEYCRH)
[#YouthRightsCDN](https://twitter.com/YouthRightsCDN)

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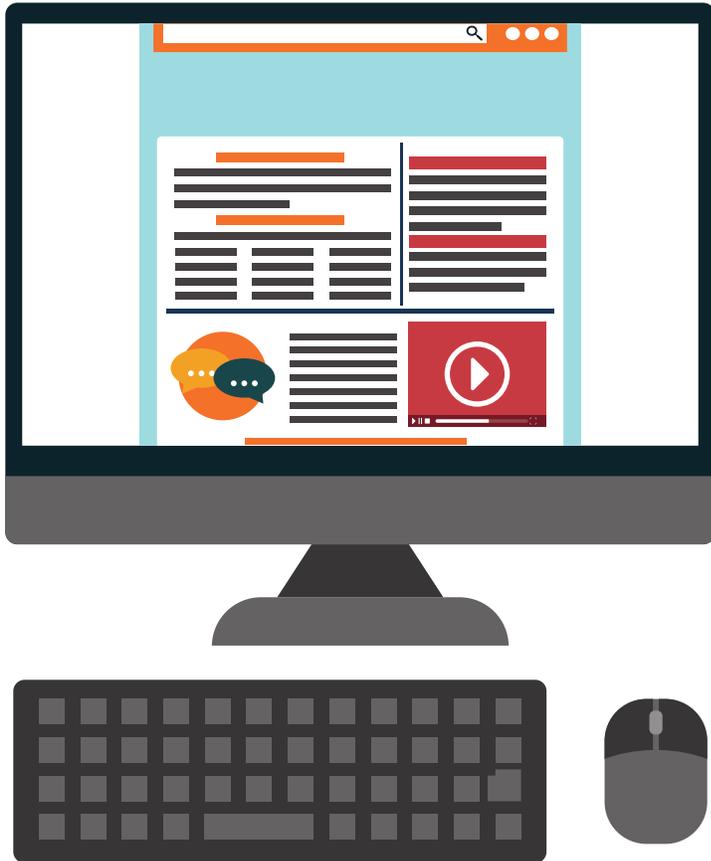
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[#YouthRightsCDN](https://twitter.com/YouthRightsCDN)

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bit.ly/HRRPSocialMediaPhotos

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COMING SEPTEMBER 2017



The HRRP Website

Featuring report and focus groups findings, conversation and advocacy tools, +more!

To be the first to find out about the launch, contact:
aframpton@sandboxproject.ca

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