

FREQUENTLY ASKED QUESTIONS



So, you're a travel company who does fitness trips, right?

Yes. VoyEdge RX utilizes the 'drop-in' feature most CrossFit affiliates have. We will be doing a couple of WOD's in local boxes run by an affiliate coach. You will get to know different coaching styles and meet new people at boxes around the world, while also getting new CF swag. We will also be doing hikes and workouts outdoors so you have the opportunity to make the world your box!

Do I have to be CrossFit trained to come on a VoyEdge RX trip?

NO! This is why we have coaches and full-time athletes on our trips. We want to 'tire and inspire' you, but we know that not everyone is CrossFit trained. We are MORE than happy to prescribe a custom workout for you, alongside other members of your VoyEdge RX trip. Trust us, you won't feel left out. If anything, you'll be inspired and feel great by the end of the trip.

Or if working out isn't your thing, then skip it and venture out elsewhere for the time being. Drop-in fees are included in the price of each itinerary and will not be solely refunded if you choose not to participate.

Likewise, we do have bodyweight travel workouts we will do during hikes and elsewhere. These are optional as well. Mobility sessions are included and are highly encouraged during our travels.

Where do you go?

All over the place! Each one of our itineraries is different, and we are always planning new trips with exciting destinations. Ranging from 4 to 14 days long, our trips coming up will be through Italy, Switzerland, Germany, Austria, Czech Republic, Hungary, Spain, France, England, Wales, Ireland, Iceland, Thailand, Costa Rica, and throughout the United States.

Every one of these places are locations we've been to before. We have strung together the best tours (in our minds) of amazing places, hidden gems, regular tourism hot spots and more - for your ultimate experience.

How long are most of your trips?

All of our trips right now are in the time frame of 4-14 days. We can also customize a trip for you, your family, and your friends to meet your wants and needs.

How many people go on your trips?

VoyEdge RX is taking up to 30 people per trip, with a guarantee of at least 2 VRX tour guides/coaches.

How many different trips do you have?

Find all of our current trips under the 'Book a Trip' tab located on the website homepage.

How much are your trips?

Trip costs range depending on each itinerary (where you're going, what's included, etc.). Our four day trips center around \$600 and our longer international itineraries scale upwards of \$2,199.00 and potentially beyond.

What's included in your trips?

All transportation (coach bus and train(s) on applicable trips) and accommodations. This is all on VoyEdge RX and you won't have to worry about a thing. Dropping into CrossFit affiliates is something we will take care of by partnering with various boxes on each itinerary. Breakfast, all walking tours, some optional excursions and 100% of the required transportation, accommodation and more will be covered as well. Each trip is slightly different.

Can I book with a group of people on your trips?

Absolutely! The more the merrier. On some trips we will limit the size of classes. Typical trips will be between 10 and 30 people, with an average of 16, so you can expect a small intimate setting. You may find our group discounts on our "How it Works" PDF.

Do you have group discounts available?

Yes, they are listed on the website and on each individual trip page. Email one of our Co-Founders at: Cam@VoyEdgeRX.com or Tony@VoyEdgeRX.com to discuss specific group discounts, or view them on our individual trip pages.

What should I bring on your trips?

Check the weather of your specific destination for typical temperatures and climates during your travel dates. Bring a good mix of workout gear for both hot and cool climates. We'll have a chance to shop on each one of our trips, so be sure to leave space in your suitcase for future swag! And yes, you'll be able to do laundry at various points of the trip.

Before your departure date, we will create an email thread with people whom you are traveling with and we will share what to pack, what to bring, where we will be staying and more.

What should I expect while on a VoyEdge RX trip?

We'll have guided adventure activities and have time to explore on our own on each trip. We will have the opportunity to work out every day, whether it's a metcon, a hike, or a mobility/yoga session. We're extremely fitness inclined and want to WOD in every location we go to. We will be touring cities and checking out their social/night life scenes as well! Check the 'Book a Trip' page for specific activities on your trip.

Do you book flights for people?

No. It's up to you to find your own flights for the lowest price possible. If you have questions about finding cheap flights, please feel free to email one of our Co-Founders at: Cam@VoyEdgeRX.com or Tony@VoyEdgeRX.com. Meet us at the starting point on Day 1, or coordinate with us to meet beforehand.

Can we do our own thing while on a VoyEdge RX trip?

Absolutely! Our itineraries are not set in stone for you. If, at any point, you wish to venture off and do your own thing, we're totally OK with that. We travel to awesome places, and sometimes people want to stick around a certain area. You will have our itinerary and know where we are headed, so feel free to do your own thing and meet up again when you're ready. However, certain WOD's and other gym 'drop-ins' cannot be rescheduled. Same goes for the adventure activities, hotels and other items we have planned ahead.

Are 'Drop-in' fees included in the price of the trip?

Yes. Your drop-in fees are covered when you book your trip with VoyEdge RX. The tour guides/leaders will handle the payments with the boxes and recreation companies we work with. Just look forward to the swag you'll get!

Which CrossFit boxes do you 'drop-in' to?

It depends on which itinerary you've selected. The longer the trip, the more boxes we'll drop in to. As we finalize 'box' partners, we'll add them onto each one of our itineraries.

Will there be photos and video content of me on the trip?

Yes! Our goal is to get A LOT of great footage of you at your best, doing things you normally wouldn't do. We want to catch those tiny, intimate moments where you are fully relaxed, or pushing yourself to the edge during a WOD. We'll upload them (with your permission of course) to our FB page and use the various pieces of footage to create a unique video for each trip. We'll send the album and video out via our YouTube page and notify you through email.

What adventure travel activities do we do on a VoyEdge RX trip?

We'll do everything from hiking, pub crawling, kayaking, white water rafting, skydiving, and, of course, lifting! Be ready for surprises along the way. We're always up for new ideas and activities too. Just contact us.

Is VoyEdge RX hiring?

We're always keen on hearing how people can help our team and advance our cause. Just contact us with your ideas and how you think you can help us move the company forward and we'd love to chat! Visit our contact page.

Can I submit an idea for a trip?

Absolutely. Have a place you want to go? Shoot us a note at our contact page and let us know what you're thinking to get the conversation started.

Can I suggest an activity or spot for a future trip?

Always. That's partially how we find out about all the badass opportunities out there. We're always up for hearing what's new, adventurous, and interesting. Just drop us a line, tweet us, or email us your ideas. If you're a outdoor recreation company and want to be utilized on a future trip, please visit the contact page to get in touch!

My company would be a perfect partner for VoyEdge RX, how can we get in touch with you?

Please visit our contact page and initiate the conversation. We'd love to hear from you.

Does VoyEdge RX do corporate wellness/team bonding trips?

Yes! If you want to create a custom trip or wellness retreat, our team would be happy to work with you to provide 100% of the necessary items for you and your team. We'll work with you to grease the wheels and help achieve your team's goals.

How can we become a sponsor or partner of VoyEdge RX?

The VoyEdge RX team is always interested in bringing on more partners, and we'd love to speak with your company to see if there's a mission alignment in our mutual goals. Right now we have several partners in place, but would love to open up a conversation with you and your company. Please visit our 'Contact Us' page and drop us a note!

I'd like my CrossFit box to be a stop on a future VoyEdge RX trip, how can we set something up?

Are you a box owner or coach? We'd love to work with you to help bring an influx of visiting CrossFitters (and non-crossfitters) to your box on our adventure travel trips. Please contact us to initiate a conversation so we can set up terms, payment, and other logistical info. Thank you!

Do you have military and first responder discounts?

Yes, we do. There is a standard flat rate of 5% off a trip, after you place your deposit. Please send us an email with your photo ID so we can invoice you properly.

Does VoyEdge RX organize custom trips?

Yes, we do. Please use the 'Organize a custom trip' form on our home page so we may get the conversation started.

Where can we sign-up for more information?

You may sign-up for our monthly newsletter where we share workouts, travel WOD's, new trips and more. The sign-up form can be found at the bottom of every page on our website.

Is VoyEdge RX accepting investments?

Typically no, but that doesn't mean we aren't open to a conversation. VoyEdge RX was self-started with nothing but elbow grease and some hard work ethic. If you think you can elevate what VoyEdge RX stands for (and believe in our mission to change the world through travel and fitness) we would love the opportunity to speak to you.

How can I become a cross-marketing partner with VoyEdge RX?

Contact us on our home page to begin the conversation. We're always open to helping promote others who believe in the power of travel & fitness. Not only that, but the CrossFit community is rather large and we'd love to get to know you, your company and how we can potentially help one another.