

The Young Canadians Roundtable on Health (YCRH) was created in 2013 based on one of the recommendations in The Sandbox Project's founding report, Reaching for the Top. The recommendation focused on creating a national advisory of youth leaders to participate in decision-making around child and youth health. The YCRH's activities happen across Canada, bringing together as many youth perspectives as possible.

The YCRH operates in a unique model within the frame of the Sandbox Project, while being youth-run and youth-led. Working in close partnership with The Sandbox Project staff, YCRH leadership has the authority to make decisions and coordinate youth health projects independent of Sandbox approval. The YCRH gets its administrative and logistical support from the staff at the Sandbox office, and The Sandbox Project has responsibility for the legal and administrative obligations of the YCRH. Membership is open to Canadian youth aged 15 to 30. Currently, the YCRH is made up of over 30 youth across Canada.

Mission

1. To close the gap that exists between youth and policy makers regarding youth health and to be the collaborating organization that represents diverse Canadian youth.

Vision

1. A world where youth have the ability to share and discuss concerns about their health and wellbeing and contribute to the development of initiatives that influence their community.

Values

1. Include and respect diverse Canadian youth voices through equity, inclusion and accessibility
2. Advocate, engage and consult with Canadian youth
3. Foster national partnership and collaboration with Canadian youth organizations



Strategic Plan

2022-2023

Strategic Goals & Objectives

Goal:

To lead youth in creating independent initiatives and policy briefs in the areas of mental, physical and emotional wellbeing as well as broader societal and environmental factors.

Objectives:

Formulate and lead a policy working group.

Leverage existing partnerships and create new ones to collaborate on initiatives.

Establish direct lines of communication with Members of Parliament/Ministers.

Goal:

To foster new partnerships with individuals and organizations involved in youth health issues.

Objectives:

Assess existing connections to identify gaps in partnerships and seek new relationships to fill those gaps.

Leverage social media platforms to reach out to youth organizations and local youth.

Develop unique projects that cultivate collaboration with youth organizations across Canada.

Goal:

To create opportunities to support and educate Canadian youth with the goal of improved quality of health in youth across the country.

Objectives:

Create workshops and educational opportunities for youth on topics that will allow them to advocate for themselves on issues that are important to them.

Promote employment, volunteer, training, and research study opportunities as well as healthy living and self care resources.

Develop unique projects that promote awareness of youth health initiatives.

Goal:

Collaborate with partners to advance equity and inclusion in child and youth-related research and programs.

Objectives:

Identify gaps in research and programs that exist and collaborate to create community specific initiatives.

Assess existing connections to identify gaps in partnership diversity and inclusivity, and seek new relationships to fill those gaps.

Develop unique projects that encompass and address issues relating to marginalized and vulnerable youth.