

PROVISIONS CATERING

443.275.8298 cateringevents@urbanpastoral.co

BUILD YOUR OWN

VEGGIE BOX



12.50



Choose Your
HUMMUS

TRADITIONAL WITH KALE PESTO
AVOCADO & EDAMAME WITH HERBY SNAP PEAS
ROASTED HEIRLOOM BEETS WITH POMEGRANATE SEEDS

Choose Your
SIDE

HOUSEMADE NAAN
RAW VEGGIE CRUDITE
TOASTED BAGUETTE

Choose Your
SALAD

URBAN PASTORAL LETTUCES, ENGLISH PEAS, ASPARAGUS, RADISH, VEGAN RANCH
WILD RICE, WATERCRESS, SPINACH, SNAP PEAS, AVOCADO, SOY
BABY KALE, HEMP SEEDS, CRISPY CHICKPEAS, SHAVED FENNEL, BLACK GARLIC CEASER
BRAISED CANNELLINI BEANS, LEMON CONSERVA, BROCCOLINI, ALEPPO PEPPER

Choose Your
SANDWICH

BBQ JACKFRUIT COLLARD WRAP, BROWN RICE, CARROT, AVOCADO & GREENS SLAW
VEGGIE BAHN MI, GRILLED TOFU, CILANTRO, CARROT, DAIKON, WASABI GREEN GODDESS
GREEN POWERHOUSE, MUNG BEAN SPROUTS, AVOCADO HUMMUS, GREEN TOMATO,
CUCUMBER, ARUGALA PESTO
ROASTED RED BEET RUEBEN, KRAUT, VEGAN THOUSAND ISLAND, DAIYA SWISS



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THE LEAFY THINGS

- FINGERLING POTATO SALAD** **SMALL: 22.00** **LARGE: 44.00**
PICKLED RED ONION-JALEPENO-LACIANTO KALE-CREAMY WORCHESTERSHIRE
- SPINACH & BERRY** **SMALL: 24.00** **LARGE: 48.00**
TOASTED OATS, CRANBERRY,STRAWBERRY, BLACKBERRY, HEMP SEEDS, LEMON POPPYSEED VINAIGRETTE
- HUMMUS** **SMALL: 22.00** **LARGE: 44.00**
EVOO, VEGETABLE CRUDITE, ARUGALA PESTO, HOUSEMADE NAAN
- LOCAL GREENS** **SMALL: 25.00** **LARGE: 50.00**
FRENCH BREAKFAST RADISH,TURNIPS, HERBY CROUTONS, ENGLISH PEAS, ASPARAGUS, VEGAN RANCH



BETWEEN YOUR FINGERS

- THE PURE BAHN MI** **1/2 TRAY: 60.00** **FULL TRAY: 90.00**
GRILLED TOFU, DAIKON, CILANTRO, CARROTS, CUCUMBER, JALEPNO, WASABI GREEN GODDESS
- CURRIED TOFU SALAD** **1/2 TRAY: 45.00** **FULL TRAY: 75.00**
GOLDEN RAISINS, CARROT, CILANTRO, LOCAL LETTUCCES, SPROUTS
- GREEN POWERHOUSE** **1/2 TRAY: 45.00** **FULL TRAY: 75.00**
AVOCADO HUMMUS, GREEN TOMATOES, MUNG BEAM SPROUTS,LOCAL LETTUCE, CUCUMBER
- BBQ JACKFRUIT COLLARD WRAP** **1/2 TRAY: 55.00** **FULL TRAY: 85.00**
BROWN RICE, AVOCADO AND BEET GREEN SLAW, HEIRLOOM CARROT



THE BIG DEAL

- SUMMER SQUASH LATKES** **12.00/ PER PERSON**
CUCUMBER AND HERBED TATZIKI
- RAINBOW PAD THAI** **16.00/ PER PERSON**
ZUCCHINI NOODLES, MUNG BEAN SPROUTS, CILANTRO,THAI CHILI, CARROTS, PEANUTS, LIME
- MAC ATTACK** **16.00/ PER PERSON**
CHEESY VEGAN MAC & CHEESE, FRIED GARLIC, PAN FRITTO, FRESH HERBS
- PENNE VERDE** **16.00/ PER PERSON**
HERB PESTO, WATERCRESS, SPINACH, ASPARAGUS, ENGLISH PEAS,CHERRY TOMATOES



SOUPS ON!

- WILD MUSHROOM & THREE BEAN CHILI**
 - MORROCAN CHICK PEA STEW**
 - SUMMER WATERMELON GAZPACHO**
 - CHILLED CUCUMBER AND AVOCADO**
 - VEGGIE AND BARLEY**
- CUP: 2.75 BOWL: 4.75 QUART: 12.00**



CUP BOWL QUART

choose your size

