Maria de la Guardia is an American, multi-awarded professional photo/video journalist based in Afghanistan. She has resided Africa, the Middle East and Asia for nearly a decade covering conflict and disasters with a humanitarian focus. She believes strongly in the potential to create change in the world and raise awareness through the power of storytelling – focusing largely on women’s issues, migration, poverty, and human rights. Her work has taken her to countries that include Sierra Leone, Yemen, Iraq, Afghanistan, Bangladesh, India, Mexico and Mongolia. Be it photography, video or written articles, her work has been published by the Guardian, BBC, Al Jazeera, Upworthy and the Diplomat among others. There is nowhere Maria will not go, though the more unexplored and in need of a voice, the better.