UPCOMING EVENTS & REMINDERS

10/27 - 11/1 - SPIRIT WEEK

11/3 - Daylight Saving Time Begins (set clocks back one hour)
11/7 - THURSDAY CHECK-OUT, 3:30 p.m. - 6 p.m.
11/8 - Staff Professional Development, School Closed for Scholars
- Senior Portrait Day (Check your home mail for appointment info)
11/10 - NO CHECK-IN
11/11 - Veterans’ Day - School Closed - NO CHECK-IN
11/12 - Tuesday Check-in, 6 a.m. - 7:30 p.m. - ALL GRADES

SPIRIT WEEK

Cost: $5/event or $15 for the week (weekly price includes one snack @ each specialty event); Concessions available for purchase @ every event.

Daily Dress Down Themes:
Sunday, 10/27 - Student Life & Coaching Staff vs. MH Seniors Volley Ball Game & Deck the Halls
Monday, 10/28 - Jersey Day - wear your favorite sports jersey
Tuesday, 10/29 - Meme vs. Vine Day
Wednesday, 10/30 - 90s Day
Thursday, 10/31 - Age Day
Friday, 11/1 - Class Colors & Pep Rally

Scholars choosing not to dress in the theme of the day MUST BE IN FULL SCHOOL UNIFORM. See flier below for more detials.

PINNING CEREMONY

Join us on October 30th at 10:00am in the gymnasium for our Pinning Ceremony. We will honor our Peer Group Connection Leaders, Advanced Placement and Dual Enrolled Students and the newly elected members of the Student Government Association. We look forward to celebrating our scholars with you by their side.
WEEKLY FALCON NEWS
FOR THE WEEK OF OCTOBER 27TH

COLLEGE FAIR INFO

#nacacfairs | nacacfairs.org | #nacacfair

SEARCH

CONNECT

FIND

COLLEGES AND PROGRAMS

WITH COLLEGES IN PERSON

YOUR COLLEGE FIT

WITH NACAC

NATIONAL COLLEGE FAIRS

Free and open to the public, NACAC fairs link you to hundreds of colleges and universities in one location.

GREATER WASHINGTON, DC
Sunday, Oct. 27, 2019 | 1 p.m. – 4 p.m.
Walter E. Washington Convention Center

Register free at gotomynci.com.

National College Fairs are a program of the National Association for College Admission Counseling.
**SEED DC’s Annual Spirit Week**

**Scholars who choose not to participate in a certain dress down event, MUST be in full uniform**

<table>
<thead>
<tr>
<th>Sunday 10/27</th>
<th>Monday 10/28</th>
<th>Tuesday 10/29</th>
<th>Wednesday 10/30</th>
<th>Thursday 10/31</th>
<th>Friday 11/01</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jersey Day</td>
<td>Meme vs. Vine Day</td>
<td>90’s Day</td>
<td>Age Day</td>
<td>Class Color Day</td>
<td></td>
</tr>
</tbody>
</table>

- **Rep Your FAVORITE Jersey!**
  - Students must pick a jersey of their choosing (i.e. Basketball, Football, & Baseball)
  - (MUST NOT wear cropped tops, open toe shoes, shorts, revealing clothing etc.)

- **Students must choose a vine or a meme to dress up like for the day!**
  - Yes, video copies are allowed.
  - (MUST NOT wear cropped tops, open toe shoes, shorts, revealing clothing etc.)

- **Put your best clothes on from the 90s!**
  - Students may even dress like famous people (i.e. Will Smith, Aaliyah, Jodeci, TLC, etc.)
  - (MUST NOT wear cropped tops, open toe shoes, shorts, revealing clothing etc.)

- **12th: Elderly**
  - 11th: Middle Age
  - 10th: Moody Teens
  - 9th: Elementary Kids
  - 8th: Babies

- **Represent and show your spirit, wearing your class color**
  - 2020- White
  - 2021- Blue
  - 2022- Purple
  - 2023- Yellow
  - 2024- Red

Each class must perform a remake to a Chris Brown video. SEE the President and or Vice President for songs. (Must not exceed 3 min.)
SEED DC’s Annual Spirit Week

Participation in events during Student Life hours - after 4pm - will cost $15.00 and includes one (1) free snack for the entire week. Otherwise all events will cost $5.00 per day with a separate charge for concessions. We will take Cash ONLY (Except for Field the Screams which costs $30).

<table>
<thead>
<tr>
<th>Sunday 10/27</th>
<th>Monday 10/28</th>
<th>Tuesday 10/29</th>
<th>Wednesday 10/30</th>
<th>Thursday 10/31</th>
<th>Friday 11/01</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jersey Day</td>
<td>TALENT SHOW</td>
<td>Mario vs. Mona Day</td>
<td>90’s Day</td>
<td>Age Day</td>
<td>Class Color Day</td>
</tr>
</tbody>
</table>

**SEED SL/Coaches**

- Game starts at 7:45pm
- Come and witness our SEED SL/Coaches compete against SEED Senior Boys in tonight’s Volleyball Game
- **All Events for the Week is $15.00**
- Entry Fee: $5.00

*All interested staff must sign up with Ms. White
*Join us for the Some Fun (Enjoy Music & Concessions outside the Gym)

**Talent Show**

- So you think you can lip sing the best? Come and support your peers as they showcase their best lip sing effort.
- **Where:** Gym
- **Cost:** $5
- **Time:** 8:00pm
  - **(each group must pay 5 dollars and must arrive at 7:00pm with music)**
- **There should be at least one RA on each floor if students are sent to the dorms**

**Movie Night**

- $5 dollars admission
- **7:45pm-9:30pm in the Cafeteria**

**All Star**

- Game begins at 8:00pm
- **Who’s taking the win this year? Join us for a night of excitement!**
- **General Admission:** $5
- **Players will be chosen by the team captains**

**“Nightmare on C Street” Dance**

- **7:30pm-9:30pm**
- **Everybody:** $5
- Field the Screams 1st 35 Students sign up with Mr. Harrod (cost $30.00)

**Rep Your Class**

- Represent and show your spirit, wearing your class color

<table>
<thead>
<tr>
<th>Class</th>
<th>Color</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020</td>
<td>White</td>
</tr>
<tr>
<td>2021</td>
<td>Blue</td>
</tr>
<tr>
<td>2022</td>
<td>Purple</td>
</tr>
<tr>
<td>2023</td>
<td>Yellow</td>
</tr>
<tr>
<td>2024</td>
<td>Red</td>
</tr>
</tbody>
</table>

Each class must perform a remake to a Chris Brown video.

SEE the President and or Vice President for songs.

MUST NOT EXCEED 3 MIN.
COMMUNITY SERVICE OPPORTUNITY

READY, SET, HELP
Always Ready to Help

Ready, Set, Help is a community outreach based organization who’s mission is to be a change agent in our community by combating homelessness, empowering youth, and rebuilding neighborhoods. We achieve this mission through community service projects and partnering with local non-profit organizations. There is plenty of work to do in our communities, and plenty of people ready to help; however, there are not enough bridges to connect the two. It is our goal to be that bridge!

Ready, Set, Help is here to provide volunteers with opportunities to help others, and provide local non-profits with needed help. In addition, we work to address the needs of the community through Ready, Set, Help initiated projects.

Ready, Set, Help is a newly started organization ready to grow and meet the needs of our community. Please feel free to contact us directly if you are interested in being a Ready, Set, Help volunteer, or an interested business/organization looking to partner.

Regards,

Felicia Johnson-Founder
(703) 879-2816
www.readysethelp.org
@readysethelp.org
OFFICE OF NAVAL RESEARCH
SCIENCE AND ENGINEERING APPRENTICESHIP PROGRAM

PROGRAM INFORMATION
- Eight week summer research opportunities
- Stipends - $3,500 for new students and $4,000 for returning students

ELIGIBILITY REQUIREMENTS
- U.S. citizenship required
- Rising 10th graders through graduating 12th graders
- Must be 16 years old (15 years old may apply at some labs, check website for details)

PARTICIPATING LABORATORIES
Arizona, California, Connecticut, DC, Florida, Hawaii, Indiana, Maryland, Mississippi, New Jersey, Pennsylvania, South Carolina, Virginia, & Washington

APPLICATION CLOSES Nov. 1st!!!
http://seap.asee.org/apply
seap@asee.org  202-649-3833

The Department of the Navy is an Equal Employment Opportunity employer. All qualified candidates will receive consideration without regard to race, color, religion, sex, national origin, age, disability, marital status, political affiliation, sexual orientation, or any other non-merit factors. The Department of the Navy provides reasonable accommodation to applicants with disabilities.

See below for more flyers of available opportunities.
WEEKLY FALCON NEWS
FOR THE WEEK OF OCTOBER 27TH

EXPERIENTIAL LEARNING & EXTERNAL OPPS

YOUR FUTURE STARTS TODAY

Urban Alliance (UA) and Martha’s Table have partnered together to bring increased economic opportunity to youth from Wards 7 and 8 in southeast D.C. Together, we aim to remove barriers to success and fully prepare students for long-term self-sufficiency.

Opportunity for Juniors

- First day of programming, Tuesday, October 15th
- Students attend workshop once a week
- Professional training on resume writing, communication, professional development and much more

Incentives for participation
- Opportunity to join the PAW internship during the summer and your senior year of HS
- Earn community service hours
- Invitations to college visits, career fairs, special access events, and other fun activities

Additional information
- Workshops will be held at Martha’s Table’s new building, The Commons, located at 2375 Evans Road SE, Washington, D.C. 20020
- Students will be fed a heavy afternoon meal.
- Workshop hours are 4:30pm - 6:00pm

Visit https://www.sfuforms.com/4761719
Step 1: Complete the online application
Step 2: Bring in parent consent form
Please contact the Community Programs Manager, Franciscus Glover, at fglover@theurbanalliance.org with any questions.

www.theurbanalliance.org | 202-486-4300

Apply now for summer 2020
Early decision by November 12, 2019
Regular decision by January 15, 2020

Yale Young Global Scholars

Apply now for Summer 2020:
globalscholars.yale.edu

Desktop Early Action: November 12, 2019
Regular Decision: January 15, 2020
Ready, Set, Help would like to invite your female students to attend our "Breaking Down the S.T.E.A.M. Door" event **October 26, 2019 9-2pm**. The students will rotate through hands-on exercises led by women in each of the S.T.E.A.M. fields., receive access to local internships, and have unique access to the 3M Innovation Center. This will be a fun filled Saturday, and the girls will receive catered breakfast and lunch, receive a swag bag filled with goodies, potentially win prizes and have access to summer internships. Our goal is to host 30 middle school and 30 high school students on a first-come basis.

FOR 9TH GRADE ONLY -->

**Application Deadline: 12/15/2019**

For more information, visit [www.andover.edu/ms2](http://www.andover.edu/ms2) to complete the online application & complete the online math assessment.
EXTERNAL LEARNING INFO SHEETS

GIT Mentor-Protégé Program 2019-2020

For Who: DC, MD and VA Girls in Grades 9-12

What: Mentoring program that connects HS girls interested in Science, Technology, Engineering and Math (STEM) careers with professional women in STEM

Cost: Free!!! (Registration Required)


More info: https://www.womensrenewal.org/girls-in-technology

Email: GIT-MP@Womensrenewal.org

Maryland Program @ Johns Hopkins University, Baltimore, MD 20008, June 2019
Session 1: Tuesday, November 12, 2019
Session 2: Friday, November 15, 2019
Session 3: Tuesday, November 19, 2019
Session 4: Friday, November 22, 2019
Session 5: Tuesday, November 26, 2019
Sessions 6: Friday, December 6, 2019
Session 7: Tuesday, December 10, 2019
Session 8: Friday, December 13, 2019
Session 9: Tuesday, December 17, 2019
Session 10: Friday, December 20, 2019

Northern Virginia Program @ Virginia Commonwealth University (VCU), Richmond, VA 2019
Session 1: Tuesday, December 17, 2019
Session 2: Friday, December 20, 2019
Session 3: Tuesday, December 24, 2019
Session 4: Friday, December 27, 2019

Washington, DC Program @ FiscalNote
GIT Internship Program, Washington, DC 20036, June 2019
Session 1: Tuesday, November 12, 2019
Session 2: Monday, November 18, 2019
Session 3: Thursday, November 21, 2019
Session 4: Monday, November 25, 2019
Session 5: Thursday, November 28, 2019
Session 6: Monday, December 2, 2019
Session 7: Thursday, December 5, 2019
Session 8: Monday, December 9, 2019
Session 9: Thursday, December 12, 2019
Session 10: Monday, December 16, 2019

City at Peace is a space and a process, made for and by young people to examine systems of oppression that marginalize people based on race, gender, age, ethnicity, sexuality and values. Together, with other young people you can figure out your place in all of it and create tools to change it. You will collaborate with professional artists and theatre designers to build and manage an artistic production that displays your ideas for change, and meet some of the best people ever!

Here’s how it works:

- Join us Wednesday, September 25 at 4:30pm at the Atlas Performing Arts Center
- We meet every Saturday from 10am until 4pm and Wednesday from 4:30pm until 8:30pm. It’s a commitment! You can’t make change without showing up.
- Program start date is Wednesday, September 25, 2019 4:30pm.
- Located at the Atlas Performing Arts Center, 1333 H Street NE.
- Contact Sandy Holloway, cityatpeace@atlasarts.org.
- Wear comfortable, loose fitting clothing and be ready to move!
- Apply on-line at www.atlasarts.org, under the Education tab, look for the application.

COMMITMENT

For every UBO participant, we will provide valuable college preparatory services, academic instruction, and educational/cultural programming to help each participant strive for excellence at no monetary cost. In return, all participants must strive to commit 100% participation and attendance during their tenure in Upward Bound. Full participation is defined as a student’s commitment to pursue academic success and admission to an accredited college/university throughout their enrollment in Upward Bound. Our hope is that all UBO scholars remain committed to working towards the achievement of their primary long-term goal-college graduation within 4-6 years of high school completion.

The GW SMHS Upward Bound Program
2300 I Street NW Ross Hall, Suite 212
Washington, D.C. 20037
Phone: (202) 994-7230 Fax: (202) 994-3761
E-mail: UpwardBound@gwu.edu
Twitter: @GWUpwardBound Facebook: GW Upward Bound
Web Site: smhs.gwu.edu/upward-bound/
If you are interested in becoming an Upward Bound community partner or making a financial contribution to our non-profit 501(c)3 organization, please contact GW office at (202)994-7230.

The George Washington University
Washinton, DC
THE FALCON THEATRE

As a deviously delicious Broadway and Hollywood sci-fi smash musical, *Little Shop of Horrors* shares the story of a meek floral assistant who stumbles across a new breed of plant he names “Audrey II”. This foul-mouthed, R&B singing carnivore promises unending fame and fortune to the floral assistant as long as he keeps feeding it.

All scholars & all talent levels were encouraged to sign-up & audition on Thursday, October 10th. Check back here for the cast list.

*Little Shop of Horrors* will be performed at THEARC Theater in Washington, D.C. December 13th and 14th @ 7pm. More details will be provided on how to purchase tickets.

The SEED Falcon Theatre is also proud to be selected by Disney Theatrical Productions (producers of *The Lion King*, *Beauty and the Beast*, etc. on Broadway), to join a cohort of select schools, demonstrating theatre excellence, in producing a pilot production of *Disney’s Peter Pan, Jr.* (currently in development before being released to the general public in 2021). Peter Pan, Jr. will be presented at THEARC Blackbox Theater in Washington, D.C. in April 2020. More details to follow.
FAMILY VOLUNTEER OPPORTUNITIES

ARE YOU INTERESTED IN VOLUNTEERING ON CAMPUS?
Visit https://forms.gle/GdSFF1RGW17e8vj79 to complete the Family Partners Volunteer Form & to read descriptions of the volunteer opportunities we have available. Contact Mrs. Holman-Jones, 202-248-3005 or rholmanjones@seedschooldc.org if you have questions.

SENIOR CLASS NEWS

Save the Date for SENIOR PORTRAITS - Friday, 11/8/19 is senior portrait day. More details will arrive in the mail to your homes regarding appointment times directly from Prestige Portraits.

SENIOR DUES - The second installment of senior dues was due October 1st. The next three installments are due on the following dates:
- 3rd installment - November 1, 2019
- 4th installment - December 1, 2019
- Final installment - January 15, 2020
Visit the website to view the senior class letter for more details on package options & fees.